



# Enjoy Improved Fitness, Mental Health & Well-Being

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## NOSM UNIVERSITY

\$0 Enrolment Fee

25% off all Membership Types

Join at [corporate.goodlifefitness.com](https://corporate.goodlifefitness.com)

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### Corporate Membership Benefits:

- Reduce stress and feel great - physically and mentally
- 200+ clubs in Canada - some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners
- **Scan to see what GoodLife offers!**



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**Scan to book a tour and  
one-visit trial pass!**



Valid Until: April 30th 2026