

OVERVIEW OF COMMUNITY

COMMUNITY NAME Hearst

Updated February 2026

MUNICIPAL WEBSITE www.hearst.ca

MAP WITH LOCATION



Hearst Medical Recruitment Alliance: www.hmra.ca

More information: <http://www.hearst.ca/en/residents/hearst-maps/>

FIRST NATION COMMUNITIES SERVED BY CLINICIANS

Constance Lake First Nation

COMMUNITY DESCRIPTION

POPULATION AND DEMOGRAPHICS

Population: ~5000 (town)

Catchment area: ~8,000–10,000 across surrounding communities

Median Age: ~40 years (approx.)

AMENITIES

Hearst offers all essential services within a short distance:

- Grocery store (Independent Grocer), Butcher's shop and pharmacy
- Elementary and secondary schools (French and English)
 - <https://hhs.dsb1.ca/>
 - <https://en.cscdgr.education/ecoles/ecole-secondaire-catholique-de-hearst/>
 - <https://passeport-jeunesse.cspne.ca/>
- Post-secondary Education (Collège Boréal and Université de Hearst)



- Public library
- Arena, fitness centre, curling club, swimming pool
- Walking trails, snowmobile trails, cross-country skiing and snowshoeing
- Restaurants, cafés, and local shops
- Community events and festivals year-round

More information:

Hearst Economic Development – <https://www.hearst.ca/en/business/economic-development>

TRAVEL OPTIONS

Accessible by Highway 11

Approximately:

3 hours from Timmins

5 hours from Thunder Bay

10 hours from Toronto

Nearest airports:

Timmins Airport

Thunder Bay Airport

Bus service available along Highway 11 corridor

A personal vehicle is recommended for comfort and flexibility.

HOUSING/ACCOMMODATION

Many houses for sale are all sold privately. Being a small community, not many people use realtors. The option is there with Remax to help with the purchasing. Four apartments are available for locums

SPOUSAL EMPLOYMENT

The community recruiter is available to support with spousal employment, with the help of the Partners for Employment Centre.

Link: <https://www.pecpe.ca/>

CLINICAL SERVICES

CATCHMENT AREA AND DEMOGRAPHICS

The catchment area for the community of Hearst includes:

- approximately 9,500 people
- 50 kilometers to the east (Hallébourg, Val Côté and Mattice)
- 130 kilometers to the west on the Highway 11 corridor (Ryland)
- 32 kilometers northwest of Hearst (Constance Lake First Nation)
- 135 kilometers southwest (Municipality of Hornepayne)
- 80 kilometers to the north (Lac St-Thérèse) and 80 kilometers to the south of Hearst (Jogues)



The patient population reflects a diverse rural northern demographic, including:

- Bilingual population (80% speak French as a first language)
- Indigenous patients from neighbouring community, Constance Lake First Nation
- Working-age adults in forestry, trades, and public service sectors
- A growing senior population with complex and chronic care needs
- Patients who may face barriers to accessing consistent primary care in smaller surrounding communities

HOSPITAL DESCRIPTION / SERVICES

Notre-Dame Hospital

A modern, 44-bed, fully accredited facility serving a regional population of around 9,500 people. It boasts a dynamic and experienced team of nurses and interdisciplinary professionals, supported by state-of-the-art equipment, and newly renovated spaces. The hospital offers a diversified career with opportunities in clinical settings, emergency departments, and hospitalist programs.

HNDH has a partnership with NOSM University for student teaching, fostering an environment of continuous learning and professional development. Our welcoming personnel provide robust support to new graduates, ensuring there is always someone to help. The remuneration is highly competitive, with various options for work available.

We welcome family physicians with specialties such as obstetrics and anesthesiology, offering a rewarding career in a supportive and collaborative environment.

Services include:

- 24/7 Emergency Department
- Acute care inpatient unit (23-beds)
- Two Operating Rooms
- Laboratory and diagnostic imaging (CT-scan)
- Physiotherapy department
- Visiting specialist's clinic (Allergy, Cardiology, Internal Medicine, ENT, Neurology, Orthopedic Surgery, Gynecology, Oncology, Pediatrics and Urology)
- Palliative care support

Website: <https://www.ndh.on.ca/>

PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

Our family physicians work as one integrated team under the same roof where patients can access their primary care services. All doctors part of the FHO are supported by a shared crew of dedicated and knowledgeable administrative and nursing personnel that assist with all the logistics of their family medicine practice, including billing duties. These experienced individuals assure that the collective composition favoured by our family physician runs smoothly.

Doctors who join the Hearst Family Health Organization are closely supported by the Family Health Team in the establishment and running of their family medicine practice and their patients automatically gain access to numerous health related programs and services. These include:

- Nursing
- Mental Health Counselling
- Psychiatric Consults (CAMH)
- First Nation Health
- Nutrition
- Healthy Living
- Geriatric Clinic
- Discharge Planning
- Patient Navigation
- Home Personal Support
- Assisted Living

OTHER CLINICAL VENUES AND SERVICES

Foyer des Pionniers, a 67-bed nursing home operated by the Municipality of Hearst.

<https://www.hearst.ca/en/residents/foyer-des-pionniers/>

Adjacent to the Hospital, the medical center houses the offices for the Aging at Home Program, the Community Access Care Centre (CCAC), the Nord-Aski Diabetes Centre and Addiction Services.

Mattice-Missinaibi Nurse Practitioner-Led Clinic

SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

Teaching

The Hearst medical community has a strong culture of teaching and mentorship.

- Regularly hosts nursing students, medical students and residents
- Primarily family medicine exposure, with ER and inpatient opportunities
- One-on-one supervision and mentorship
- Hands-on clinical experience appropriate to level of training

Learners are welcomed as part of the team and integrated into clinical activities.

Living: housing and accommodations

We provide fully furnished accommodations for our medical learners, residents, and locum physicians to ensure a comfortable and stress-free stay during your time in Hearst. Several options are available to suit different needs, including:

- 1-bedroom apartments
- 2-bedroom apartments
- Houses
- Cottages
- Pet-friendly units

For those considering a longer stay or a more permanent move, a local real estate agent is available to assist with finding the right home and support you throughout the search process.

Website: <https://audreyaubin.remaxcrown.ca/>

Transportation

- A car is recommended for daily activities and exploring the region.
- FREE parking is readily available at clinical sites.
- For car rental option: Timmins airport (Avis or Enterprise), in Hearst, our car dealerships have car rentals available (Sam's Car Sales, Expert Chevrolet)
- Grocery Store (Independent Grocer and Fresh Off the Block)
- Convenience Store: Dépanneur Bourdage, Sam's Mini Mart, Hearst Corner Store)
- Local restaurants (Pizza Place, Companion, Kings Café, Risotto & Co. – sushi)

Collegial supports

- Physician mentorship (Offered through our Local Education Group)
- ED Peer-to-Peer Program
- Supportive nursing and allied health teams
- Easy access to colleagues for questions and case discussions
- Strong sense of team and collaboration
- Exposure to full-scope rural family medicine



