

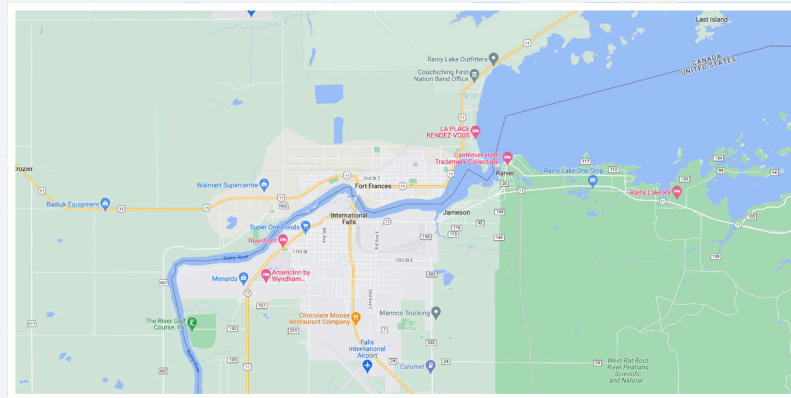
## OVERVIEW OF COMMUNITY

**COMMUNITY NAME** Fort Frances

*Updated April 2023*

**MUNICIPAL WEBSITE** [www.fortfrances.ca](http://www.fortfrances.ca)

**MAP WITH LOCATION**



## COMMUNITY DESCRIPTION

### POPULATION AND DEMOGRAPHICS

[National Household Survey \(NHS\) Profile, 2011 \(statcan.gc.ca\)](https://www150.statcan.gc.ca/n1/pub/92-627-x/2013001/article/11811-eng.htm). Search Fort Frances, ON

More demographic information can be found [here](#).

### AMENITIES

#### **Rainy River District School Board**

The school board is the school district administrator for English language public schools in the Rainy River District, with approximately 3,300 students as of 2013. It operates schools in an administrative region of 10,886 km<sup>2</sup>.

#### **Northwest Catholic District School Board**

The Northwest Catholic District School Board has 6 Catholic elementary schools serving the communities of Sioux Lookout, Dryden, Atikokan, Fort Frances to Rainy River and First Nations within the jurisdiction of the Board in Northwestern Ontario.

#### **Confederation College**

The Rainy River District Campus offers a wide variety of programs to meet the education and training needs of the Rainy River District area.



## Contact North

Ontario Online Learning Portal for Students is a 24/7 gateway that provides easy and quick access in English and French to up-to-date information on the more than 1,000 programs and 18,000 courses.

## Seven Generations Education Institute SGEI

Seven Generations Education Institute is designed to provide for the education and training needs of the Aboriginal people in our Tribal area; however, we welcome all of the people that we can serve.

## District of Rainy River Educational Institutions

Rainy River District School Board Education Centre

522 2nd St East

Fort Frances ON P9A 1N4

Phone: (807)274-9855 Toll Free: 1-800-214-1753 General Inquires: (807)274-9855

Fax: (807)274-5078

Director of Education: Heather Campbell [heather.campbell@rrdsb.com](mailto:heather.campbell@rrdsb.com)

## The Northwest Catholic District School Board

Corporate Office 555 Flinders Avenue

Fort Frances, ON P9A 3L2

Email: [info@tncdsb.on.ca](mailto:info@tncdsb.on.ca)

Toll Free: 1-888-311-2931 Telephone: 807-274-2931 Fax: 807-274-8792

Director of Education: Brendan Hyatt [bhyatt@tncdsb.on.ca](mailto:bhyatt@tncdsb.on.ca)

## Robert Moore School (Grades JK-8)

528 Second Street East

Fort Frances, ON P9A 1N4

Phone: 807-274-9818 Fax: 807-274-3831

Web: <http://rms.rrdsb.com>

## J.W. Walker (Grades JK-8)

475 Keating Avenue

Fort Frances, ON P9A 3K8

Phone: 807-274-3616 Fax: 807-274-6970

Web: <http://jws.rrdsb.com>

## St. Mary's School (Grades 4-8)

755 Flinders Avenue

Fort Frances, ON P9A 3L2

Phone: 807-274-7756 Fax: 807-274-0453

Web: <https://www.tncdsb.on.ca/school/stmary>

### **Fort Frances High School**

440 Mclrvine Road  
Fort Frances, ON P9A 3T8  
Phone: 807-274-7747 Fax: 807-274-5171  
Web: <http://muskie.rrdsb.com>

### **Seven Generations Secondary School**

1459 Idylwild Drive (Nanicost Grounds)  
PO Box 297  
Fort Frances, ON P9A 3M6  
Phone: 807-274-8569 Fax: 807-274-1992  
Web: [www.7generations.org](http://www.7generations.org)

