

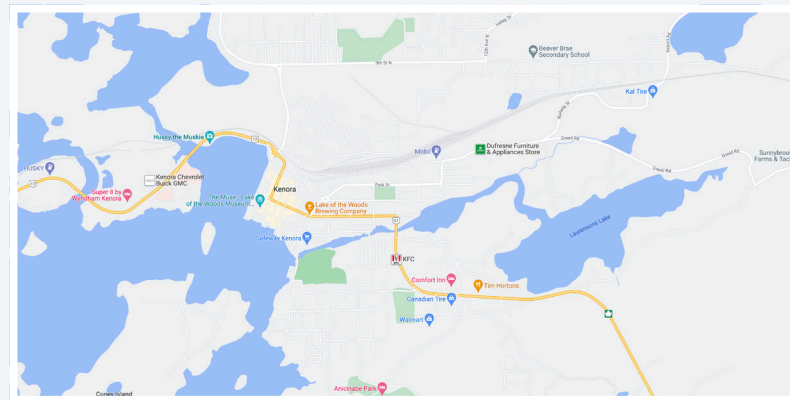
OVERVIEW OF COMMUNITY

COMMUNITY NAME City of Kenora

Updated October 2022

MUNICIPAL WEBSITE www.kenora.ca

MAP WITH LOCATION



FIRST NATION COMMUNITIES SERVED BY CLINICIANS

- Health Transformation in Treaty #3: <https://youtu.be/l5rHJzenBds>
- Treaty #3 Interactive map [Territorial Planning Unit - Grand Council Treaty #3 \(gct3.ca\)](http://Territorial Planning Unit - Grand Council Treaty #3 (gct3.ca))

Kenora is on the furthest edge of Ontario and the Northern Region. It is in the traditional territory of the Anishinaabe people of Treaty 3. Kenora is surrounded by 28 First Nations Communities and has a high percentage of Indigenous people (21% in 2016). The Kenora region is supported by the All Nations Health Partners (ANHP) which includes Indigenous, municipal and health care leaders who signed a Resolution in ceremony in 2017, to work towards the development of a seamless, patient-centered health care system. The ANHP aim to provide the right service, at the right time, in the right setting, for everyone in the Kenora region with cultural safety allowing the blending of traditional and mainstream medicines for wholistic healing. In 2019, the ANHP became one of the first Ontario Health Teams, as well as the first from the North, the smallest, and the only team with full Indigenous and community partners.

Through organizational and community collaboration and partnerships and with the support of the ANHP, Physicians provide health care in and with the following First Nation's communities:

- [Niisaachewan \(Dalles\)](#) – 20km from hospital
- [Wauzhushk Onigum \(Rat Portage\)](#) – 6km from hospital
- [Washagamis Bay \(Obashkaandagaang First Nation\)](#) – 11km from hospital
- [Shoal Lake 40](#) – 86km from hospital



- [Animakee Wa Zhing #37 \(NWA 37\)](#) (Windigo Island and Regina Bay)) – 72km (boat to in summer or fly) from hospital
- [Northwest Angle #33 First Nation \(Dogpaw\)](#) (Angle Inlet) – 90km / 171km (boat to in summer or fly) from hospital
- [Asubpeeschoseewagog](#) (Grassy Narrows) – 89km from hospital
- [Wabaseemoong](#) (Whitedog) – 95km from hospital
- [Naotkamegwanning](#) (Whitefish Bay) – 92km from hospital
- [Iskatewizaagegan](#) (Shoal Lake 39) – 65km from hospital

COMMUNITY DESCRIPTION

POPULATION AND DEMOGRAPHICS

[Grand Council Treaty #3](#) is 55,000sq. miles spanning from west of Thunder Bay to north of Sioux Lookout, along the international border to the province of Manitoba. The [City of Kenora](#) is located within the territory of the Anishinaabe Nation, 208km east of the Manitoba border on the northern shores of Lake of the Woods. The [Kenora District](#) spans 407,269km² and has a population of more than 70,000.

Summer weather is June through September when temps can reach 25-30°C with the hottest month being July. The beaches and lakes are plentiful with amazing swimming and water recreation.

Winter is December to March and the coldest month is usually January when temps can reach -30°C. There is very little humidity in the winter months and the air is dry with clear skies and plenty of sunshine. It is important to dress warmly with proper coat, hat, mitts, and boots.

