



# KIDS AND CONCUSSION: WHAT YOU NEED TO KNOW

**SEPTEMBER 25, 2019**  
**7:00-8:00 P.M.**

**Location:** Vale Cavern

**Speakers:** Dr. Tara Baldisera,  
Dr. Jairus Quesnele,  
Shannon Kenrick-Rochon NP

**Registration:** Registration is not necessary, however this event is limited to the room capacity. Please feel **FREE** to contact us with any questions you may have at 807-766-7459

In recognition of **Rowan's Day**, the Continuing Education and professional Development Office (CEPD) at the Northern Ontario School of Medicine and Science North invites coaches, parents, teachers and athletes involved in any recreational sport or play where head injury is a risk to a public education session on concussions.

Participants will learn about concussion prevention, the signs of concussion, when to seek medical attention and steps to return to school and sport. **We encourage teams to use this as a practice opportunity, to raise whole team awareness about concussion and gain some knowledge that will help your understanding of Concussion Code of Conduct. Instead of being on the ice, the field, the mats, or in the pool, bring your team to this session!**

Please join us for this free event, hosted with the support of Science North.



Northern Ontario  
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**Dr. Tara Baldisera** is a family physician with a focused practice in concussion management. She is Medical Director of Sudbury Sport and Exercise Medicine Concussion Clinic - a medically supervised interdisciplinary concussion management team providing care to recreational and elite athletes and pursuing research as it relates to interdisciplinary concussion care in Northern Ontario. She is an Associate Professor at the Northern Ontario School of Medicine. She is an active member of the Family Medicine Department at Health Sciences North.

**Dr. Jairus Quesnele** is a chiropractic clinical sciences specialist and researcher with a focus in concussion management and spine rehabilitation. He is the Rehabilitation Director of Sudbury Sport and Exercise Medicine Concussion Clinic, a medically supervised concussion management and research team. He has completed a secondment at World Health Organization as a Fellow in Health Classifications and Standards in Geneva, Switzerland and is an Associate Professor at the Northern Ontario School of Medicine.

**Shannon Kenrick-Rochon** is a Nurse Practitioner with a Primary Care Specialty certificate. She completed a fellowship with the Registered Nursing Association of Ontario focused on Concussion presentations to the Emergency Department. Currently Shannon holds academic appointments with Cambrian College, Laurentian University and the Northern Ontario School of Medicine. She maintains community practice in primary care and in an inter professional team focused on Exercise medicine and concussion care. Her research focus is on the inter professional management of concussion and development of inter professional competencies in post secondary education.

