

CPD OPPORTUNITY

INTRODUCTION TO SMALL GROUP FACILITATION



The *Introduction to Small Group Facilitation* module is a **5-hour self-directed, interactive, online module** that introduces the topic of small group facilitation teaching and techniques that faculty can use to facilitate successful and effective small group sessions, including strategies for preventing or mitigating challenging situations. Through a variety of activities, faculty will learn the foundational skills of small group facilitation and prepare for teaching in various small group settings. Facilitation skills will also be helpful in professional practice, as they can help meetings and professional collaborations progress more smoothly and productively.

Learning Objectives:

1. Describe the principles and education benefits of small group learning.
2. Apply effective facilitation principles and approaches in a small group learning environment.
3. Incorporate strategies to overcome challenges and barriers that may arise during a small group session.

Lesson title	Learning Objectives
Introduction to Small Group Learning	<ol style="list-style-type: none"> 1. Define small group learning. 2. Explain the characteristics of small group learning. 3. Describe the rationale behind the trend towards small group learning in medical education.
Teaching in Small Group Settings	<ol style="list-style-type: none"> 1. Examine common adult learning theories. 2. Explore small group learning environments at the Northern Ontario School of Medicine. 3. Contrast the role of the instructor and the facilitator in a small group setting. 4. Apply attributes of an effective small group facilitator. 5. Examine the most common facilitator styles. 6. Determine your personal facilitator style
Understanding Group Dynamics	<ol style="list-style-type: none"> 1. Explore personality types (Myers-Briggs Type Indicator, Keirseley Temperament Sorter). 2. Describe how the personality of a typical medical school student can affect group dynamics. 3. Discuss the Tuckman Model of Group Development 4. Identify the five stages of team development (forming, storming, norming, performing, and adjourning).
Best Practices – Steps to a Successful Small Group Session	<ol style="list-style-type: none"> 1. Implement advanced preparation strategies to optimize the opportunities for a successful small group session. 2. Apply best practices to adopt before, during, and after a small group session. 3. Incorporate concrete facilitator actions that result in successful small group sessions.
Tips, Tool & Strategies – Overcoming Common Challenges	<ol style="list-style-type: none"> 1. Explain reasons why a small group session may not be successful. 2. Explore how group dynamics can impede the progress of a small group session. 3. Apply strategies to address and overcome common challenges and barriers (the dysfunctional group, the dominant learner, the quiet learner, conflict, etc.).
Small Group Session Simulations	<ol style="list-style-type: none"> 1. Apply effective principles of small group learning to facilitate a small group session. 2. Select strategies to overcome barriers or challenges that arise during a small group session. 3. Evaluate outcomes of applied strategies.

For more information, please email us at cepd@nosm.ca



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This three-credit-per-hour Self-Directed Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified for up to 15.0 Mainpro+ credits.

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 5 hours (credits are automatically calculated).