

# TEACHING TIPS: THE ONE-MINUTE PRECEPTOR



NOSM U CEPD  
TIP SHEET

The One Minute Preceptor is a time-efficient five-step teaching approach that leverages adult learning principles and targets clinical reasoning.

## Get a Commitment

Ask the learner to give their opinion on the case. Create a safe and trusting learning environment.

- What do you think is going on with this patient?

## Probe for Supporting Evidence

The learner should give reasons for their opinion.

- What were the findings in the history or examination that led to your conclusion?

## Teach General Principles

Highlight key messages from each case and try to avoid teaching an entire topic.

## Reinforce What Was Done Well

Identify one thing - a behavior or skill - that the learner did well. Use specific feedback.

## Give Guidance About Errors or Knowledge Gaps

Provide specific, constructive feedback correcting any mistakes. Explore a follow-up plan to address the deficiency or mistake if needed.

## Benefits of the One-Minute Preceptor Model



- Improved learner confidence
- Enhanced self-directed post-encounter learning
- Improved feedback quality
- Higher rates of accurate diagnosis
- Ability to assess learner clinical reasoning skills

**Reference:** Neher, J. O., Gordon, K. C., Meyer, B., & Stevens, N. (1992). A five-step "microskills" model of clinical teaching. *The Journal of the American Board of Family Practice*, 5(4), 419-424.

