

## CONCUSSION **DIAGNOSIS & TREATMENT:**



WHAT YOU NEED TO KNOW

This two-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6 Mainpro+ credits.

This activity is an Accredited Self-Assessment Program (Section 3) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 3.0 hours (credits are automatically calculated).

## **Concussion Program Description:**

The primary care concussion workshop will provide primary care providers with the terminology, skills and resources to appropriately assess and manage concussion injuries. The workshop will also help providers to identify when it is appropriate to refer to a concussion expert. This face-to-face workshop will offer a blended educational approach by first ensuring that all participants have an understanding of current best practices and incidence of concussion in northern Ontario. Learners will then participate in facilitated, small group learning using cases that demonstrate the progression and various considerations in the care of a patient with concussion. An opportunity for practice reflection will provide participants with the opportunity to share experiences and obtain feedback from their peers and from the facilitator.

## **Learning Objectives:**

- Define concussion, incidence and expected recovery
- Discuss return to learn and return to play protocol with patient and family
- Assess the impact of other health conditions masked by concussion and their impact on concussion recovery
- Discuss considerations in recurrent concussions
- Determine appropriate management and identify when to refer

Time	Session Title	Speaker/Facilitator
	Thunder Bay: September 27, 2019 8:00-12:00 (NOSM BSC	C 1014)
8:00 a.m.	Registration and Breakfast	
8:45 a.m.	Welcome and Introductions	
8 :50 a.m.	<ul> <li>Concussion Diagnosis and Treatment: What You Need to know</li> <li>Learning Objectives:</li> <li>Collaborate and communicate using current terminology and understanding (Presentation): Presentation 20 min. Discussion 10 min.</li> </ul>	Dr. David McKee MD
9:30 a.m.	<ul> <li>Facilitated Small Group Case discussions</li> <li>Using a Problem-Based small group learning approach, partici-pants will work through three cases. Following each case, the full group will discuss the approach that each small group took.</li> <li>Learning Objectives: <ul> <li>Apply concepts and tools provided</li> <li>(15 minutes for small group and 15 minutes for full group, per case)</li> </ul> </li> </ul>	Dr. David McKee MD
11:00 a.m.	Break	
11:10 a.m.	Facilitated Practice Reflection and Discussion (Discussion of cases from your practice)	Facilitated Table Discussion
11:45 a.m.	Concussion Diagnosis and Treatment : What You Need to know (Presentation cont'd)	
11:55 a.m.	Evaluation and Closing	

## To REGISTER click **HERE** (Registration fee: \$300)