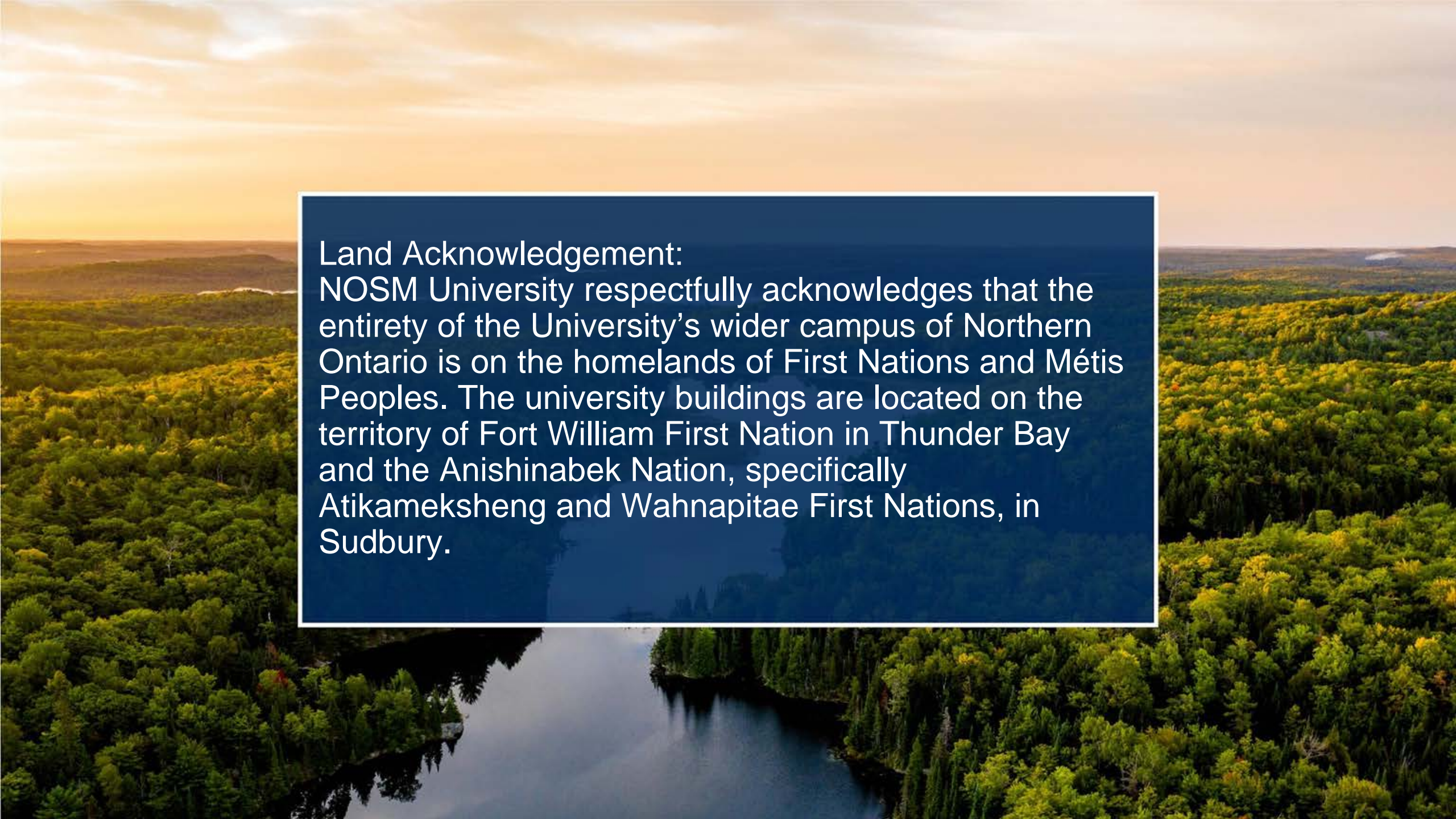




Pediatrics Residency Program

Thunder Bay– Sudbury– Sault Ste. Marie North Bay– Sioux Lookout

An aerial photograph of a vast, dense forest in Northern Ontario. A river or lake winds through the center of the image, reflecting the sky. The trees are mostly green, with some yellowing, suggesting early autumn. The sky is a mix of orange, yellow, and blue, indicating a sunset or sunrise. A dark blue rectangular box with a white border is superimposed over the center of the image, containing white text.

