

# Enhanced Airborne, Droplet & Contact PPE

To be used by the Intubation Team  
of a patient with suspect or confirmed COVID-19

## Donning Checklist for Intubation Enhanced Airborne, Droplet, and Contact Precautions

### Safety Leader Instructions (to be donned in Airborne, Contact, Droplet PPE)

1. At every step, first read instructions completely
2. Read each instruction aloud, as written on this checklist to the staff member; ensure they listen first and then complete the instruction.
3. Observe staff member completing step. Guide, if necessary, to ensure done properly
4. Check off (☐)

	<b>Pre-Donning Instructions</b>
<input type="checkbox"/>	<b>Please check off each step as completed:</b>
	1. Consider using washroom/hydrating prior to donning PPE.
	2. Confirm all jewelry, staff badges, stethoscopes, other loose items removed.
	3. Ensure face is clean shaven.
	4. Secure long hair (in a bun, if possible).
	5. Lay out and inspect your PPE for damage.

### PPE and Equipment

- Kleenguard A60 suit (with feet attached, 1 size larger than your body size)
- Bouffant
- N95 fit-tested mask
- Full face shield
- 1 pair of Nitrile gloves (12" long)
- 1 additional pair of Nitrile gloves ("Patient Care gloves") - can be one size larger than normally worn size
- Alcohol based hand rub (ABHR)
- Sharpie/Marker for identification of staff/role on PPE

	<b>DONNING INSTRUCTIONS</b>
<input type="checkbox"/>	<b>Check off each step as completed:</b>
<b>Allow me to read each instruction fully before you start any action. Please complete each step slowly.</b>	
	<b>1. Perform hand hygiene slowly with ABHR.</b> • Be sure to get nail beds and fingers, web spaces, thumbs, back of hands and wrists.
	<b>2. If wearing glasses, remove them.</b> • Cup the N95 mask with one hand, straps hanging down. • Fit snug to face and below chin.
	<b>3. Place on face and secure using elastic bands.</b> • Bottom strap must rest below ears on skin. • Top strap must rest above ears, on crown of head • Straps must not be crossed.
	<b>4. Seal mask by placing both of your middle fingers at the bridge of your nose.</b> • Use your index fingers to mold metal strip along the sides of nose and cheeks.
	<b>5. Perform seal check by placing your hands below your chin and exhale quickly.</b> • If you feel leakage, readjust the fit of your N95 mask and perform another seal check. • Repeat with hands at side of mask. • Repeat with hands at top of mask.
	<b>6. Put glasses back on, if applicable.</b>
	<b>7. Put on first pair of nitrile gloves.</b> • Ensure gloves are pulled up correctly before person dons the one-piece suit.
	<b>8. Insert feet into suit.</b> • Can be sitting or standing. • Don the suit to the waist.
	<b>9. Stand up, put arms into sleeves, and bring suit over shoulders.</b> • Ensure gloves are UNDER the cuff of the suit.
	<b>10. Put on blue bouffant and ensure all hair is tucked into bouffant.</b>
	<b>11. Don the HOOD of the suit.</b> • 2 <sup>nd</sup> health care worker is to make sure person is looking straight ahead, to ensure even fit • Ensure all hair is tucked into hood.
	<b>12. Pull up the remaining suit.</b> • Ensure adequate and proper size fitting suit
	<b>13. Zip up to the top of the suit.</b> • Remove the protective strip and seal the front of the suit
	<b>14. Ensure the suit is appropriate fit through movement (i.e. Walking, movement of limbs)</b>
	<b>15. Place face shield over the hood.</b> • Foam band to be resting in middle of forehead.
	<b>16. Extend the second pair of gloves OVER the cuffs of the suit.</b> • 2 <sup>nd</sup> health care worker to assist with placement of glove over hand and cuff • 2 <sup>nd</sup> health care worker to ensure cuff of suit entirely covered once gloves placed
	<b>17. 2<sup>nd</sup> health care worker ensures no final adjustments need to be made.</b> • All PPE is securely placed
	<b>18. 2<sup>nd</sup> health care worker to write name and role of donner on PPE</b>
	<b>19. Reminder that donner must</b> • Avoid adjusting any of the PPE • NOT TOUCH face shield / N95 mask
	<b>20. You are ready to enter the patient's room.</b>
	<b>21. Signal to me that you are ready to doff before leaving the patient's room.</b>

Date:	Staff Member Name/Signature
Time:	Safety Leader Name/Signature

# Enhanced Airborne, Droplet & Contact PPE

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## Doffing Checklist for Intubation Enhanced Airborne, Droplet, and Contact Precautions

### Doffing Process

Safety Leader to:

- Wear Droplet, Contact PPE
- Use checklist but not assist with doffing

2<sup>nd</sup> health care worker to:

