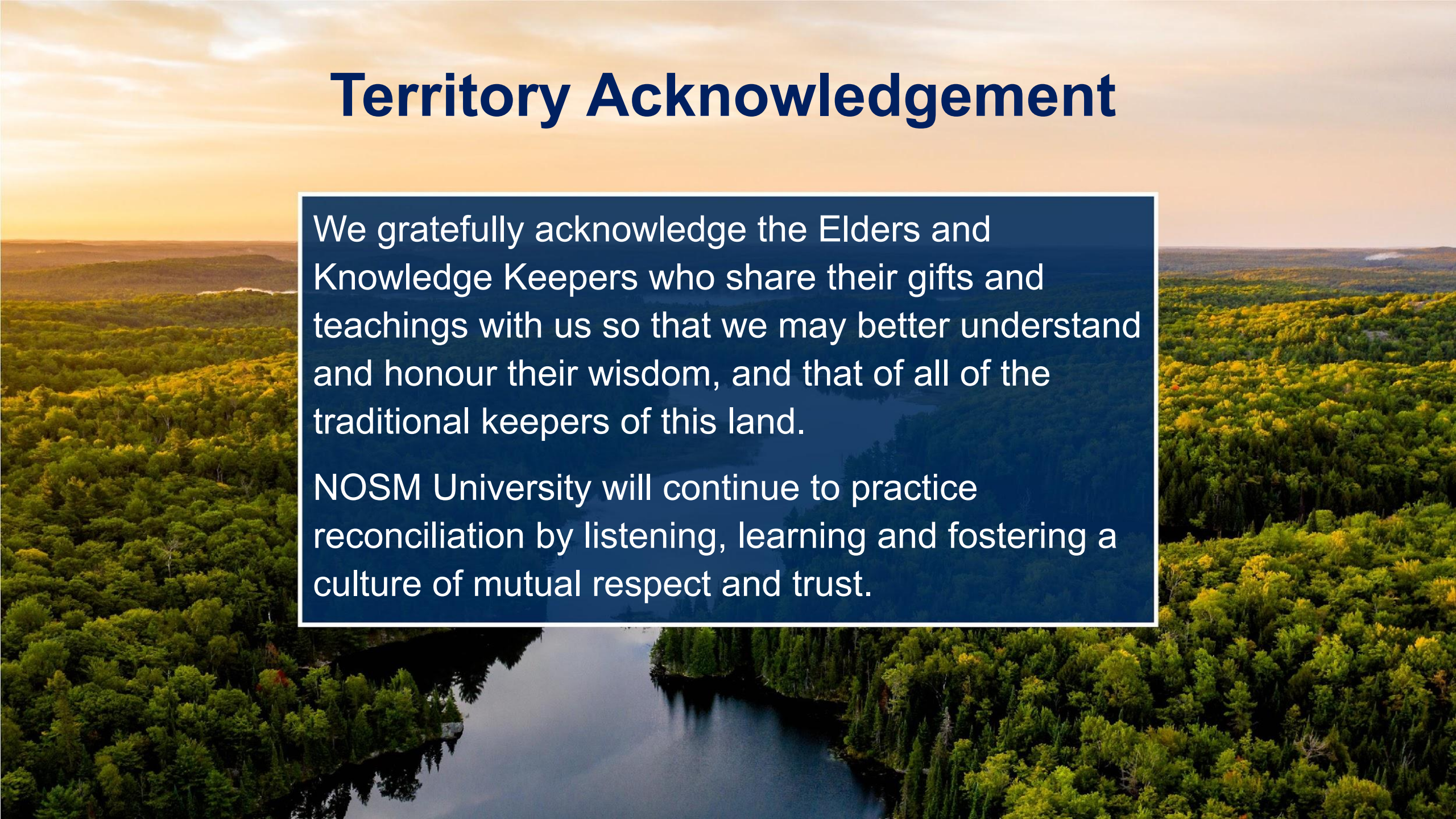
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Pediatrics Residency Program Info Session

Thunder Bay – Sudbury – Sault Ste. Marie – North Bay – Sioux Lookout

Territory Acknowledgement



We gratefully acknowledge the Elders and Knowledge Keepers who share their gifts and teachings with us so that we may better understand and honour their wisdom, and that of all of the traditional keepers of this land.