### **Fort Frances High School**

440 Mclrvine Road  
Fort Frances, ON P9A 3T8  
Phone: 807-274-7747 Fax: 807-274-5171  
Web: <http://muskie.rrdsb.com>

### **Contact North**

440 Mclrvine Road  
Fort Frances, ON P9A3T8  
Phone: 807-274-3988 Fax: 807-274-3992  
Email: [fortfrances@contactnorth.ca](mailto:fortfrances@contactnorth.ca)  
Web: [www.contactnorth.ca](http://www.contactnorth.ca)

### **Confederation College, Rainy River District Campus**

440 Mclrvine Road  
Fort Frances, ON P9A 3T8  
Phone: 807-274-5395 Fax: 807-274-2462  
Web: [www.confederationnc.on.ca/regionalcampuses/fortfrances](http://www.confederationnc.on.ca/regionalcampuses/fortfrances)

### **Rainy River Community College**

1501 Highway 71 International Falls  
Minnesota, USA 56649  
Phone: 218-283-7722

### **VALA (Valley Adult Learning Association)**

241 Second Street East Fort Frances, Ontario  
Phone: 807-274-3553  
Email: [vala@jam21.net](mailto:vala@jam21.net)  
Web: <http://users.jam21.net/vala>



[nosm.ca/pws](http://nosm.ca/pws)



**Ontario Santé  
Health Ontario**

[healthforceontario.ca](http://healthforceontario.ca)



## TBayTel & Bell

TBayTel Northern Ontario's largest digital cellular coverage including communities as far west as Kenora, as far north as Red Lake, and as far east as Chapleau. Customer Service at 623-4400 or 1-800-264-9501 before you travel. Web: [www.tbaytel.net](http://www.tbaytel.net)

- Bell Canada Phone, Internet, TV 310-BELL 310-2355
- Shaw Cable/Digital TV, Internet, Phone 274-5522 1-888-472-2222
- Vianet Phone, Internet 274-2039

## Utilities

- Ontario One Call - Call before you dig! 1-800-400-2255
- HydroOne - Hydro/Power 1-888-664-9376
- Fort Frances Power Corporation - Hydro/Power 807-274-9291
- Union Gas Limited Natural Gas 807-274-5378 888-774-311

## Community Future Development Corporation

The Rainy River Future Development Corporation is a membership-driven, non-profit, community-based corporation. The Rainy River Future Development Corporation is supported by FedNor and Industry Canada under the Community Futures Program and the Municipalities of Alberton, Chapple, Emo, Fort Frances, La Vallee, Lake of the Woods, Morley, and Rainy River. Working to create jobs and improve the commercial and industrial base of the Rainy River District.

## CONTACT US

Rainy River Future Development Corporation 601 Mowat Avenue  
Fort Frances, ON P9A 1Z2

Phone: 807-274-3276 Fax: 807-274-6989

Email: [info@rrfdc.on.ca](mailto:info@rrfdc.on.ca)

Web: [www.rrfdc.on.ca](http://www.rrfdc.on.ca)

## District Overview

The hub of the Rainy River District is the town of Fort Frances. The town is the judicial, medical, and business centre of the area and has the infrastructure to supply the needs of all area businesses, both large and small. Fort Frances offers a secure and stable economic base and the town has the advantages of a large city with the convenience of a small town.

Fort Frances offers all the amenities desired for a comfortable living; fully serviced land, affordable housing, a developed industrial site and the lowest priced utilities in Northwestern Ontario. Fort Frances has a new Sportsplex facility that includes two ice rinks, pool, gym, squash courts and also is a great place to hold an event or wedding. The La Verendrye Parkway is a 5 km path along Rainy River, bike, walk, job, walk your dog, stop at the Sorting Gap Marina for an ice cream or visit one of the food trucks on site. Access Rainy Lake from the Sorting Gap marina, hundreds of miles of



lakeshore, and miles of lake to discover, in all four seasons. Riverside Health Care corporate office is located in Fort Frances, with La Verendrye Hospital, Rainycrest Long Term Care, Supportive Housing, Counseling, and several additional allied health care facilities.

