Hearing Our Voices: Indigenous Cultural Safety Training

E-Learning Program

The Hearing Our Voices Program communicates the experience of Indigenous women in their own voices to physicians and allied health care practitioners who care for Indigenous patients or clients. These online modules improve practitioners' ability to care for Indigenous people in Canada by increasing cultural awareness and knowledge of Indigenous Peoples' social determinants of health and incorporating culturally appropriate care into practice. This program incorporates videos, readings, self-reflection exercises, and interactive activities to guide learning.

Learning Objectives

1. Practice cultural humility and engage in critical self-reflection about one's relationship with Indigenous Peoples in Canada (Health Advocate, Collaborator).
2. Apply the principles of trauma-informed care and relational practice to foster trust-based relationships with patients or clients (Professional, Collaborator, Communicator).
3. Incorporate strategies to support culturally safe and culturally appropriate care for Indigenous Peoples in clinical and/or educational practice (Communicator, Leader, Medical Expert, Scholar, Professional).

Accreditation Statements

Combined Learning Activity (Certified and Certified Assessment)
This activity meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at NOSM University for up to 6 Mainpro+® Certified Activity and up to 9 Mainpro+ Certified Assessment Activity credits.

Section 3: Self-Assessment Accreditation Statement
This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office NOSM University. You may claim a maximum of 15 hours (credits are automatically calculated).

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Questions? Contact cepd@nosm.ca