‘Shoulder Seasons’ (spring and fall) tend to be cooler but enjoyable! Wearing layers during these months is important for outdoor activities and being prepared for warm-dry to cooler-wet weather with raincoat, rain boots, and bug repellent.

More information can be found [here](#).

AMENITIES

Kenora is a tourist destination full of amenities and activities for all ages and interests! Visit the [City of Kenora – Visit & Play](#) site to learn more about recreation options, arts/culture and things to see and do!

There are many options for [groceries](#), [banking](#), [shopping](#), [dining](#), [education](#), [places of worship](#) and [accommodations](#). We are here to help you get acquainted with our community, so please do not hesitate to connect with our community recruiter: kenorarecruitment@anhp.net



Learners are invited to join the [Kenora Clinical Students group](#) and the [Kenora Area Healthcare Community](#) page to connect to community events and Interprofessional learners in the community.

All of our learners receive a complimentary pass to the [Kenora Recreation Centre](#) during their time with us in Kenora.

TRAVEL OPTIONS

Kenora is located on the Trans-Canada Highway 17, 210km east of Winnipeg, MB, 488km west of Thunder Bay and is accessible by road, air, and boat!

Bus Service

[Ontario Northland](#) provides bus service to and from Kenora from many communities including Winnipeg and Thunder Bay. If you don't want to drive, an easy way to get here is a flight to Winnipeg and bus to Kenora (drop off is at the hospital, a few steps from the NOSM apartments). Locally, there is [Kenora Transit](#) with a bus stop in front of the hospital.

Air Travel

The [Kenora Airport](#) is 9km from downtown with [Bearskin Airlines](#) flights and [Enterprise rental](#) car available. Local Taxi service will pick up at the airport.

Water Travel

Kenora is accessible from [Lake of the Woods](#), the sixth largest freshwater lake, reaching 15 communities in Ontario, 3 communities in Manitoba and 5 communities in Minnesota. In the summer months, [Green Adventures](#) offers a [water-shuttle service](#) to Coney Island, one of the lake's most pristine and eventful beaches!

HOUSING/ACCOMMODATION

There are many options for [realtors in Kenora](#) to help you find the home you are looking for, whether it's a purchase or rental.

Waterfront apartments are available for medical learners (housing@nosm.ca), steps from the hospital with kayaks and bikes!

For Locum physicians, Longitudinal Residents and CCC students housing options are available from the SAC (kenorarecruitment@anhp.net).

SPOUSAL EMPLOYMENT

Family is important to us, and we provide support for your relocation needs (spousal employment, schools, childcare, activities/interests, etc.) including a generous relocation package.

Due to the size of our community, there is a wide variety of employment opportunities available and our Healthcare Professional Recruiter (kenorarecruitment@anhp.net) is happy to discuss your needs and connect you to opportunities!

CLINICAL SERVICES

CATCHMENT AREA AND DEMOGRAPHICS

Catchment area includes the City of Kenora, surrounding First Nation communities, and unorganized territory with a service area population of approximately 30,000 which more than doubles in the summer months. The largest Aboriginal population are that of the First Nations followed by Metis and Inuit.

Additional demographics details can be found [here](#).

HOSPITAL DESCRIPTION / SERVICES

Lake of the Woods District Hospital is a fully accredited teaching hospital that meets the immediate needs of the residents of Kenora as well as the large surrounding area and several First Nation communities.

- The busy 12-bed ED is staffed with 1-physician/shift (8a-4p, 4p-11p, 11p-8a), PA, and ER backup physician and sees approx.. 30,000 visits annually
- 2 Inpatient wards accommodate approx.. 20patients each and are staffed with 1-Hospitalist per ward (DOW)
- The 3-suite OR is staffed with 3 General Surgeons and 3-GP Anaesthetists
- The 4-bed level 2 ICU is staffed with on-site General Internists; RT is in-hospital Mon-Fri and on-call overnights and weekends
- The 17-bed Schedule 1 unit is staffed with on-site Psychiatrists; we have a robust MH&A program and Social Work team
- The DI dept is staffed with an on-site procedural Radiologist, xray/CT/ultrasound/ECHO
- The Lab is staffed 24/7 with on-site Pathologist
- Our Rural Family Physicians enjoy the ability to diversify their practice portfolio with the wide variety of medicine available – clinic, obstetrics, emergency, addictions, sexual health, coroner, surgical assist, outreach, teaching, research...
- There are a wide variety of visiting specialists including: Dermatology, Rheumatology, Gynecology, Orthopedics, Neurology, Nephrology, Ophthalmology, Urology

The closest tertiary referral site is Winnipeg and we also refer patients to Thunder Bay. All referrals are case-dependent and further information is provided in our orientation packages.