Land Acknowledgement:
NOSM University respectfully acknowledges that the entirety of the University's wider campus of Northern Ontario is on the homelands of First Nations and Métis Peoples. The university buildings are located on the territory of Fort William First Nation in Thunder Bay and the Anishinabek Nation, specifically Atikameksheng and Wahnapiatae First Nations, in Sudbury.

A Unique Pediatric Training Program

- **Training opportunities** in northern urban centers in addition to world-class subspecialty and acute care rotations at CHEO (Children's Hospital of Eastern Ontario)
- Unique and challenging **hands-on** learning experience
- Unparalleled **preceptor support** from physicians committed to Northern Ontario
- **Early integration** as a key member of teams dedicated to professionalism, high quality patient care and excellent medical education

A Unique Pediatric Training Program

- Commitment to **resident learning** rather than resident service
- Self-directed, learner-centered training to meet your **career goals** , with previous residents having matched to:
 - Hematology/Oncology
 - Endocrinology
 - Emergency
 - Cardiology
 - Adolescent Medicine
 - NICU!
- Exposure to the culture and social

Fabric of **Francophone** , Northern Urban/Rural, Indigenous communities

A Unique Pediatric Training Program

- **Financial support** from NOSM for:
 - Resident travel to and from core clinical placements away from the home base
 - All mandatory educational activities at home base locations
- **Accommodation support** from NOSM for core rotations away from primary residence
- Opportunity to participate in **research** under expert guidance, with **funding** available for:
 - Research
 - Professional development
 - Conferences

Structure of Our Program

- Average of **3-4 residents** per year
 - New this year: 1 IMG spot
- A resident's home base campus is either:
 - NOSM West (**Thunder Bay , Sault Ste. Marie**), or
 - NOSM East (**Sudbury , North Bay**)
- With core tertiary rotations at CHEO (Children's Hospital of Eastern Ontario) in **Ottawa**
- CBD curriculum started in 2021

Structure of Our Program

PGY1

Seven (7) blocks in Northern Consulting Pediatrics

- Six (6) at your home base, one (1) at other campus

Five (5) blocks at CHEO

- One (1) block in CHEO CTU Junior (wards)
- One (1) block in CHEO Emergency
- One (1) block in CHEO Surgery
- Two (2) blocks in a CHEO subspecialty (e.g. GI, ID, Resp, Nephro etc.)

One (1) block in an elective (anywhere)

Structure of Our Program

PGY2

Six (6) blocks in Northern Consulting Pediatrics

- Five (5) at your home base, one (1) at other campus

Six (6) blocks at CHEO

- Two (2) blocks in CHEO Perinates
- One (1) block in CHEO PICU
- Two (2) blocks in a CHEO subspecialty (e.g. Gastroenterology)
- One (1) block in CHEO Night Float and Surgical Subspecialty
Outpatient/Research

One (1) block in an elective (anywhere)

Structure of Our Program

PGY3

Six (6) blocks in Northern Consulting Pediatrics

- Five (5) at your home base, one (1) in Sioux Lookout

Seven (7) blocks at CHEO

- One (1) block in CHEO Emergency
- One (1) block in CHEO NICU
- One (1) block in CHEO PICU
- One (1) block in CHEO CTU Senior
- Two (2) blocks in a CHEO subspecialty (e.g. Gastroenterology)
- One (1) block in CHEO Night Float and Selective of your choice

Structure of Our Program

PGY4

Seven (7) blocks in Northern Consulting Pediatrics

Three (3) blocks in CHEO subspecialties

Three (3) blocks of elective (anywhere)

