

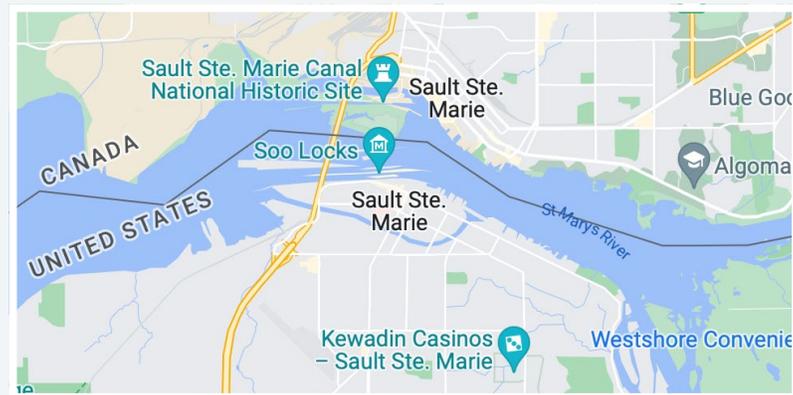
OVERVIEW OF COMMUNITY

COMMUNITY NAME Sault Ste. Marie

Updated February 2026

MUNICIPAL WEBSITE welcometossm.com

MAP WITH LOCATION



COMMUNITY DESCRIPTION

POPULATION AND DEMOGRAPHICS

Population 73,000 Median Age: 46
More demographic information is found [here](#).

AMENITIES

As a vibrant community of 73,000, Sault Ste. Marie provides a mix of urban and natural amenities that offer a safe, affordable and active lifestyle in the heart of the Great Lakes.

Top-notch educational institutions, great healthcare facilities, and an accessible transportation system are what you can expect in Sault Ste. Marie.

Life in the Sault allows you to pick your pace. Take it easy, or chase adventure.

- saulttourism.com
- welcometossm.com/live

TRAVEL OPTIONS

The Sault Ste. Marie Airport is located within city limits, under 20 kms from the city centre and Sault Area Hospital. Sault Ste. Marie is serviced by a number of airlines, including:

- Air Canada, Porter Airlines and Bearskin Airlines servicing Toronto, Thunder Bay, Timmins, Ottawa, and various other locations throughout the region



- Sunwing Vacations offers direct winter flights from Sault Ste. Marie Airport to Varadero, Cuba
- Delta Airlines flights from Sault Ste. Marie, Michigan, touch down daily at Detroit Metro Airport and Minneapolis-St. Paul, offering a low-cost alternative for travel to the United States.

The Ontario Northland bus service connects communities across Northern Ontario. Learn more at ontarionorthland.ca.

More transportation information can be found at welcometossm.com/live/transportation.

SPOUSAL EMPLOYMENT

The SSM Physician Recruitment & Retention Program works to support spousal employment with [FutureSSM](#). In partnership with the city's top employers, FutureSSM has convened a Spousal Recruitment Advisory Committee designed to promote the hiring of spouse/partners' of newly hired employees.

Please contact labourforce@cityssm.on.ca for more information.

[VIEW SAULT STE. MARIE EMPLOYMENT SERVICES](#)

CLINICAL SERVICES

CATCHMENT AREA AND DEMOGRAPHICS

Population 73,000 Catchment 115,000 Median Age: 46

HOSPITAL DESCRIPTION/SERVICES

Sault Area Hospital - sah.on.ca

Sault Area Hospital (SAH) provides primary, secondary and select tertiary services to residents in Sault Ste. Marie and the District of Algoma.

In addition to providing core services in Emergency and Critical Care; Medicine; Surgery; Obstetrics, Maternity and Pediatrics; Mental Health and Addictions; Complex Continuing Care; and Rehabilitation, SAH is also home to the Algoma Regional Renal Program and the Algoma District Cancer Program. With the opening of the new integrated, one-site hospital in March 2011 also came the first-ever satellite radiation treatment suite in the province.

SAH has approximately 1900 dedicated staff, 370 physicians (active, supportive and locums) and 425+ volunteers.

PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

Group Health Centre - ghc.on.ca

Group Health Centre is a progressive, multi-specialty, ambulatory care health organization and is one of Canada's first consumer-sponsored health care facilities built with private funds donated by local union members. As Ontario's largest and longest established alternatively funded healthcare

organization, Group Health Centre serves over 60,000 Sault Ste. Marie and Algoma District residents for both primary and specialty care.

Superior Family Health Team - superiorfht.ca

Superior Family Health Team is a multi-disciplinary health care team dedicated to providing quality, accessible health care to its patients through collaborative practice. The team consists of physicians, a nurse practitioner, registered practical nurses, pharmacists, a social worker, a chiroprapist, a psychiatrist and reception staff.

Algoma Nurse Practitioner-Led Clinic - algomanplc.ca

The Algoma Nurse Practitioner-Led Clinic is an innovative model of primary health care delivery. The uniqueness of this clinic promotes an interdisciplinary model of care that includes nurse practitioners, a registered nurse, registered practical nurses, physicians, a social worker and pharmacist.