PRIMARY CARE MODEL / CLINIC SETUP / ALLIED HEALTH SUPPORT

The [Sunset Country Family Health Team](#) is a collaborative interprofessional team that supports three (FHN) Family Clinics: Kenora Medical Associates, Docside Clinic and Keewatin Medical Clinic.

[Waasegiizhig Nanaandawe'iyewigamig](#) Health Access Centre fosters healthy Anishinaabeg and communities through traditional and contemporary health care encompassing mind, body, heart and spirit through an inter-disciplinary, team-based approach of physicians and healthcare professionals.

[Kenora Chiefs Advisory](#) primary care initiative is to expand and further coordinate wholistic, patient-centred, culturally appropriate primary care services for First Nations communities.

OTHER CLINICAL VENUES AND SERVICES

The [All Nations Health Partners OHT](#) evolved from the Kenora Area Health Care Working Group, formed in 2015 to address the critical physician shortage. With 15 collaborative partners working together to achieve the same goal of improving healthcare delivery in our communities, in 2019 they became one of the first Ontario Health Teams, the smallest and only team with full Indigenous and Community partners! Please visit our [Kenora Area Physician Recruitment](#) page!

SUPPORTS AND EXPECTATIONS FOR LOCUMS OR LEARNERS COMING TO THE COMMUNITY

TEACHING

Lake of the Woods Health Sciences Campus is a proud teaching site and each year we welcome 5-7 third-year medical students for their Comprehensive Community Clerkship! We can accommodate 1-3 Longitudinal Family Medicine Residents. We offer core and elective rotations in: Emergency Medicine, Family Medicine (Rural, Obstetrics, Addictions, Indigenous), Internal Medicine, Psychiatry, Public Health.

LIVING: HOUSING AND ACCOMMODATIONS

Waterfront apartments, located steps from the hospital and a few minutes walk to downtown, are available for medical student/residents with us on elective rotations. We have additional housing options available for CCCs and longitudinal residents through the Healthcare Professional Recruiter/SAC (kenorarecruitment@anhp.net). The 2-bedroom apartments are fully furnished and equipped with full kitchen, living room, patio and there are kayaks, canoe and bikes available for use.

A wide variety of locum housing is available dependent on each person's needs. Further information is available through the Healthcare Professional Recruiter: (kenorarecruitment@anhp.net)

TRANSPORTATION

There is a City Transit bus stop in front of the hospital and [local taxi service](#).

Bikes are available for students (limited number).

Vehicle is recommended if you would like to fully explore the area, however not necessary as there is plenty available on foot, by bike, taxi, or bus.

FOOD OPTIONS

If you are arriving late on a weekend, there are several options for groceries open late:

[Kenora Groceries](#)

COLLEGIAL SUPPORTS

Our physician team is collegial and supportive! There is an ER backup physician on-call 24/7 as well as 24/7 on-call support from a variety of specialties and disciplines including: Radiologist, Internist, GP-Anesthetist, General Surgeon, Obstetrics, Pathologist, Psychiatrist. Lab is staffed 24/7; DI is on-call for xray, CT, ultrasound after 8pm; RT is on-call after 4pm.

We have strong inter-professional and allied health staff in our hospital, clinics, and community organizations. As a medical student, resident, or an ER physician, you will find our physicians, interprofessional and allied health teams willing and available to assist you.

We offer an ER Mentorship program to new physicians.

COMMUNITY VIDEO

[Fall in Love with Lake of the Woods, Kenora Ontario](#)

COMMUNITY CONTACT INFORMATION

Healthcare Professional Recruiter/NOSM Site Administrative Coordinator

- kenorarecruitment@anhp.net
- 807-464-0697



PICTURES OF CLINIC, HOSPITAL, HOUSING



- Kenora



- Kenora



- Kenora



- Lake of the Woods District Hospital



- Lake of the Woods District Hospital