

OVERVIEW OF COMMUNITY

COMMUNITY NAME

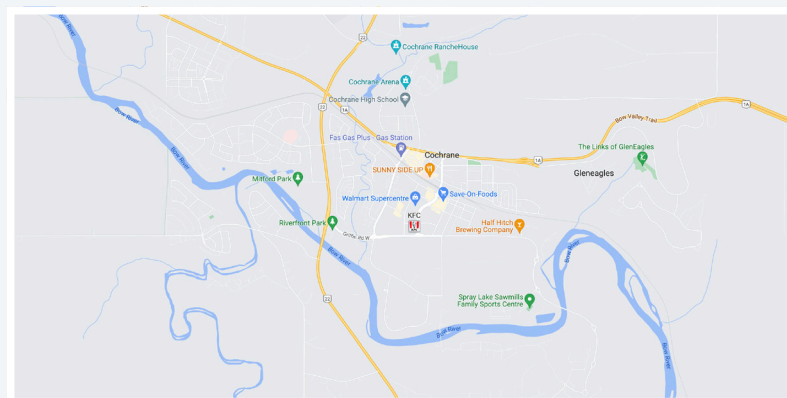
Cochrane

Updated August 2023

MUNICIPAL WEBSITE

www.cochraneontario.com

MAP WITH LOCATION



FIRST NATION COMMUNITIES SERVED BY CLINICIANS

Taykwa Tagamou Nation

COMMUNITY DESCRIPTION

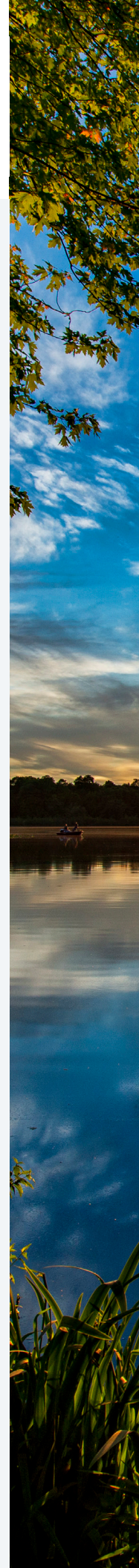
Find an active lifestyle that takes you beyond the hustle and bustle of the city, and looks further than the rural amenities of the countryside. Get to hockey practice in 5 minutes, get to your cottage within 15 minutes and access the solitude of the fishing lakes and wilderness in as little as 45 minutes; all without traffic jams.

You are not short of recreational and social amenities in Cochrane whether you are 5 or 85. Cochrane has something for everyone. You can see most sports clubs out at our annual Welcome to Cochrane showcase. The Town of Cochrane encourages its residents to maintain an active and healthy lifestyle and promotes affordable programming through its Doable Neighbourhood Project initiatives and through its relatively new recreational complex the Tim Horton Events Centre.

POPULATION AND DEMOGRAPHICS

The Town of Cochrane has a population of 5,390 which increased by 1.3% since the 2016 census. The average age of the population is 42.3 years. Furthermore, 51.5% of the population is bilingual, speaking both French and English.

More demographic information can be found [here](#).



AMENITIES

- Polar Bear Habitat : <https://cochraneontario.com/visiting/polar-bear-habitat/>
- Snowmobile Adventures : <https://cochraneontario.com/visiting/snowmobile-destinations/>
- Restaurants: <https://cochraneontario.com/visiting/where-to-eat/>
- Live at the Lakeside: <https://cochraneontario.com/visiting/live-at-the-lakeside/>
- Places of Worship: <https://cochraneontario.com/living/worship-services/>
- Where to Stay: <https://cochraneontario.com/visiting/where-to-stay/>
- Welcome Book: <https://cochraneontario.com/living/relocating/>

TRAVEL OPTIONS

The closest airport that services Cochrane and surrounding areas is the Victor M. Power Airport located in Timmins which is approximately 110 kms away and an hour and twenty-five minutes away.

Website: https://www.timmins.ca/our_services/timmins_victor_m_power_airport

HOUSING/ACCOMMODATION

<http://www.claimpostrealty.com/>

<https://zieminski.ca/>

<https://www.royallepage.ca/en/on/timmins/properties/>

Welcome to safety and serenity with an affordable lifestyle! Enjoy lower housing costs in Cochrane and treat yourselves to luxuries such as ATVs, boats and larger homes. We are away from the hustle and bustle of a city, yet only a short drive from Timmins, a larger shopping and working centre. Our friendly, welcoming community charm makes our bilingual town the perfect place to raise a family, start a business and even retire. Cochrane's proximity to nature is balanced with abundant amenities and recreational activities for a healthy and happy lifestyle – bilingual education, quality health care, modern senior facilities, a very large recreational complex, even a golf course – and much more!

The MICs Group of Health Services provides accommodations to locum physicians who work in the Emergency Department as well as the medical learners.

SPOUSAL EMPLOYMENT

One of the few communities in Northern Ontario to have experienced growth in the last few years, Cochrane's economic landscape offers job & investment opportunities for just about every sector. Cochrane top employable industries include mining, forestry, transportation, finance, health care and administrative occupations.

<https://cochraneontario.com/living/employment-opportunities/>

<https://www.micsgroup.com/>

A vertical photograph of a serene lake scene at sunset. The sky is a deep blue with wispy white clouds, reflecting in the calm water. A small boat with two people is visible in the distance. The foreground is framed by green foliage on the left and right sides.

