



# 2019 Palliative Care Conference

## Quality in Action - Our Northern Perspective

**Friday, October 25, 2019**

**Delta Waterfront Hotel**

**208 St. Mary's River Dr., Sault Ste. Marie ON, P6A 5V4**

The Northern Ontario School of Medicine's (NOSM) Palliative Care Program Planning Committee invites you to attend the 2019 Palliative Care Conference to be held in Sault Ste. Marie, Ontario. The conference will offer a number of sessions covering a wide variety of palliative care topics.

### CONFERENCE OBJECTIVES

This conference aims to:

1. Identify and understand the challenges of current palliative care provision in Northern Ontario.
2. Develop a community of practice amongst palliative care providers in Northern Ontario, in all levels of palliative care (primary, secondary, and tertiary).
3. Share local successes of quality palliative care in order to highlight sustainable initiatives in palliative care in Northern Ontario.

### WHO SHOULD ATTEND

This conference is targeted towards family physicians, nurse practitioners, registered nurses, medical students, medical residents, personal support workers, hospice staff, and all allied health-care professionals working with palliative patients.



Northern Ontario  
School of Medicine  
École de médecine  
du Nord de l'Ontario  
ᑭᓄᓄᓄᓄ ᑭᓄᓄᓄᓄ  
L'ᓄᓄᓄᓄ ᑭᓄᓄᓄᓄ

# AGENDA

Friday, October 25, 2019

07:30 - 08:30	<b>Breakfast and Registration</b>			
08:30 - 08:40	<b>Welcome Remarks and Housekeeping</b>			
08:45 - 09:45	Keynote Address	<p><b>What it takes to create meaningful and lasting change in complex systems</b></p> <p><b>Dr. Hsein Seow</b> <i>MD,CCFP</i></p> <p><b>Georgian D/E</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>At the end of this activity, participants will be able to list strategies for creating large-scale health system change</li> <li>At the end of this activity, participants will be able to apply the strategies to palliative care practice.</li> </ul>		
09:55 - 10:55		<p><b>What makes rural communities so special?</b></p> <p><b>Dr. Barbara Pesut</b> <i>MD,CCFP</i></p> <p><b>Georgian D/E</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>Understand the strengths and challenges of rural palliative care.</li> <li>Analyze the centrality of relationships to quality in rural palliative care.</li> <li>Envision policy and program adaptations for supporting a rural-specific approach to high quality palliative care.</li> </ul>		
10:55 - 11:15	<b>REFRESHMENT BREAK - Poster Viewing</b>			
11:15 - 12:00	Choose one of the following concurrent sessions	<p><b>[A1] Pain Management &amp; Opioids in Palliative Care</b></p> <p><b>Rita Mannarino</b> <i>MScN, CHPCN(C), PHC-NP</i></p> <p><b>Georgian A</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>Select appropriate analgesia &amp; adjuvant therapies</li> <li>Initiate, titrate, and rotate opioid doses effectively</li> <li>Manage breakthrough pain &amp; opioid side effects</li> </ul>	<p><b>[A2] Pathway to Palliative Care</b></p> <p><b>Hali Pitawanakwat</b> <i>BScN, RN, MEd</i></p> <p><b>Georgian C</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>Explain the PATH tool (people assessing their own health) as it related to palliative</li> <li>Describe the journey in the development of a graphic facilitated model</li> <li>Present the graphic model and discuss transferability to other communities</li> </ul>	<p><b>[A3] Pediatric Palliative Care</b></p> <p><b>Vicky Wilton</b> <i>RN, MScN, APN, CHPChc</i></p> <p><b>Georgian B</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>Identify the differences and similarities between pediatric and adult palliative care</li> <li>Integrate advance care planning for pediatric palliative care patients</li> <li>Discuss the significance of hope when caring for pediatric palliative children</li> </ul>
12:00 - 13:20		<b>LUNCH - Poster Viewing</b>		

