

### OPEN FOR SELF-ENROLMENT 2025



## FREE FOR ALL FACULTY

# Stand Up: Understanding and Combatting Microaggressions

**E-Learning Program** 

Microaggressions affect learners, patients, and our colleagues. In this 3-hour program, learn about microaggressions, their impact and relation to healthcare disparities, and strategies for responding to them to promote safe learning and work environments.

### Learning Objectives

- 1. Describe microaggressions and examples of microaggressions (Health Advocate, Communicator, Professional).
- 2. Explain how microaggressions result in healthcare disparities and unsafe environments for learners, faculty, clinicians, and patients (Health Advocate, Communicator, Professional).
- 3. Apply the Triangle Model Framework to respond to microaggressions as the source, bystander, or recipient of a microaggression (Communicator, Collaborator, Professional, Health Advocate).

#### **Accreditation Statements**

This one-credit-per-hour Self-Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the by the Continuing Education and Professional Development Office at NOSM University for up to 3 Mainpro+ credit(s).

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at NOSM University. You may claim a maximum of 3 hours (credits are automatically calculated).