NOSM University will continue to practice reconciliation by listening, learning and fostering a culture of mutual respect and trust.

Territory Acknowledgement

NOSM University respectfully acknowledges that the entirety of the University's wider campus of Northern Ontario is on the homelands of First Nations and Métis Peoples.

The university buildings are located on the territory of Fort William First Nation in Thunder Bay and the Anishinabek Nation, specifically Atikameksheng and Wahnapitae First Nations, in Sudbury.



Quick Overview

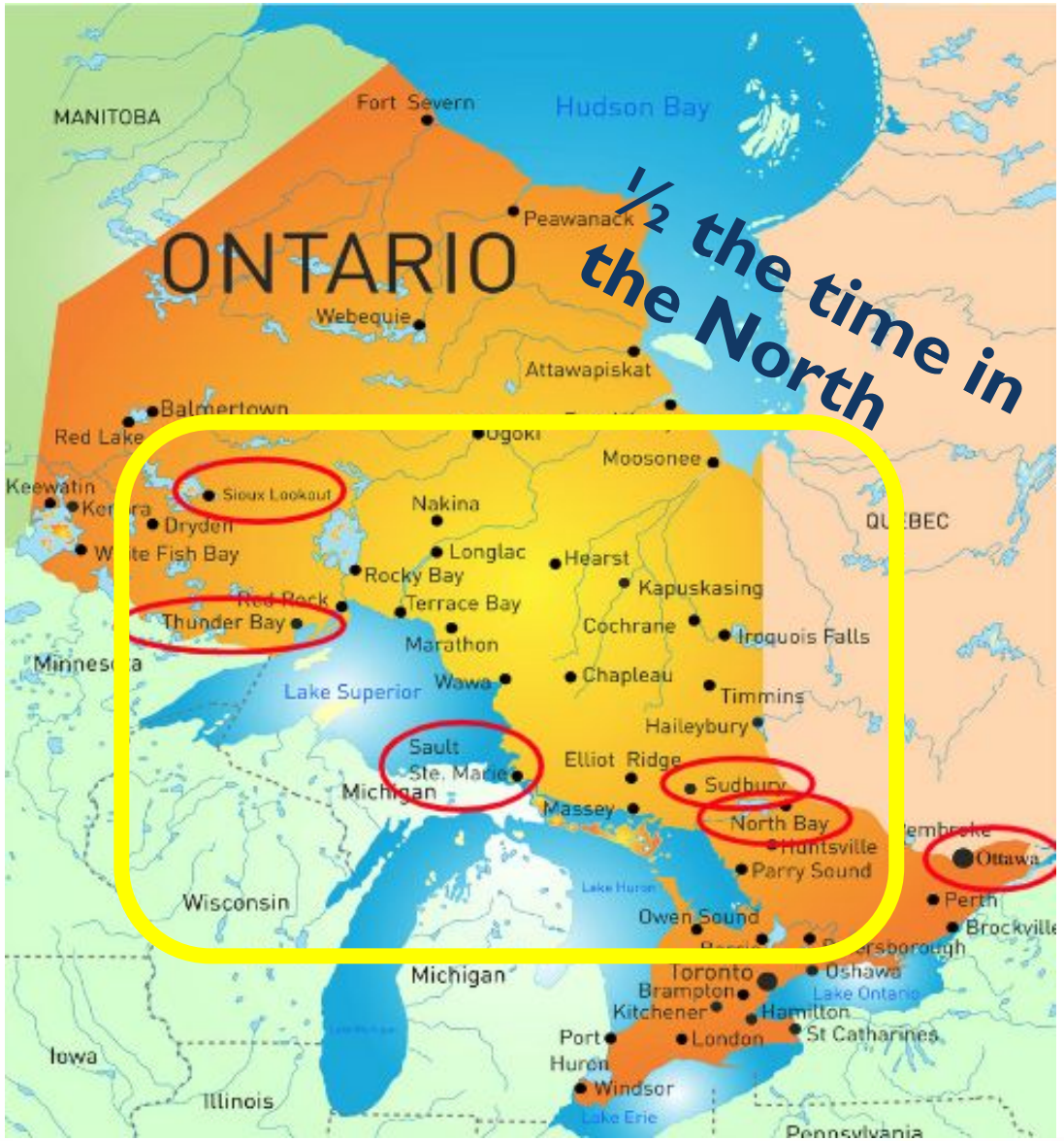
- **NOSM East**
  - Sudbury - 7 residents
  - North Bay - 2 residents
- **NOSM West**
  - Thunder Bay - 6 residents
  - Sault Ste Marie - 3 residents
- **Ottawa**
  - 40+ CHEO friends!