Friday, October 25, 2019- continued

<p>13:20 - 14:05</p>	<p>Choose one of the following concurrent sessions</p>	<p><b>[B1] Palliative Wound Care - Tips and Tricks</b></p> <p><i>Dr. Karen Booth</i> MD, CFPC</p> <p><b>Georgian A</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Balance patient comfort/QOL with principles of wound healing.</li> <li>• Manage pain and odour.</li> <li>• Manage bleeding and exudate.</li> </ul>	<p><b>[B2] Working together to make a difference: The creation of the Timmins Integrated Palliative Care Team</b></p> <p><i>Marnie Chisholm</i> Nurse Practitioner</p> <p><b>Celine Lamb</b> Nurse Practitioner</p> <p><b>Georgian C</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss the practical aspects of building an integrated palliative care team utilizing existing community resources with limited funding.</li> <li>• Deliver quality care to all patients living with a progressive, life-limiting illness.</li> <li>• Develop a collaborative model with improved access and efficiency.</li> </ul>	<p><b>[B3] Palliative Care Point of Care Ultrasound (PoCUS)</b></p> <p><i>Dr. Christine Pun</i> MD, CFPC (EM, PC) FCFP</p> <p><b>Dr. Candice Walton</b> MD, CFPC</p> <p><b>Georgian B</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss basics of bedside PoCUS.</li> <li>• Discuss applications of PoCUS in Palliative Care</li> </ul>
<p>14:10 - 14:55</p>	<p>Choose one of the following concurrent sessions</p>	<p><b>[C1] Methadone for pain in Palliative Care: General properties and prescribing principles</b></p> <p><i>Dr. Nicole Apostle</i> MD, CFPC</p> <p><b>Georgian A</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Discuss basic prescribing principles for safe initiation, rotation, titration and monitoring.</li> <li>• Identify unique pharmacologic properties of methadone</li> <li>• Describe indications and contraindications for use</li> </ul>	<p><b>[C2] The challenge of place of care: Hospice suites in acute care rural hospitals</b></p> <p>A networking and educational session for those who work in settings where hospice care is embedded in the acute care setting . Questions will be prepared in advance and participants will break into small groups to discuss question and report to large group at the end.</p> <p><b>Moderators: Frances Kilbertus, Maryse Bouvette, Betty Smallwood</b></p> <p><b>Georgian B</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Define tensions that arise when hospice care is co-located and practiced concurrently with acute care in rural settings</li> <li>• Develop strategies for identification of educational needs for care providers and hospital staff where hospice and acute care are co-located.</li> <li>• Create shared resources and local solutions from the northeast experience of co-located hospice care.</li> </ul>	
<p>14:55 - 15:10 REFRESHMENT BREAK - Poster Viewing</p>				
<p>15:15 - 16:15</p>	<p>Keynote Address</p>	<p><b>Communication: From conversations to connectedness</b></p> <p><i>Maryse Bouvette</i> Advance Practice Nurse - Ottawa</p> <p><b>Georgian D/E</b></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> <li>• Understand the complexity of communication in the context of today's societal reality.</li> <li>• Implement communication tools effectively based on clinical scenarios</li> <li>• Recognize the 'therapeutic alliance': a communication tool in continuous evolution</li> </ul>		
<p>16:15 - 16:30 Closing Remarks/Evaluations</p>				



# 2019 Palliative Care Conference

## VENUE

If you require overnight accommodation for this event, please contact:

### DELTA WATERFRONT HOTEL

208 St. Mary's River Dr.  
Sault Ste. Marie, ON P6A 5V4  
Tel: 705-949-0611

Rate: \$105.00 CAD/night + tax (Standard Room) OR \$115 + tax (King room)  
Book your stay by visiting: [Book your group rate for Quality in Action - Our Northern Perspective](#)

## CONFERENCE FEES

Physicians:  
\$125.00 CAD  
Nurses, Nurse Practitioners, and Allied Health Professionals:  
\$80.00 CAD  
Residents and All Medical Learners:  
\$40.00 CAD

## REGISTRATION INFORMATION

The registration deadline is **Friday, October 11, 2019**. Enrollment is limited — please register early.

### Registration open soon!

Registration fees will grant you admission to the Friday conference, which will include breakfast, nutrition breaks, lunch, conference participant package and access to an electronic copy of each presentation.

Concurrent session registration will be allocated on a first come, first served basis.

The NOSM CEPD office reserves the right to cancel courses if required. Registrants will be notified as early as possible if this course is cancelled. Registration fees for courses cancelled by NOSM CEPD office will be refunded; however NOSM CEPD will not be liable for any loss, damage, or other expenses that such cancellation may cause. In the event that a participant needs to withdraw from the program after registering, refunds (less a \$50.00 CAD fee) will be issued if the cancellation of registration is provided in writing to the CEPD office before Friday, October 11, 2019.

For more information, please visit [nosm.ca/palliativecare](http://nosm.ca/palliativecare) or contact:

Sarah Bazinet  
Continuing Education and Professional Development (CEPD) Program Coordinator

Northern Ontario School of Medicine  
935 Ramsey Lake Road  
Sudbury, ON  
P3E 2C6  
Tel: 705-662-7117  
Fax: 705-662-7262  
Email: [sbazinet@nosm.ca](mailto:sbazinet@nosm.ca)



Northern Ontario  
School of Medicine  
École de médecine  
du Nord de l'Ontario  
ᑭᓄᓄᓄᓄ ᑭᓄᓄᓄᓄ  
ᑭᓄᓄᓄᓄ ᑭᓄᓄᓄᓄ