



**Friday, November 22, 2019**  
Valhalla Inn Hotel  
1 Valhalla Inn Road, Thunder Bay, ON

Given the context of remote, rural, and urban care, provided through primary and specialty care, this conference endeavors to bring the participants together to review common concerns and learning points relevant to our patient populations in an interdisciplinary setting. We hope you take the time to network with colleagues who have travelled to attend the conference from throughout Northwestern Ontario and continue conversations with conference presenters.

## **CONFERENCE OBJECTIVES**

This conference aims to:

1. Identify common best practice approaches to the management of antepartum and intrapartum care.
2. Discuss common gynecological issues faced by women throughout their lifespan.
3. Create a community of best practice for women's health in Northwestern Ontario.

## **WHO SHOULD ATTEND**

This conference is targeted to family physicians, specialists, nurse practitioners, registered nurses, midwives, allied health professionals, medical learners, and all health care disciplines with an interest in women's health.

## **ACCREDITATION**

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.5 Mainpro+ credits.

Claiming your credits: Please submit your credits for this activity online at [www.cfpc.ca/login](http://www.cfpc.ca/login). Please retain proof of your participation for six (6) years in case you are selected to participate in credit validation or auditing.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 5.5 hours (credits are automatically calculated).

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## **PLANNING COMMITTEE**

Debra Bishop, NP; Dr. James Goertzen; Carey Murphy, RM; Dr. Amber Dudar; Dr. Frank Potestio; Dr. Laura Power; Dr. Kara TenHoeve; and, Dr. Ryan Zufelt; Dr. Celia Sprague



## VENUE

If you require overnight accommodation for this event, please contact:

**Valhalla Inn Hotel**  
1 Valhalla Inn Road, Thunder Bay, ON  
Tel: (807) 577-1121

Rate: \$119.00 CAD/night + tax  
Book your stay by calling hotel directly.  
Room Block Code: 191121NOSM

## CONFERENCE FEES

Early bird prices in effect until September 15, 2019

### Physicians:

Early Bird \$130.00 CAD Regular \$150

### Nurses, Nurse Practitioners, and Allied Health Professionals:

Early Bird \$100.00 CAD Regular \$120

### Residents and All Medical Learners:

Early Bird \$35.00 CAD Regular \$45

## REGISTRATION INFORMATION

The registration deadline is **Thursday, November 21, 2019**. Enrollment is limited — Walk-ins welcome upon availability

[Register Here](#)

Registration fees will grant you admission to the Friday conference, which will include breakfast, nutrition breaks, lunch, conference participant package and access to an electronic copy of each presentation.

Concurrent session registration will be allocated on a first come, first served basis.

The NOSM CEPD office reserves the right to cancel courses if required. Registrants will be notified as early as possible if this course is cancelled. Registration fees for courses cancelled by NOSM CEPD office will be refunded; however NOSM CEPD will not be liable for any loss, damage, or other expenses that such cancellation may cause. In the event that a participant needs to withdraw from the program after registering, refunds (less a \$50.00 CAD fee) will be issued if the cancellation of registration is provided in writing to the CEPD office before

For more information, please visit [nosm.ca](http://nosm.ca) or contact:

**Sarah Bazinet**  
Continuing Education and Professional Development (CEPD)  
Program Coordinator

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# AGENDA

FRIDAY, NOVEMBER 22, 2019

08:00 - 08:30	<b>Registration and Breakfast</b>	<b>Valhalla Inn Hotel</b> 1 Valhalla Inn Road   Thunder Bay, Ontario
08:30 - 08:40	<b>Welcome and Opening Remarks</b>  <i>Dr. Laura Power</i>	
08:45 - 09:30	<b>Pelvic Pain</b>  <i>Dr. Nick Leyland</i>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Identify the etiologies of chronic pelvic pain</li> <li>Compare potential investigations for pelvic pain</li> <li>Describe medical treatment options for pelvic pain</li> </ul>	
09:35 - 10:35	<b>Concurrent Sessions</b>	
	<b>Pelvic Organ Prolapse</b>  <i>Dr. Frank Potestio</i>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Classify and quantify the compartments of pelvic organ prolapse (POP).</li> <li>Plan the evaluation and appropriate referral of women with problematic POP.</li> <li>Select an ongoing maintenance and monitoring plan for of a women with a pessary in place.</li> </ul>	<b>Sexual Dysfunction</b>  <i>Dr. Laura Power &amp; Dr. Amber Dudar</i>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Define and describe female sexual dysfunctions.</li> <li>Identify key elements of a sexual dysfunction history.</li> <li>Select an appropriate treatment or referral option for a patient with sexual dysfunction</li> </ul>
10:35 - 11:00	<b>REFRESHMENT BREAK</b>	
11:00 - 11:30	<b>Vulvar Dermatologic Lesions</b>  <i>Dr. Lindsay Churchley</i>  This lecture is a review of the new SOGC Canadian Contraception Consensus. At the conclusion of this lecture participants will: <ul style="list-style-type: none"> <li>Describe key aspects of the history and physical examination for the assessment of a woman with a vulvar skin lesion.</li> <li>List indications for the biopsy of a vulvar lesion.</li> <li>Identify common vulvar skin lesions including candidiasis, dermatitis (atopic and contact), psoriasis, lichen planus, lichen sclerosis, HPV infection, and squamous intraepithelial lesions.</li> </ul>	
11:30 - 12:00	<b>Abnormal Uterine Bleeding</b>  <i>Dr. Nick Leyland</i>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Define and describe abnormal uterine bleeding</li> <li>Classify abnormal uterine bleeding after undertaking a history, physical exam, and targeted investigations</li> <li>List hormonal, non-hormonal, and surgical treatment options for the treatment of abnormal uterine bleeding.</li> </ul>	
12:00 - 13:00	<b>LUNCH</b>	

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13:00- 13:45	<b>TORCH and Zika Virus Infections in Pregnancy</b>  <b>Dr. Vanessa Poliquin</b>  At the conclusion of this lecture, with respect to the patient with obesity and the patient who has undergone bariatric surgery, participants will be able to: <ul style="list-style-type: none"> <li>Recognize key aspects in a patient's history which are indications for a TORCH or Zika screen</li> <li>Interpret the laboratory results of a Zika or TORCH screen.</li> <li>Choose appropriate referral and follow up of pregnant patients at risk for TORCH or Zika infections.</li> </ul>	
13:50- 14:50	<b>Concurrent Sessions</b>	
	<b>IUGR</b>  <b>Dr. Rudolf Novak</b>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Identify maternal, fetal and placental risk factors for IUGR in the antenatal period</li> <li>Recommend a management plan for a pregnancy complicated by IUGR</li> <li>Describe short- and long-term implications of IUGR with mother and baby.</li> </ul>	<b>Panel: Opioids in Pregnancy</b>  <b>Dr. Jumah, Lisa Bishop RM, Dr. Finn</b>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>List various approaches to caring for women with opioid-exposure in their pregnancies.</li> <li>Identify treatment strategies for Neonatal Abstinence Syndrome.</li> <li>Build best practice into the provision of care for women and babies with pregnancy related opioid exposure.</li> </ul>
14:50 – 15:10	<b>REFRESHMENT BREAK</b>	
15:10 - 15:40	<b>Caring for the Hepatitis C Positive Patient</b>  <b>Dr. Vanessa Poliquin</b>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Demonstrate appropriate screening and preconception patient counseling about HCV.</li> <li>Identify methods to reduce maternal-fetal transmission of HCV</li> <li>Assess infants born to HCV positive mothers for evidence of hepatitis C infection.</li> </ul>	
15:40 - 16:00	<b>Trauma Based Care</b>  <b>Lisa Bishop RM &amp; Dr. Naana Afua Jumah</b>  At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>Analyze trauma awareness as a model of practice for women's reproductive health</li> <li>Engage in critical self reflection and it's role in trauma aware practice</li> <li>Demonstrate an oppression relational practice in fostering trust based relationships with patients</li> </ul>	
16:15 - 16:30	<b>Conference Wrap-up</b>	

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**CEPD**  
continuing education and  
professional development



## NOTES

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## ADVERTISING



# NOTES

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**This program has received educational grants from:**

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