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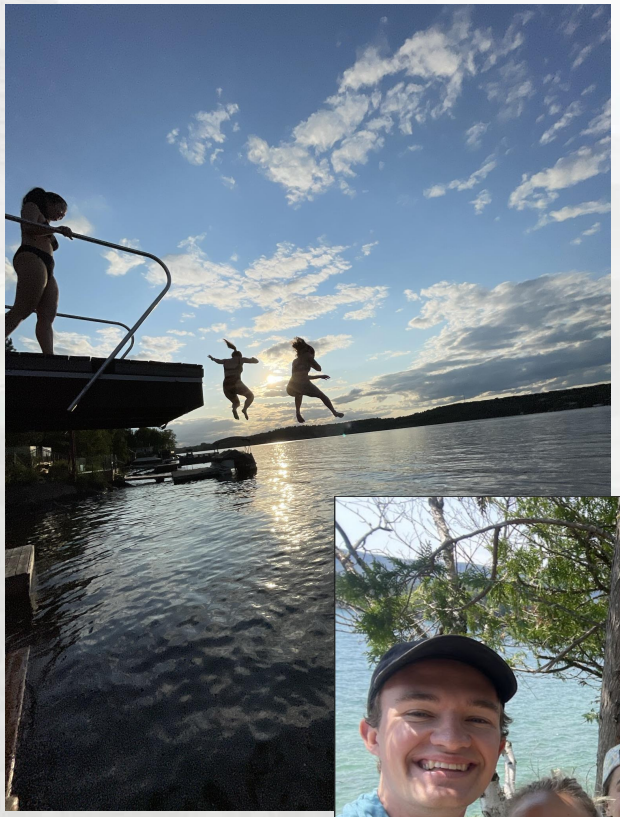
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NOSM UNIVERSITY

What does life look like in the North?









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What does life look like in the North?

- Hospital - pediatric ward, level 2c NICU, ED consults, ICU
- Consultant general pediatrics clinic
- General pediatrics led subspecialty clinics (ex. DM, NNFU, Spasticity, Cystic Fibrosis, Allergy & Immunology, School-Based clinics, Gender Clinic, Eating Disorders etc.)
- Visiting subspecialty clinics (Cardiology, Orthopedics, Immunology, etc.)

Typically 2 hospital weeks / 2 clinic weeks per block

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What does life look like in Ottawa?









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What does life look like in Ottawa?

All about subspecialty & intensive care rotations

- Subspecialty blocks
- ICU blocks - level 3 NICU, PICU
- Handful of CTU blocks - 1 CTU Jr block, 1 CTU Sr block
- Night float PGY2-4

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What does the call look like?

Northern Call:

- On call with staff pediatrician
- Responsible for pediatric wards, NICU, any pediatric patients in ICU, ED consults
- Graded call scheduling (PGY1 6-7, PGY2 5-6, PGY3 4-5, PGY4 3-4)
- Sudbury: in-house call PGY1/2, home call PGY3/4
- Thunder Bay: in-house call
- North Bay/SSM: home call

Ottawa Call:

- CHEO ward call – night senior resident + 2-3 junior residents
- CHEO NICU, TOH NICU, CHEO PICU – fellow + resident
- Somewhat graded call scheduling

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What makes our program great?

