# Palliative Care Education Series

Pain 101 - Basic Pain Management

Presented by: Rita Mannarino

FEB **27** 

Thursday, February 27, 2020 8:00 a.m. – 9:00 a.m. EST





## **OBJECTIVES**

By the end of the session, participants will be able to:

- Choose appropriate analgesia & adjuvant therapies
- Initiate, titrate, and rotate opioid doses effectively
- Manage breakthrough pain & opioid side effects

#### PROGRAM DESCRIPTION

A case based exploration of basic pain management, its prevalence in palliative care, assessment & treatment options including non-opioid, opioid and adjuvant therapies.

### **DISTRIBUTED LEARNING**

On Campus

NOSM at Laurentian University: HSERC 218 NOSM at Lakehead University: ATAC 6033

Webcas

Instructions will be sent to all registrants.

Ontario Telemedicine Network (OTN)
Please specify your OTN location when registering.

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 1.00 Mainpro+ credits.

#### **PRESENTERS**

Rita Mannarino., MScN, PHC-NP

Rita has worked in health care for over 20 years. She started her nursing career in Critical Care/ICU and then later moved to oncology/palliative care. As a graduate of the diploma nursing program, she worked on her degree part time while working as a nurse at the hospital. She then completed the Nurse Practitioner program and her Masters in Nursing through Laurentian University on a fulltime basis, while continuing her work at the Sault Area Hospital and commuting for 2 years back and forth from Sault Ste. Marie where she lives with her husband and her then young family.

Her career as a nurse practitioner started 10 year ago in primary

DEADLINE TO REGISTER Tuesday, February 25, 2020

### **REGISTER NOW**

https://nosm.eu.gualtrics.com/jfe/form/SV 3BNd3ilhLGumRs9

#### **EVALUATION LINK**

HTTPS://NOSM.EU.QUALTRICS.COM/JFE/FORM/SV\_D0BV60WHQRBCPYV







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