2019 Palliative Care Conference Quality in Action - Our Northern Perspective

Friday, October 25, 2019

Delta Waterfront Hotel 208 St. Mary's River Dr., Sault Ste. Marie ON, P6A 5V4

The Northern Ontario School of Medicine's (NOSM) Palliative Care Program Planning Committee invites you to attend the 2019 Palliative Care Conference to be held in Sault Ste. Marie, Ontario. The conference will offer a number of sessions covering a wide variety of palliative care topics.

CONFERENCE OBJECTIVES

This conference aims to:

- 1. Identify and understand the challenges of current palliative care provision in Northern Ontario.
- 2. Develop a community of practice amongst palliative care providers in Northern Ontario, in all levels of palliative care (primary, secondary, and tertiary).
- 3. Share local successes of quality palliative care in order to highlight sustainable initiatives in palliative care in Northern Ontario.

WHO SHOULD ATTEND

This conference is targeted towards family physicians, nurse practitioners, registered nurses, medical students, medical residents, personal support workers, hospice staff, and all allied health-care professionals working with palliative patients.



Maryse Bouvette, BScN (Laval), MEd (Ottawa), CON(C), CHPN (C) Advance practice nurse, specialized in palliative care Education and mentoring, with a special interest in the interprofessional education and practice and related communication.

Keynote Speakers



Hsien Seow, PhD (Johns Hopkins), BSc (Yale), is the Canada Research Chair in Palliative Care and Health System Innovation at McMaster University and Director of the ICES-McMaster site.

www.palliativecareinnovation.com



Barbara Pesut PhD, RN Dr. Pesut is a Professor in the School of Nursing at the University of British Columbia, Okanagan and holds a Canada Research Chair in Health, Ethics, and Diversity. Her program of research focuses on rural palliative care, and improving the quality of life of older adults living at home with advancing chronic illness.

AGENDA

Thursday, October 24, 2019 - 19:00 - 22:00

Palliative Networking Session and Entertainment (at Delta Hotel). Come mingle and meet your colleagues and other palliative providers from the north. We all have difficult jobs and maybe some laughter will help: Tim Murphy will entertain us at 8pm.

Friday, October 25, 2019								
07:30 - 08:30	bei	Breakfast and Registration						
08:30 - 08:40		Welcome Remarks and Housekeeping						
08:45 - 09:45	Keynote Address	What it takes to create meaningful and lasting change in complex systems Dr. Hsein Seow PhD At the end of this session, participants will be able to: • At the end of this activity, participants will be able to list strategies for creating large-scale health system change • At the end of this activity, participants will be able to apply the strategies to palliative care practice.						
09:55 - 10:55	Keynote Address	What makes rural communities so special? Dr. Barbara Pesut PhD, RN At the end of this session, participants will be able to: • Understand the strengths and challenges of rural palliative care. • Analyze the centrality of relationships to quality in rural palliative care. • Envision policy and program adaptations for supporting a rural-specific approach to high quality palliative care.						
10:55 - 11:15		REFRESHMENT BREAK - Poster Viewing						
11:15 - 12:00	Choose one of the following concurrent sessions	 [A1]Pain Management & Opioids in Palliative Care <i>Rita Mannarino</i> <i>MSCN, CHPCN(C), PHC-NP</i> At the end of this session, participants will be able to: Select appropriate analgesia & adjuvent therapies Initiate, titrate, and rotate opioid doses effectively Manage breakthrough pain & opioid side effects 	 [A2] Pathway to Palliative Care Hali Pitawanakwat BScN, RN, MEd At the end of this session, participants will be able to: Explain the PATH tool (people assessing their own health) as it related to palliative Describe the journey in the development of a graphic facilitated model Present the graphic model and discuss transferability to other communities 	 [A3] Pediatric Palliative Care Vicky Wilton RN, MScN, APN, CHPCHc At the end of this session, participants will be able to: Identify the differences and similarities between pediatric and adult palliative care Integrate advance care planning for pediatric palliative care patients Discuss the significance of hope when caring for pediatric palliative children 				
12:00 - 13:20 LUNCH - Poster Viewing								

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by theContinuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.25 Mainpro+ credit(s)



