



2019 Palliative Care Conference

Quality in Action - Our Northern Perspective

Friday, October 25, 2019

**Delta Waterfront Hotel
208 St. Mary's River Dr., Sault Ste. Marie ON, P6A 5V4**

The Northern Ontario School of Medicine's (NOSM) Palliative Care Program Planning Committee invites you to attend the 2019 Palliative Care Conference to be held in Sault Ste. Marie, Ontario. The conference will offer a number of sessions covering a wide variety of palliative care topics.

CONFERENCE OBJECTIVES

This conference aims to:

1. Identify and understand the challenges of current palliative care provision in Northern Ontario.
2. Develop a community of practice amongst palliative care providers in Northern Ontario, in all levels of palliative care (primary, secondary, and tertiary).
3. Share local successes of quality palliative care in order to highlight sustainable initiatives in palliative care in Northern Ontario.

WHO SHOULD ATTEND

This conference is targeted towards family physicians, nurse practitioners, registered nurses, medical students, medical residents, personal support workers, hospice staff, and all allied health-care professionals working with palliative patients.

Keynote Speakers



Maryse Bouvette,
BScN (Laval), MEd (Ottawa), CON(C),
CHPN (C)
Advance practice nurse, specialized
in palliative care Education and
mentoring, with a special interest in
the interprofessional education and
practice and related communication.



Hsien Seow,
PhD (Johns Hopkins), BSc (Yale),
is the Canada Research Chair
in Palliative Care and Health
System Innovation at McMaster
University and Director of the
ICES-McMaster site.
www.palliativecareinnovation.com



Barbara Pesut PhD, RN
Dr. Pesut is a Professor in the School
of Nursing at the University of British
Columbia, Okanagan and holds a Canada
Research Chair in Health, Ethics, and
Diversity. Her program of research focuses
on rural palliative care, and improving the
quality of life of older adults living at home
with advancing chronic illness.

AGENDA

Thursday, October 24, 2019 - 19:00 - 22:00

Palliative Networking Session and Entertainment (at Delta Hotel). Come mingle and meet your colleagues and other palliative providers from the north. We all have difficult jobs and maybe some laughter will help: Tim Murphy will entertain us at 8pm.

Friday, October 25, 2019

07:30 - 08:30

Breakfast and Registration

08:30 - 08:40

Welcome and Land Acknowledgement

08:45 - 09:45

Keynote Address

What it takes to create meaningful and lasting change in complex systems

Dr. Hsein Seow
PhD

Algoma Centre & West

At the end of this session, participants will be able to:

- At the end of this activity, participants will be able to list strategies for creating large-scale health system change
- At the end of this activity, participants will be able to apply the strategies to palliative care practice.

09:55 - 10:55

Keynote Address

What makes rural communities so special?

Dr. Barbara Pesut
PhD, RN

Algoma Centre & West

At the end of this session, participants will be able to:

- Understand the strengths and challenges of rural palliative care.
- Analyze the centrality of relationships to quality in rural palliative care.
- Envision policy and program adaptations for supporting a rural-specific approach to high quality palliative care.

10:55 - 11:15

REFRESHMENT BREAK - Poster Viewing

11:15 - 12:00

Choose one of the following concurrent sessions

[A1] Pain Management & Opioids in Palliative Care

Rita Mannarino
MScN, CHPCN(C), PHC-NP

Algoma Centre & West

At the end of this session, participants will be able to:

- Select appropriate analgesia & adjuvant therapies
- Initiate, titrate, and rotate opioid doses effectively
- Manage breakthrough pain & opioid side effects

[A2] Pathway to Palliative Care

Hali Pitawanakwat
BScN, RN, MEd

Algoma East

At the end of this session, participants will be able to:

- Explain the PATH tool (people assessing their own health) as it related to palliative
- Describe the journey in the development of a graphic facilitated model
- Present the graphic model and discuss transferability to other communities

[A3] Pediatric Palliative Care

Vicky Wilton
RN, MScN, APN, CHPCHc

George Simpson

At the end of this session, participants will be able to:

- Identify the differences and similarities between pediatric and adult palliative care
- Integrate advance care planning for pediatric palliative care patients
- Discuss the significance of hope when caring for pediatric palliative children

12:00 - 13:20

LUNCH - Poster Viewing

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.25 Mainpro+ credit(s)



Northern Ontario
School of Medicine
École de médecine
du Nord de l'Ontario
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CEPD
continuing education and
professional development

Friday, October 25, 2019- continued

<p>13:20 - 14:05</p>	<p>Choose one of the following concurrent sessions</p>	<p>[B1] Palliative Wound Care - Tips and Tricks</p> <p><i>Dr. Karen Booth</i> MD, CCFP</p> <p>Algoma East</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Balance patient comfort/QOL with principles of wound healing. • Manage pain and odour. • Manage bleeding and exudate. 	<p>[B2] Palliative Care Point of Care Ultrasound (PoCUS)</p> <p><i>Dr. Christine Pun</i> MD, CCFP (EM, PC) FCFP</p> <p>George Simpson</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Discuss basics of bedside PoCUS. • Discuss applications of PoCUS in Palliative Care
<p>14:10 - 14:55</p>	<p>Choose one of the following concurrent sessions</p>	<p>[C1] Methadone for pain in Palliative Care: General properties and prescribing principles</p> <p><i>Dr. Nicole Apostle</i> MD, CCFP</p> <p>Algoma East</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Discuss basic prescribing principles for safe initiation, rotation, titration and monitoring. • Identify unique pharmacologic properties of methadone • Describe indications and contraindications for use 	<p>[C2] The challenge of place of care: Hospice suites in acute care rural hospitals</p> <p>A networking and educational session for those who work in settings where hospice care is embedded in the acute care setting. Questions will be prepared in advance and participants will break into small groups to discuss question and report to large group at the end.</p> <p>Moderators: Frances Kilbertus, Maryse Bouvette, Betty Smallwood</p> <p>George Simpson</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Define tensions that arise when hospice care is co-located and practiced concurrently with acute care in rural settings • Develop strategies for identification of educational needs for care providers and hospital staff where hospice and acute care are co-located. • Create shared resources and local solutions from the northeast experience of co-located hospice care.
<p>14:55 - 15:10 REFRESHMENT BREAK - Poster Viewing</p>			
<p>15:15 - 16:15</p>	<p>Keynote Address</p>	<p>Communication: From conversations to connectedness</p> <p><i>Maryse Bouvette</i> BScN, MEd, CON(C), CHPN (C)</p> <p>Algoma Centre & West</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Understand the complexity of communication in the context of today's societal reality. • Implement communication tools effectively based on clinical scenarios • Recognize the 'therapeutic alliance': a communication tool in continuous evolution 	
<p>16:15 - 16:30 Closing Remarks/Evaluations</p>			