Hands on experience

- Rarely work with senior residents, no fellows
- Cool cases, procedures, leadership opportunities? It's all you
- No subspecialists
- No intensivists

Early Independence

- Staff know you
- Graded independence

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What makes our program great?

Great mix of experiences

Northern Training:

- General hospital
- More clinic
- More independence
- Build critical thinking
- Build clinical skills

Ottawa Training:

- Tertiary care hospital
- Learn from subspecialists
- Build critical care skills
- Work with CHEO friends!

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What makes our program great?

Close relationships with our staff!







Northern Ontario School of Medicine
École de médecine du Nord de l'Ontario

What makes our program great?

Exceptional In Person Academics

- 4-5 in-person academic sessions annually, typically 2 days
- Call protected - **basically like a retreat every couple of months!**
- What do we do during in-person academics?
  - SOOO much SIM!
  - Procedure practice
  - NRP, PALS
  - Allied health sessions – RT vent teaching, RD
  - PGY1 Specific: NICU Bootcamp, Ventilation Basics, Nutrition Basics
- Other cool courses – POCUS, Procedural Sedation

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What makes our program great?

Rotations Way Up North!

- Provide care in fly in communities
- Exposure to the culture and social fabric of **Francophone**, **Northern Urban/Rural**, **Indigenous** communities





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What makes our program great?



The people!

We will be accepting 5 new residents!

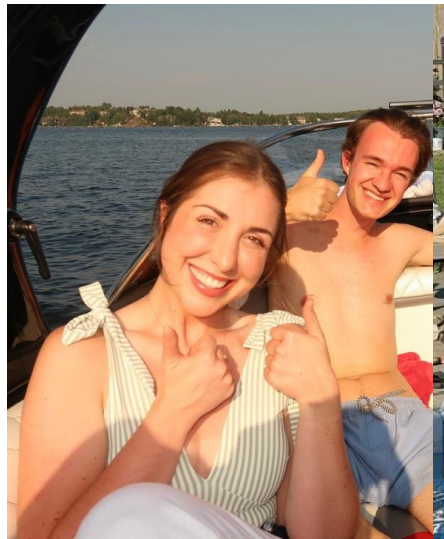
- Thunder Bay: 1 CMG, 1 IMG
- Sault St. Marie: 1 CMG
- Sudbury: 1 CMG
- North Bay: 1 CMG













Where have NOSM Residents Ended Up?

- General Pediatrics Across the Country!
  - Big centres (CHEO)
  - Smaller centres (Yellowknife, Charlottetown)
- Subspecialities!
  - Endocrinology
  - PICU
  - NICU
  - Cardiology
  - Emergency
  - Adolescent Medicine

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Don’t worry about the $$$

- **Financial support** from NOSM for:
  - Resident travel to and from core clinical placements away from the home base
  - All mandatory educational activities at non-home base locations
- **Accommodation support** from NOSM for core rotations away from primary residence
- Opportunity to participate in **research** under expert guidance, with **funding** available for:
  - Research
  - Professional development
  - Conferences

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Myths about NOSM

- ✖ We don’t get enough subspecialty/tertiary care experience
- ✖ We only accept medical students from NOSM
- ✖ We have no residency colleagues
- ✖ Our residents don’t match to subspecialty programs

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Any questions for our amazing program director Dr. Kumar?

After this the residents can answer questions :)

LAKEHEAD · LAURENTIAN · MEDICINE
Northern Ontario School of Medicine
École de médecine du Nord de l'Ontario

Thank you for joining us!

We really appreciate you coming to learn about our program and hope you consider NOSM Pediatrics.



- Please contact us at pedschiefresident@nosm.ca anytime with questions
- Follow us on instagram **@nosmpediatrics!**

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