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Friday, October 25, 2019- continued							
	sions	[B1] Palliative Wound Care - Tips and Tricks	[B2] Working together to make a difference: The creation of the Timmins Integrated Palliative Care Team	[B3] Palliative Care Point of Care Ultrasound (PoCUS)			
13:20 - 14:05	Choose one of the following concurrent sessions	Dr. Karen Booth MD, CCFP	Marnie Chisholm Nurse Practitioner	Dr. Christine Pun MD, CCFP (EM, PC) FCFP			
			Celine Lamb Nurse Practitioner	Dr. Candice Walton MD, CCFP			
		 At the end of this session, participants will be able to: Balance patient comfort/QOL with principles of wound healing. Manage pain and odour. Manage bleeding and exudate. 	 At the end of this session, participants will be able to: Discuss the practical aspects of building an integrated palliative care team utilizing existing community resources with limited funding. Deliver quality care to all patients living with a progressive, life-limiting illness. Develop a collaborative model with improved access and efficiency. 	 At the end of this session, participants will be able to: Discuss basics of bedside PoCUS. Discuss applications of PoCUS in Palliative Care 			
		[C1] Methadone for pain in Palliative Care: General properties	[C2] The challenge of place of care: Hospice suites in acute care rural hospitals				
14:10 - 14:55	Choose one of the following concurrent sessions	and prescribing principles	A networking and educational session for those who work in settings where hospice care is embedded in the acute care setting . Questions will be prepared in advance and participants will break into small groups to discuss question and report to large group at the end. Moderators: Frances Kilbertus, Maryse Bouvette, Betty Smallwood				
		 MD, CCFP At the end of this session, participants will be able to: Discuss basic prescribing principles for safe initiation, rotation, titration and monitoring. Identify unique pharmacologic properties of methadone Describe indications and contraindications for use 	 At the end of this session, participants will be able to: Define tensions that arise when hospic acute care in rural settings Develop strategies for identification of where hospice and acute care are co-lo 	ce care is co-located and practiced concurrently with educational needs for care providers and hospital staff			
14:55 - 15:10		REFRESHMENT BREAK - Poster Viewing					
15:15 - 16:15	Keynote Address	Communication: From conversations to connectedness Maryse Bouvette BScN, MEd, CON(C), CHPN (C) At the end of this session, participants will be able to: • Understand the complexity of communication in the context of today's societal reality. • Implement communication tools effectively based on clinical scenarios • Recognize the 'therapeutic alliance':a communication tool in continuous evolution					
16.15 16.20		Closing Remarks/Evaluations					



2019 Palliative Care Conference

VENUE

If you require overnight accommodation for this event, please contact:

DELTA WATERFRONT HOTEL

208 St. Mary's River Dr. Sault Ste. Marie, ON P6A 5V4 Tel: 705-949-0611

Rate: \$105.00 CAD/night + tax (Standard Room) OR \$115 + tax (King room)

Book your stay by visiting: Book your group rate for Quality in Action - Our Northern Perspective

CONFERENCE FEES

Physicians: \$125.00 CAD Nurses, Nurse Practioners, and Allied Health Professionals: \$80.00 CAD Residents and All Medical Learners: \$40.00 CAD

Register Here

THURSDAY, OCTOBER 24, 2019 - ADDITIONAL EVENTS

5:00 - 7:00 pm - Algoma Residential Community Hospice (ARCH) is offering a reception and tour for those interested. More information available upon registration for conference.

7:00 -10:00 pm - Palliative Networking Session and Entertainment (at Delta Hotel). Come mingle and meet your colleagues and other palliative providers from the north. We all have difficult jobs and maybe some laughter will help: Tim Murphy will entertain us at 8pm. Event is free to conference registrants and you may purchase <u>one</u> additional ticket for \$15.

REGISTRATION INFORMATION

The registration deadline is Friday, October 11, 2019. Enrollment is limited — please register early.

Registration fees will grant you admission to the Friday conference, which will include breakfast, nutrition breaks, lunch, conference participant package and access to an electronic copy of each presentation.

The NOSM CEPD office reserves the right to cancel courses if required. Registrants will be notified as early as possible if this course is cancelled. Registration fees for courses cancelled by NOSM CEPD office will be refunded; however NOSM CEPD will not be liable for any loss, damage, or other expenses that such cancellation may cause. In the event that a participant needs to withdraw from the program after registering, refunds (less a \$50.00 CAD fee) will be issued if the cancellation of registration is provided in writing to the CEPD office before Friday, October 11, 2019.

For more information, please visit **nosm.ca/palliativecare** or contact:

Sarah Bazinet Continuing Education and Professional Development (CEPD) Program Coordinator

Northern Ontario School of Medicine 935 Ramsey Lake Road Sudbury, ON P3E 2C6 Tel: 705-662-7117 Fax: 705-662-7262 Email: **sbazinet@nosm.ca** This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by theContinuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.25 Mainpro+ credit(s)



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