



CONCUSSION

DIAGNOSIS & TREATMENT:

WHAT YOU NEED TO KNOW

Concussion Program Description :

The primary care concussion workshop will provide primary care providers with the terminology, skills and resources to appropriately assess and manage concussion injuries. The workshop will also help providers to identify when it is appropriate to refer to a concussion expert. This face-to-face workshop will offer a blended educational approach by first ensuring that all participants have an understanding of current best practices and incidence of concussion in northern Ontario. Learners will then participate in facilitated, small group learning using cases that demonstrate the progression and various considerations in the care of a patient with concussion. An opportunity for practice reflection will provide participants with the opportunity to share experiences and obtain feedback from their peers and from the facilitator.

Learning Objectives:

- Define concussion, incidence and expected recovery
- Recognize an athlete at risk of concussion
- Discuss return to learn and return to play protocol with patient and family
- Assess the impact of other health conditions masked by concussion and their impact on concussion recovery
- Discuss considerations in recurrent concussions
- Determine appropriate management and identify when to refer

Time	Session Title	Speaker/Facilitator
June 7, 2019 8:00-12:00 (Thunder Bay) / June 14, 2019 8:00-12:00 (Sudbury)		
8 :00 a.m.	<i>Registration and Breakfast</i>	
8 :45 a.m.	Welcome and Introductions	
8 :50 a.m.	Concussion Diagnosis and Treatment: What You Need to know Learning Objectives: <ul style="list-style-type: none"> • collaborate and communicate using current terminology and understanding (Presentation): Presentation 20 min. Discussion 10 min.	Dr. David McKee MD / Dr. Tara Baldisera MD Dr. Jairus Quesnelle DC Ms. Shannon Kenrick NP
9:30 a.m.	Facilitated Small Group Case discussions Using a Problem-Based small group learning approach, participants will work through three cases. Following each case, the full group will discuss the approach that each small group took. Learning Objectives: <ul style="list-style-type: none"> • Apply concepts and tools provided (15 minutes for small group and 15 minutes for full group, per case)	Dr. David McKee MD / Dr. Tara Baldisera MD Dr. Jairus Quesnelle DC Ms. Shannon Kenrick NP
11:00 a.m.	<i>break</i>	
11:10 a.m.	Facilitated Practice Reflection and Discussion (Discussion of cases from your practice)	Facilitated Table Discussion
11:45 a.m.	Concussion Diagnosis and Treatment : What You Need to know (Presentation cont'd)	
11:55 a.m.	Evaluation and Closing	