

COVID-19: Suddenly Feeling Unwell While On NOSM Campus – NOSM Learners, Staff and Faculty

While working on campus, you are suddenly showing symptoms of COVID-19 or feeling generally unwell

1. You must first isolate in a room on campus and ensure you are wearing your face covering.
2. You will be required to immediately return home and self-isolate.
3. Inform your supervisor and Human Resources (hr@nosm.ca) that you are feeling unwell.
4. If you are unable to drive yourself home, arrange for a ride with a family member or taxi (inform the taxi company that you may have COVID19).
5. Wear your face covering and wash your hands (or use hand sanitizer) before getting into the vehicle, sit in the back seat and open the window.
6. If you are using a taxi, advise your supervisor of the company name and number of the operator.
7. **At anytime, if you require urgent care, call 911 and let the operator know that you may have COVID19.**

HR will contact Facilities to initiate Disinfection Protocol

HR will update the staff/learner list to log a possible COVID case on campus and to prepare for possible contact tracing with Public Health

Take the online COVID-19 Self Assessment for further instructions

TESTING NOT REQUIRED

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If you pass the assessment tool you may return to campus provided you do not have a fever and your symptoms improve after 24 hours. For gastrointestinal related symptoms (including vomiting, stomach pain, diarrhea), you may return to campus provided your symptoms improve after 48 hours.

TEST IS POSITIVE

Follow Public Health directives and advise your Supervisor with of your absence from work and copy hr@nosm.ca. Return to work once you are cleared by Public Health. You are required to provide proof of a negative test result to return to campus to Human Resources (hr@nosm.ca).

TEST IS NEGATIVE

You may return to campus if you do not have a fever and your symptoms have been improving for at least 24 hours. For gastrointestinal related symptoms (including vomiting, stomach pain, diarrhea), you may return to campus provided your symptoms improve after 48 hours. You are required to provide proof of a negative test result to return to campus to Human Resources (hr@nosm.ca).

In positive cases, Public Health will inform NOSM HR for contact tracing information (if COVID exposure at NOSM). Public Health will also contact others at NOSM who were possibly exposed.