Lady Minto Hospital is a thriving acute general hospital which provides a wide range of in-patient, complex continuing care, emergency, out-patient, ambulatory care, general surgery, and long-term care services. Currently the hospital is designated as having 25 acute, 1 hospice suite, 8 continuing care and 37 long-term care beds.

<https://www.micsgroup.com/about-mics/lady-minto-hospital/>

A 33-bed hospital situated in the town of Cochrane, Lady Minto Hospital services surrounding communities with a variety of health care such as physiotherapy, laboratory, diagnostic imaging, electrocardiogram, clinical nutrition, Holter Monitoring, diabetes program, chemotherapy, general surgery and OTN. They maintain a 24-hour a day, 7 days a week emergency department. Their closest referral hospital is Timmins & District Hospital which is about one hour away.

Cochrane Family Health Team
275 Eighth Street
Cochrane, ON
705-272-4200

<https://www.cochranefht.com/>

The Cochrane Family Health Team located next to the Lady Minto Hospital is comprised of multi-disciplinary health professionals who provide primary care to the people of Cochrane and surrounding areas. This team includes a family physician, a nurse practitioner, nurses and a social worker.

They offer the following services and programs: Family Medicine Clinic, Well-Baby Clinic, Women's Wellness Clinic, Flu Shot Clinic, Craving Change Workshop, Blood Pressure Management Clinic, Foot Care Clinic

Amalgamated with Lady Minto Hospital since November 1998, this 37-bed long-term care wing is housed within the hospital and is termed not-for-profit. Villa Minto prides itself on its cozy homelike atmosphere and is pleased to offer the following services: nursing and personal care service, daily living assistance, treatment and medication administration, special diets, room and board, laundry services, social and recreational programs, medical care, on-site therapy and other optional services.

SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

TEACHING

Medical Learners are accepted when arrangements with a physician can be made.

LIVING: HOUSING AND ACCOMMODATIONS

The physician houses/apartments are fully furnished and are located throughout the community, and come equipped with all necessary amenities. Most are within walking distance of the hospital.

TRANSPORTATION

A vehicle is recommended to travel to and from the airport as well as for doing groceries and sightseeing. There are also a few taxi services available.

- Chimo: 705-271-6633
- Sonny's Taxi: 705-272-8488
- Flash Co. Taxi: 705-272-5577
- Cochrane County Cab: 705-274-1212
- PT Taxi: 705-272-6090

FOOD OPTIONS

There are many establishments in town where groceries can be purchased, and a wide variety of restaurants to choose from! Visit <https://cochraneontario.com/visiting/where-to-eat/>

Grocery Stores

Valu-Mart (Independent Grocer): 31, 1st Street 11 West (705-272-4238)

Giant Tiger: 180 6th Avenue (705-272-1369)

COMMUNITY CONTACT INFORMATION

Sylvie Lavoie-Girard

Chief Human Resources Officer

MICs Group of Health Services

recruitment@micsgroup.com

705-272-7200 ext. 2345

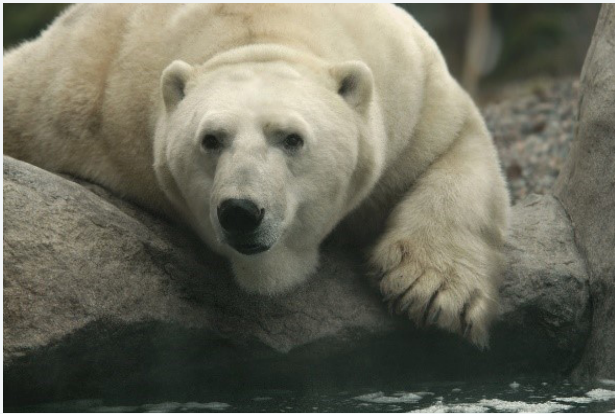
PICTURES



- Lady Minto Hospital



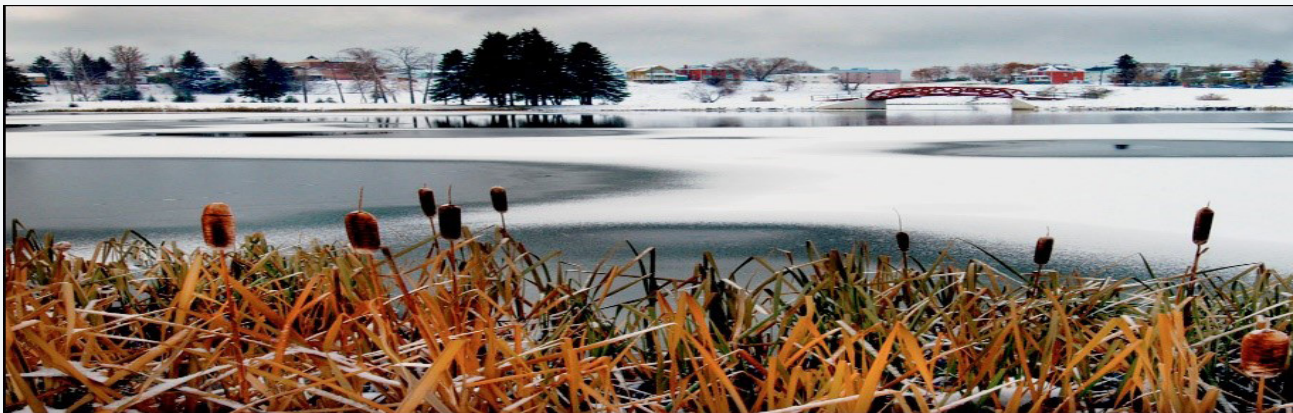
- Hospice Suite



- Polar Bear Habitat



- Igloos



- Lake Commando in winter