- Wear Airborne, Droplet, Contact PPE
- Assist primary health care worker with doffing within the anteroom (if available)
- Stay on the clean side of the anteroom

### Safety Leader Instructions

1. At every step, first read instructions completely
2. Read each instruction aloud, as written on this checklist to the staff member; ensure they listen first and then complete the instruction.
3. Observe staff member completing step. Guide to ensure done properly
4. Check off ()

<b>DOFFING INSTRUCTIONS</b>	
<input type="checkbox"/>	<b>Check off each step as completed:</b>
<b>Allow me to read each instruction fully before you start any action. Please complete each step slowly.</b>	
	<b>1. Rotate 360 degrees for contamination review.</b>
	<ul style="list-style-type: none"> <li>• I will assess for breaches (if breach, address this and notify direct supervisor and Occupational Health and Safety immediately)</li> </ul>
	<b>2. If not already done, face garbage inside patient room, remove and discard patient care gloves</b>
	<b>3. Sanitize pair of nitrile gloves using ABHR.</b>
	<b>4. Exit patient room into the anteroom.</b>
	<b>5. Remove face shield, while facing garbage.</b>
	<ul style="list-style-type: none"> <li>• <b><u>Outside of the face shield is contaminated.</u></b></li> <li>• <b><u>Do not touch front of face shield.</u></b></li> <li>• Handle the face shield by the headband.</li> <li>• Lean forward, keep chin up and close eyes.</li> <li>• Remove face shield and discard.</li> </ul>
	<b>6. 2<sup>nd</sup> health care worker to unzip Kleenguard A60 suit</b>
	<b>7. 2<sup>nd</sup> health care worker to sanitize their gloves with ABHR</b>
	<b>8. Remove hood of suit:</b>
	<ul style="list-style-type: none"> <li>• 1st health care worker to hold top of hood; up and back</li> <li>• 2<sup>nd</sup> health care worker to hold sides of suit and remove back</li> <li>• Grab only the OUTSIDE of the suit to remove the hood</li> <li>• Roll the suit into itself; outwards and away from body</li> <li>• Once the suit has passed the shoulders, begin to roll down toward the floor until the ankles are reached</li> </ul>
	<b>9. Both health care workers sanitize gloves with ABHR</b>
	<b>10. Remove feet from the suit.</b>
	<ul style="list-style-type: none"> <li>• Step out of suit</li> </ul>
	<b>11. 1<sup>st</sup> health care worker to discard suit into garbage, touching only the inside of the suit.</b>
	<b>12. 1<sup>st</sup> health care worker to sanitize gloves with ABHR</b>
	<b>13. Remove 1<sup>st</sup> pair of nitrile gloves</b>
	<ul style="list-style-type: none"> <li>• Outside of gloves may be contaminated</li> <li>• Use glove to glove, skin to skin technique <ul style="list-style-type: none"> <li>○ With dominant gloved hand grasp the inner palm area of non-dominant gloved hand</li> <li>○ Peel off and hold removed glove in gloved hand</li> <li>○ Slide ungloved fingers of opposite hand under remaining outer glove; DO NOT TOUCH outside of glove; peel off, forming a ball</li> <li>○ Discard into garbage</li> </ul> </li> </ul>
	<b>14. Perform hand hygiene with ABHR</b>
	<b>15. Remove bouffant.</b>
	<ul style="list-style-type: none"> <li>• Grasp back of cap and pull off towards the back.</li> </ul>
	<b>16. Perform hand hygiene with ABHR</b>
	<b>17. If wearing glasses, remove glasses, then remove N95 mask.</b>
	<ul style="list-style-type: none"> <li>• <b><u>DO NOT TOUCH front of N95 mask</u></b></li> <li>• Reach up behind head and identify bottom strap</li> <li>• Grasp bottom strap and pull over the head, ensuring no contact with the head and front of mask</li> <li>• Let bottom strap dangle</li> <li>• While leaning forward, chin away from chest, reach up behind head</li> <li>• Identify top strap</li> <li>• Pull top strap over the head, ensuring no contact with head, moving N95 away from face</li> <li>• Discard into garbage</li> </ul>
	<b>18. Perform hand hygiene with ABHR.</b>
	<ul style="list-style-type: none"> <li>• Slowly and carefully use ABHR ensuring you get nail beds, finger tips, web spaces, thumbs, back of hands and wrists</li> </ul>
	<b>19. Exit the anteroom.</b>
	<b>20. Wash hands using soap and water.</b>
	<b>21. Safety Leader to identify and report any breaches to direct supervisor, manager, and Occupational Health and Safety.</b>

Date:	Staff Member Name/Signature
Time:	Safety Leader Name/Signature