Algoma Public Health - algomapublichealth.com

Algoma Public Health is a leader in promoting and protecting health and well-being. With over 200 employees to deliver provincially legislated public health services and community programs, APH maintains strong community partnerships throughout the Algoma district.

OTHER CLINICAL VENUES AND SERVICES

Hospice:

ARCH Hospice provides quality, compassionate care through end-of-life to Algoma District families.

Retirement Homes:

- Chartwell Collegiate Heights Retirement Residence
- [Great Northern Retirement Home](#)
- [Light Haven Christian Home Inc.](#)
- [Ontario Finnish Resthome Association](#)
- [Pathways Retirement Residence](#)

Nursing Homes:

- [Extendicare Van Daele Manor](#)
- [FJ Davey Home](#)
- [Extendicare Mapleview Retirement Residence](#)

SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

TEACHING

- 1 CaRMS resident spot per year Psychiatry



- 2 CaRMS resident spots per year Family Practice Anesthesia
- 4 CaRMS resident spots per year Family Medicine
- 1 CaRMS resident spot per year Pediatrics (Thunder Bay or SSM)
- 8 NOSM UGY3 Comprehensive Community Clerks per year
- Elective placements Canada wide for UGY2/3/4 medical students
- International medical student elective placements through NOSM University
- Summer Studentship Program for UGY1&2 medical students
- Core rotations for NOSM University resident programs including Peds, FM , IM, General Surgery, Anesthesia, EM
- Elective rotations for Canada wide resident programs.
- On average 30 medical learners on site.

Speciality rotation availability include:

Anesthesia, Cardiology, Critical Care, Emergency Medicine, Geriatrics, Critical Care, General Internal Medicine, Respiriology, Infectious Disease, Gastroenterology, Hematology, Medical Oncology, Rheumatology, Nephrology, Neurology, Dermatology, General Surgery, ENT, Urology, Orthopedic Surgery, Plastic Surgery, Obstetrics & Gynecology, Pediatrics, Psychiatry, Palliative Care, Shared Care, Pathology, Radiology, Ophthalmology, Hospitalists, Public Health & Preventative Medicine, and Family Medicine.

LIVING: HOUSING AND ACCOMMODATIONS

NOSM University housing options available for visiting learners within walking distance to the hospital. Free for NOSM learners, affordable cost (\$200 per week) for visiting learners. Two separate living spaces – upstairs of house 3 bedrooms with 2 shared baths, full kitchen, and living area; downstairs of house 2 bedrooms with 1 shared bath, full kitchen, and living area. Laundry and lots of parking on site. Two commuter bicycles at house and available for learner use – please bring own helmet.

- Furnished Airbnb and other long term housing options available
- Hotel suites with long term rates
- Cabin/cottage rentals are a nice summer option
- Local support provided for individualized housing requirements.

TRANSPORTATION

- Vehicle is recommended for ease of transportation but not required.
- NOSM University housing is 5 minute walk to Sault Area Hospital.
- Airport is a 20 minute drive to town and will cost approximately \$40 for taxi service.
- Full public bus transportation with Sault Transit which is also reliable, low cost option to get around the city.

[VIEW SAULT STE. MARIE TRANSIT SERVICES](#)



FOOD OPTIONS

Restaurants

Sault Ste. Marie is known for great Italian food with notable best pizza places in Ontario and also everything from family friendly to fabulous high end Italian restaurants.

In addition there is a great variety of other restaurants including Indian, Thai, Shawarma, smokehouse, and modern cuisine. Some notable new restaurants include Embers, Ernie's café.

- Famous for Superior Bakery donuts and Voyageur Lodge Apple Fritters.
- Fresh fish & chip stands during summer months.
- Two local breweries – Outspoken Brewery & Northern Superior Brewery
- Great coffee shops – Kasdan Co., Tuomi Bakery, Feeding Your Soul, Starbucks, Maine Street Café and Queen's Tarts.

Groceries

Grocery stores are plentiful including 24 hour shopping options. Food Basics, No Frills, Metro, Independent Grocers, Walmart, Giant Tiger, and locally owned Pino's where the store made sausage is very popular.

- An abundance of specialty food stores including City Meat Market, Paesanos, Prime Cuts, Indian Bazaar Grocers, RJ's Market and Superior Bakery.
- Mill Market every Wednesday and Saturday for locally grown produce and fresh fish.
- Area Farmers Markets, u-pick strawberry, blueberry, and pumpkin farms, Mennonite farm stands.
- Soo Market favourites Cravings by Paula, breadhag, Bloom Kombucha Co.

COLLEGIAL SUPPORTS

Collegial support and engagement with learners is a quality Sault Ste. Marie is very proud to have. Mentorship groups and programs for learners as well as new physicians. A very approachable physician group that work together in all hospital environments from EM to ICU to FM.

Physicians and learners will have access to back up, phone a friend, and are never "alone" in the hospital.

COMMUNITY VIDEO

VIEW VIDEO HERE:



SAULT STE. MARIE

COMMUNITY CONTACT INFORMATION

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- Sault Area Hospital



- Waterfront at Night