

OVERVIEW OF COMMUNITY

Updated February 2026

COMMUNITY NAME

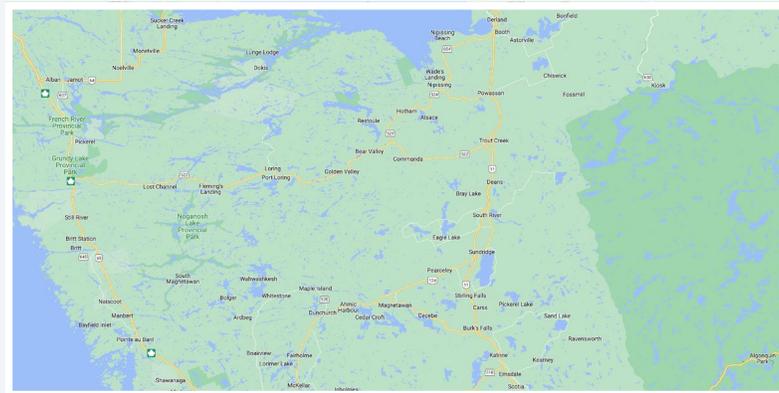
Almaguin Highlands

MUNICIPAL WEBSITE

<https://ahfht.ca/>
<https://www.almaguin-health.org/>
<https://explorealmaguin.ca/>

MAP WITH LOCATION

[Almaguin map](#)



COMMUNITY DESCRIPTION

POPULATION AND DEMOGRAPHICS

Total population: 11,297 as of 2016 – combined for the Municipalities of Armour, Ryerson, Burk’s Falls, Perry, Kearney, McMurrich/Monteith, Sundridge, Strong and Joly. Seasonal population of approximately another 12,000.

More demographic information can be found by clicking on each community below:

- [Armour](#)
- [Burk’s Falls](#)
- [Ryerson](#)
- [Perry](#)
- [Kearney](#)
- [McMurrich/Monteith](#)
- [Sundridge](#)
- [Strong](#)
- [Joly](#)

AMENITIES

Groceries

The two main grocery stores are in Burk’s Falls and Sundridge, which is within a 15-minute drive from any municipality within the Almaguin Highlands.



Shopping

Each municipality has its own variety of unique shops, but Huntsville is the main shopping centre for Almaguin residents, complete with a Walmart, chain restaurants, and unique shops.

Schools

The Almaguin Highlands Secondary School is located between South River and Sundridge, with bussing available from every Almaguin municipality.

- The Elementary Schools are located in: Magnetawan, Burk's Falls, and Sundridge.

Entertainment/Recreation

Each municipality has its own public beaches, trails, and parks.

- Burk's Falls- Riverbowl (pool hall and bowling alley), Armour Ryerson & Burk's Falls Memorial Arena.
- Sundridge- has an outdoor splash pad and Lion's park, SSJ Arena.
- Outdoor rinks located in- Magnetawan, McMurrich/Monteith, Perry, Kearney, Katrine.

TRAVEL OPTIONS

All Municipalities are linked by the main Highway 11 corridor. Other secondary highways connecting the region including Highway 518, Highway 520, and Highway 124

Transportation

- [Ontario Northland Bus](#)
- [Zipz Taxi](#)
- [Burk's Falls Community Bus](#)
- [Community Economic Development](#)

Air

- [North Bay/Jack Garland Airport \(YYB\)](#)- 77km from Sundridge
- [Muskoka Airport \(YQA\)](#)- 70 km from Emsdale
- [Toronto Pearson International Airport](#) 234 km from Emsdale

HOUSING/ACCOMMODATION

- [Almaguin Highlands Realtor.ca Link](#)
- Local Accommodations: <https://investalmaguin.ca/almaguin-accommodations/>

SPOUSAL EMPLOYMENT

- [ACED Community Profile](#)



Employment Agencies

- [Agilec](#)
- [Employment North](#)

CLINICAL SERVICES

CATCHMENT AREA AND DEMOGRAPHICS

Burk's Falls Family Health Team serves patients across Village of Burk's Falls, Township of Magnetawan, Ryerson, Armour and Perry Townships.

Sundridge and District Medical Centre – Municipalities of Sundridge, Joly and Strong.

<https://www.sundridgemedical.ca/>

HOSPITAL DESCRIPTION / SERVICES

Muskoka Algonquin Health Centre in Huntsville, West Parry Sound health Centre in Parry Sound, and North Bay General Hospital in North Bay are the closest hospitals.

<https://www.mahc.ca/>

<https://nbrhc.on.ca/>

<https://www.wpshc.com/>

PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

Almaguin Highlands Family Health Team – RNPGA model working within a Family Health Team. AHFHT is an OTN Hub. We are small team encompassing 6 physicians, 2 Nurse Practitioners, 1 Social Worker, 1 Registered Dietician, 2 RNs, 2 RPN and administrative support.

<https://ahfht.ca/about/>

<https://www.ontario.ca/page/family-health-teams>

SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

TRANSPORTATION

A vehicle is necessary.

COMMUNITY CONTACT INFORMATION

Executive Director Deb Raynard

Debbie.raynard@ahfht.ca