

Travel Expense Summary form - Overview

[illegible]

MILEAGE LOOK-UP	Community	Major Centre / Campus	One-way	Round-trip
	Select	Select	- - -	- - -

Appendix F - Kilometer Matrix (One-way)

Mileage amounts in the table below are one-way and are rounded to the nearest 5 km. They use the shortest (not necessarily the fastest) entirely Canadian route of travel. If your particular mileage is not listed below, include a Google Maps travel summary to support your claimed mileage.

Google Maps Link: <https://maps.google.ca/>

Community	Major Centre / Campus						
	Hamilton	Kingston	London	Ottawa	Sudbury	Thunder Bay	Toronto
Matheson	690	740	795	650	365	810	650
Mattagami Lake F.N.	660	780	715	690	195	890	620
Mattawa	440	395	545	295	190	1,160	385
M'Chigeeng F.N.	585	725	685	635	160	1,015	545
Midland	200	355	285	430	270	1,255	160
Mindemoya	595	785	700	645	170	1,025	540
New Liskeard	550	605	655	505	220	950	495
Nipigon	1,325	1,435	1,275	1,345	900	115	1,285
Nipissing F.N.	440	490	545	400	100	1,100	395
North Bay	415	455	520	360	130	1,100	360
Ojibways of the Pic River F.N.	1,145	1,285	1,245	1,200	715	310	1,105
Ottawa	470	195	630	X	490	1,465	400
Parry Sound	300	470	405	420	170	1,155	245
Powassan	385	485	490	370	160	1,125	330
Rainy River	1,855	2,045	1,960	1,875	1,430	440	1,815
Red Lake	1,985	2,095	2,085	2,005	1,560	570	1,945