Our central location provides instant access to major markets. The Rainy River District is a great place to locate a business and raise a family. Across small bridge is International Falls, MN similar town the size of Fort Frances. I Falls has numerous lodges along shores of Rainy Lake, an excellent national park and great dining, shopping, bike, ski and snowmobile trails.

## TRAVEL OPTIONS

### Airports

#### Fort Frances Municipal Airport

It is located 2.2 nautical miles (4.1km or 2.5 mi) northwest of Fort Frances.

#### International Falls Airport

Located in International Falls, MN, just across small bridge from Fort Frances, ON, International Falls Airport has several daily Delta flights CJR 700 jet. 45 minutes to Minneapolis St Paul. Car rentals, shuttle and cabs available. Small fee to cross bridge.

### Car Rentals

Enterprise 807 274 5800

<https://www.enterprise.com/en/car-rental/locations/canada/on/fort-frances-c645.html>

### Rail

Canadian National Railway is located in the heart of Fort Frances, and runs both east and west through the Rainy River District. This rail line carries products across Canada to and from the shipping ports of Thunder Bay.

### King's Highway

Commonly referred to as Highway 11, is a provincially maintained highway in the province of Ontario. At 1,780.2 kilometres (1,106.2 mi), it is the second longest highway in the province, following Highway 17.

### Canada-USA Borders

The Fort Frances – International Falls border crossing is the busiest crossing in Minnesota and is in the top 20% of all crossings between the United States and Canada. Although it carries a fair number of trucks it is used mostly by local residents and vacationers. This crossing is applicable to toll fees.

Rainy River – Baudette border crossing is the most westerly border crossing between Ontario and Minnesota, and is the 4th busiest crossing in Minnesota. It is used mainly by vacationers and local autos with little truck traffic. There is no toll fee to cross at this crossing.



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[nosm.ca/pws](https://nosm.ca/pws)



**Ontario Santé  
Health Ontario**

[healthforceontario.ca](https://healthforceontario.ca)



## HOUSING/ACCOMMODATION

### Learner Housing:

Local NOSM University Representative- Shari Bujold  
Email: sbujold@nosm.ca

### Locum Housing:

Todd Hamilton, Physician Recruiter for Fort Frances, Emo and Rainy River  
Email: ToddHamilton@recruitdocsff.ca

Realtor link [here](#).

## SPOUSAL EMPLOYMENT

Northern Community Development Services NCDS <https://www.ncds4jobs.ca/>  
Rainy River Future Development Corporation <https://rrfdc.on.ca/>

## CLINICAL SERVICES

### CATCHMENT AREA AND DEMOGRAPHICS

[National Household Survey \(NHS\) Profile, 2011 \(statcan.gc.ca\)](https://www23.statcan.gc.ca/nhs/nhse/nhse-eng/nhs-profile-2011)

### HOSPITAL DESCRIPTION / SERVICES

**Riverside Health Care – La Verendrye Hospital, Rainycrest Home Long Term Care, Supportive Housing**

<https://www.riversidehealthcare.ca/>

**Fort Frances Community Clinic, Fort Frances Family Health Team**

<https://ffht.ca/>

### COMMUNITY CONTACT INFORMATION

#### Todd Hamilton

Physician Recruiter for Fort Frances, Emo and Rainy River

Email: ToddHamilton@recruitdocsff.ca

Phone: 807 275 9794

Website: [www.recruitdocsff.ca](http://www.recruitdocsff.ca)

#### Dr. Karim Eltawil

Chief of Staff, La Verendrye General Hospital

Email: karim.eltwail77@hotmail.com

#### Dr. Marc Ruppenstein

Chair Fort Frances and District Recruitment and Retention Committee

Email: marc.ruppenstein@gmail.com

## PICTURES



- La Verendrye Hospital



- Rainycrest Long Term Care Home



- Fort Frances



- Fort Frances Marina