Northern Consulting Pediatrics

- **Consulting** General Pediatrics clinics
 - Not primary care!
 - Good balance between **clinic** and **hospital**
 - Exceptional **call exposures**:
 - Peds ward, NICU (Level 2b and 2c), Emergency, L&D, phone consults
- **Outreach** to rural communities
 - Dryden, Fort Frances, Elliot Lake, Little Current, Sioux Lookout
- **Multidisciplinary** clinics and Visiting Subspecialists
 - Diabetes, Oncology, Cystic fibrosis
 - Cerebral palsy including Botox injections
 - High-risk neonatal followup

Thunder Bay

- Population 120,000, catchment area 250,000
- TBRHSC (Thunder Bay Regional Health Sciences Centre) is a state-of-the-art acute care facility serving the healthcare needs of people living in Thunder Bay and Northwestern Ontario
- Excellent hiking and nature just steps away!



Sudbury

- Population 165,000
- HSN (Health Sciences North) is a regional referral centre for a population of over 600,000 across Northeastern Ontario
- 30 lakes within city boundaries
- Five beautiful provincial parks close by!



Sault Ste. Marie

- Population 75,000
- Sault Area Hospital provides primary, secondary and tertiary care to residents of the City of Sault Ste. Marie, and secondary and tertiary care to an additional 40,000 residents in Algoma District



North Bay

- Population 56,000
- On the shores of beautiful Lake Nipissing
- NBRHC (North Bay Regional Health Centre) is a district referral centre
- One Kids Place provides communitybased rehabilitation and related support services for children living in the Districts of Muskoka, Nipissing and Parry Sound



Ottawa (CHEO)

- World-class children's hospital
- Catchment area of over 1 million people including Baffin region
- 6000 admissions/year
- 70,000 Emergency visits/year
- Bilingual
- Multicultural environment & diverse population
 - Large newcomer and refugee population
 - Northern and rural populations



Ottawa (CHEO)

- Great outdoor opportunities, with Gatineau Park, mountain biking, hiking, white water rafting, cross country skiing and the canal.
- Winterlude, Tulip Festival, Blues Fest, etc.
- Large student population with two universities
- Rich in culture and activities:
 - Museums, art, theatre, music, etc.



Diverse Academics

- **Academic Half -Day**
 - NOSM-specific curriculum
 - Guided by resident feedback and exam performance
 - PBL, RLS, EBM, Research curriculum, didactic lectures
- **Whole -program Academic Events**
 - Morning Report and CPS Rounds
 - CHEO Grand Rounds
 - Academics: PALS/NRP, NICU bootcamp, Sim sessions, Social Pediatrics, OSCE
 - Also adapted virtually with a lot of success!



Wellness and Peer Support

- We are a welcoming and tightly -knit group who take care of each other !
- Ice Cream Rounds
- Wine & Whine
 - Facilitated debriefing sessions to discuss challenges, personal development...and celebrate!
- Wellness Half Days
- Fatigue Risk Management days
- Academic event socials
 - Virtual Halloween Party
 - Christmas Party & Steal-a-gift



Myths about NOSM

- ✖ We live in the middle of nowhere
- ✖ We only see simple pediatrics cases when in the North
- ✖ We don't get enough subspecialty/tertiary care experience
- ✖ We only accept medical students from NOSM
- ✖ We have no residency colleagues
- ✖ Our residents don't match to subspecialty programs

Reasons to Choose NOSM

Live in beautiful Northern Ontario & Ottawa



Reasons to Choose NOSM

Experience an **unmatched variety** of clinical settings and different cultures. Benefit from the perfect mix of tertiary and community training!



Reasons to Choose NOSM

Be supported by strong clinical preceptors who know and **care about you**. Appreciate the challenge of General Pediatrics in the North!



Reasons to Choose NOSM

Enjoy a high level of independence from PGY-1. Take advantage of many opportunities for procedures. Work-up undifferentiated patients from the first presentation for **amazing learning** !



Reasons to Choose NOSM

Our small program is tight-knit PGY-1 to PGY-4, come join our family!



Thank you for joining us!

We really appreciate you coming to learn about our program and hope you consider NOSM Pediatrics.



- Please contact us at pedschiefresident@nosm.ca anytime with questions
- Follow us on instagram @nosmpediatrics!