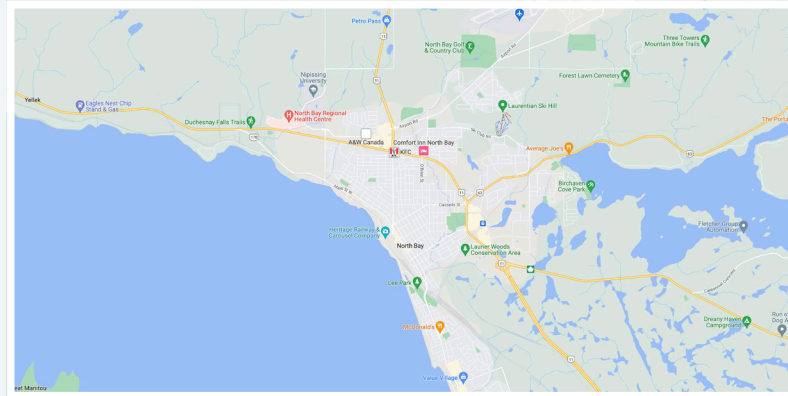


## OVERVIEW OF COMMUNITY

**COMMUNITY NAME** North Bay *Updated October 2022*

**MUNICIPAL WEBSITE** [www.northbay.ca](http://www.northbay.ca)

### MAP WITH LOCATION



### FIRST NATION COMMUNITIES SERVED BY CLINICIANS

The North Bay Indigenous hub provides services for the following local First Nation communities:

- Nipissing First Nation,
- Temagami First Nation
- Dokis First Nation
- First Nation peoples who live off the reserve from North Bay
- [www.giiwednomshkikiiwgamig.ca](http://www.giiwednomshkikiiwgamig.ca)
- Partnership with North Bay Indigenous Friendship Centre

The NBRHC’s Regional Mental Health Services provides inpatient beds in North Bay and Sudbury and outpatient and outreach services throughout the region—from Hudson Bay to Muskoka and from Sault Ste. Marie to the Quebec border.

## COMMUNITY DESCRIPTION

### POPULATION AND DEMOGRAPHICS

North Bay is located 3.5 hours north of Toronto, just down the four-lane highway from the Muskokas, and 3.5 hours west of Ottawa. Short 1 hour daily flights are available in and out of the city. With a population of 54,000 and a catchment area of 180,000, it is a safe and welcoming community that offers a healthy and balanced environment for working, living and raising a family. North Bay is situated on the banks of two large lakes and boasts beautiful scenery and four distinct seasons. Whatever your interests are, you will have access to numerous activities and amenities



within minutes from your home – reclaim your work-life balance and join us!

For more information about North Bay please visit:

- [www.tourismnorthbay.com](http://www.tourismnorthbay.com)
- [www.northbay.ca](http://www.northbay.ca)

More information can be found [here](#).

## AMENITIES

Various attractions including restaurants, shopping, schools, etc. Specifics can be found at: [www.tourismnorthbay.com](http://www.tourismnorthbay.com)

## TRAVEL OPTIONS

North Bay is located at the junction of Hwy 17 and Hwy 11, just 3.5 hours north of Toronto and 4 hours west of Ottawa.

Located minutes from North Bay's downtown core, YYB [North Bay Jack Garland Airport](#) is served by regularly scheduled flights and chartered services. A variety of carriers offer daily flights from North Bay to Toronto, Sudbury and other Northern Ontario centres.

The [Ontario Northland](#) bus service connects communities across Northern Ontario.

## HOUSING/ACCOMMODATION

NBRHC receives corporate rates at the below hotels that are within close proximity to the hospital.

- [Hampton Inn](#)
- [Homewood Suites](#)
- [Fairfield Inn & Suites](#)

NOSM University housing is available to medical learners. Please contact [housing@nosm.ca](mailto:housing@nosm.ca) for further details.

For Airbnb options, please visit [www.airbnb.ca](http://www.airbnb.ca).

## SPOUSAL EMPLOYMENT

The NBRHC Physician Recruitment Program will work with physician spouses to connect with North Bay & area employers and employment services.

- [North Bay Employment Resources](#)
- [City of North Bay Careers](#)
- [NBRHC Careers](#)
- [Indeed Jobs - North Bay](#)



# CLINICAL SERVICES

## CATCHMENT AREA AND DEMOGRAPHICS

NBRHC serves the Nipissing District with a catchment of over 180,000 people. The hospital's Regional Mental Health Services provide inpatient beds in North Bay and Sudbury and outpatient and outreach services throughout the region—from Hudson Bay to Muskoka from Sault Ste. Marie to the Quebec border.

## HOSPITAL DESCRIPTION / SERVICES

North Bay Regional Health Centre (NBRHC) is a state-of-the-art regional healthcare centre that has a catchment area of 180,000 with strong inpatient and out-patient specialist support. Circa 2011, this newly built 419 bed facility has three primary roles: providing acute care services to North Bay and its surrounding communities, functioning as the district referral center providing specialist services for smaller communities in the area, and it's the specialized mental health service provider serving all of northeast Ontario.

NBRHC has over 2100 staff, 160 core physicians with acute privileges and 300 volunteers supporting care.

