

## OVERVIEW OF COMMUNITY

**COMMUNITY NAME** Mattawa

*Updated October 2022*

**MUNICIPAL WEBSITE** [www.mattawa.ca](http://www.mattawa.ca)

**MAP WITH LOCATION**



## FIRST NATION COMMUNITIES SERVED BY CLINICIANS

Metis Nation of Ontario (MNO)  
Mattawa North Bay Algonquins

## COMMUNITY DESCRIPTION

### POPULATION AND DEMOGRAPHICS

Population: 2000  
25% are over 65 years of age  
Average age: 47  
More demographic information can be found [here](#).

### AMENITIES

#### Grocery Stores

- Huards's Freshmart
- Foodland

#### Restaurants

- Myrt's Family Restaurants
- Le Voyageur Restaurant
- Tai Pan China Café
- The Moon Café



- Valois Motel & Restaurant
- Mattawa Chicken
- Mattawa River Resort Waterfront Restaurant
- Wrights Bakery
- Franchises: Tim Hortons, Sub Way

### Recreation

- Skiing – Antoine Mountain, Mattawa Golf and Ski resort,
- Mattawa River Resort
- Mattawa ATV Guide Service
- Algonquin Park – Kiosk

### Events

- Voyageur Days – Summer Weekend Music Festival

### TRAVEL OPTIONS

Located on Highway 11 (Trans-Canada)

4 hours from Ottawa, 4.5 Hours from Toronto

Accessible by Ontario Northland bus service

Nearest Airport: Jack Garland, North Bay YYB – 65kms

### HOUSING/ACCOMMODATION

- [realtor.ca](http://realtor.ca)
- [remax.ca](http://remax.ca)

## CLINICAL SERVICES

### CATCHMENT AREA AND DEMOGRAPHICS

Serving the six rural townships of Mattawa, Papineau-Cameron, Calvin, Bonfield, Chisolm and Mattawan

### HOSPITAL DESCRIPTION / SERVICES

The [Mattawa Hospital](#) and Algonquin Nursing Home are proud members of the Catholic Health Sponsor of Ontario which carries on the legacy of caring compassion of the Sisters of Charity of Ottawa.

### PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

Mattawa Family Health Team

- 4 Physicians, Nurse Practitioner, RPN, Dietitian, Social Worker, Physiotherapist



## OTHER CLINICAL VENUES AND SERVICES

Algonquin Nursing Home

- OTN, Diabetes Clinic, Respiratory Clinic, Physiotherapy, Safe Bed Program, TeleMentalHealth

## SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

### TRANSPORTATION

A vehicle is recommended for getting around the area.

### FOOD OPTIONS

#### Grocery Stores

- Huards's Freshmart
- Foodland

#### Restaurants

- Myrt's Family Restaurants
- Le Voyageur Restaurant
- Tai Pan China Café
- The Moon Café
- Valois Motel & Restaurant
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### COLLEGIAL SUPPORTS

- Patient centered, team based care
- Professional organization in full support of its physicians and staff
- Experienced and dedicated physicians, each with over 30 years of tenure with the hospital

### COMMUNITY VIDEOS

- [Things to do in Mattawa Voyageur Country](#)
- [Mattawa, Ontario](#)
- [Mattawa River Resort in Northeastern Ontario](#)
- [Mattawa River Resort - See & Do](#)





## CONTACT INFORMATION

Kayla Michaud

Manager, Family Health Team & Patient Services

Email: [Kamichaud@mattawahospital.ca](mailto:Kamichaud@mattawahospital.ca)

Phone: 705-744-5511 ext. 4005



- Mattawa Hospital