### Our Professional Staff Specialities

We offer patients a wide array of medical services including all specialties including:

- Emergency Medicine
- Family Medicine
- Palliative Care
- Sports Medicine
- General Internal Medicine
- Gastroenterology (adult & pediatrics)
- Endocrinology
- Respiriology
- Nephrology
- Non-Invasive Cardiology
- Dermatology
- Pathology
- Paediatrics
- Radiology
- Anaesthesia
- General Surgery
- Urology
- Obstetrics & Gynecology
- Midwifery
- Orthopedic Surgery





- Otolaryngology
- Ophthalmology
- Specialized Rehabilitation Psychiatry
- General Psychiatry
- Geriatric Psychiatry
- Child & Adolescent Psychiatry
- Forensic Psychiatry
- Addiction Medicine

Physician recruitment website: <https://northbaydocs.ca/>

### PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

Most North Bay Family Physicians are members of the NBRHC Department of General & Family Practice. These physicians practice comprehensive family medicine that includes hospital inpatient care. Members provide hospital inpatient care to their rostered patients and share in the care of admitted orphan patients. Our physicians belong to Family Health Organizations and Family Health Groups, working together to reduce the frequency of inpatient on-call work.

#### North Bay Primary Care Teams

- [Blue Sky Family Health Team](#)
- Near North Medical Clinic
- Callander Lakeside Medical Clinic
- [Northern Shores Medical Clinic](#)

#### North Bay Nurse Practitioner Led Clinic

### OTHER CLINICAL VENUES AND SERVICES

The [Nipissing Serenity Hospice](#) provides palliative care in a peaceful setting for people of all ages at end of life and support for their loved ones.

- [Long term care and retirement homes](#)

## SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

### TEACHING

#### Home Based Residency Spots

North Bay has the following spots for CaRMS:

- 1 resident spot per year for Psychiatry
- 4 resident spots per year for Family Medicine



## NOSM University CCC Students

North Bay is also a site for the NOSM University 3rd year Comprehensive Community Clerks (CCCs) which complete a 7 month clerkship from September to March each year. North Bay has 8 CCC spots.

## Visiting Medical Learner Rotations

Visiting Medical Learner Rotations Medical learner rotations availability in North Bay include Anesthesia, Emergency Medicine, ENT, Family Medicine, Gastroenterology, General Internal Medicine, General Surgery, Hospitalist, Palliative Care, Pathology, Pediatrics, Peds-GI, Psychiatry (various subspecialties), Radiology, Obstetrics & Gynecology, Ophthalmology, Orthopedic Surgery and Urology.

## LIVING: HOUSING AND ACCOMMODATIONS

Through the NBRHC Community Partner Program, the hospital has collaborated with local realtors to assist new physicians and home based medical learners to find housing in the North Bay area. Contact NBRHC Physician Recruitment for more information on this program.

Please also see the Housing & Accommodations Section above.

## TRANSPORTATION

North Bay has a variety of local transportation options available:

- [Car rentals \(Airport & City Locations\)](#)
- [Active Transportation \(biking/cycling\)](#)
- [North Bay Transit](#)
- [URide](#)

## FOOD OPTIONS

- [Restaurants in North Bay](#)
- [Grocery stores](#)

## COLLEGIAL SUPPORTS

NBRHC has a strong medical leadership model with a notoriously collegial medical community.

The NBRHC Community Partner program, is a collaborative that pairs North Bay businesses to attract, retain and provide services to the North Bay medical community (physicians, medical residents & students and their families). These businesses/services include real estate (purchase & rentals), banking, accountants, hotels, restaurants, etc.

The North Bay and District Medical Society (NBDMS) functions to promote collegiately, mutual respect and understanding between medical colleagues of all ages and backgrounds in congenial and informal environments. The medical society hosts monthly meetings, golf tournaments and





holiday parties. For more information, please contact the NBDMS at [nbdms@outlook.com](mailto:nbdms@outlook.com)  
The North Bay Physicians Local Education Group was established in 2016 and boasts a membership of over 120 physicians. The LEG is responsible for the provision of NOSM undergraduate and post graduate education in North Bay and manages the Medical CME portfolio for North Bay. For more information, please contact the LEG at [NorthBayLEG@nbrhc.on.ca](mailto:NorthBayLEG@nbrhc.on.ca).

## COMMUNITY VIDEO

Videos of the City of North Bay can be found by visiting:

- [Why North Bay](#)

NBRHC specific videos

- [Medical Learners](#)
- [Locums / New Physicians](#)

## COMMUNITY CONTACT INFORMATION

### Chastity Saudino

Medical Affairs Manager, NBRHC

Email: [physicianrecruitment@nbrhc.on.ca](mailto:physicianrecruitment@nbrhc.on.ca)

Phone: 705-474-8600 ext. 2507

### Ashley Foreman

Program Assistant - Physician Recruitment, Retention and Wellness, NBRHC

Email: [physicianrecruitment@nbrhc.on.ca](mailto:physicianrecruitment@nbrhc.on.ca)

Phone: 705-474-8600 ext. 2518

### Ashley Gasson

NOSM University Site Administrative Coordinator (SAC), NBRHC

Email: [agasson@nbrhc.on.ca](mailto:agasson@nbrhc.on.ca)

Phone: 705-474-8600 ext. 2509



- North Bay Regional Health Centre- Aerial View



- North Bay Regional Health Centre - East Main Entrance