



Friday, October 26, 2018

Valhalla Inn Hotel

1 Valhalla Inn Road, Thunder Bay, ON

Given the context of remote, rural, and urban care, provided through primary and specialty care, this conference endeavors to bring the participants together to review common concerns and learning points relevant to our patient populations in an interdisciplinary setting. We hope you take the time to network with colleagues who have travelled to attend the conference from throughout Northwestern Ontario and continue conversations with conference presenters.

CONFERENCE OBJECTIVES

This conference aims to:

1. Identify common best practice approaches to the management of antepartum and intrapartum care.
2. Discuss common gynecological issues faced by women throughout their lifespan.
3. Create a community of best practice for women's health in Northwestern Ontario.

WHO SHOULD ATTEND

This conference is targeted to family physicians, specialists, nurse practitioners, registered nurses, midwives, allied health professionals, medical learners, and all health care disciplines with an interest in women's health.

ACCREDITATION

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.75 Mainpro+ credits.

Claiming your credits: Please submit your credits for this activity online at www.cfpc.ca/login. Please retain proof of your participation for six (6) years in case you are selected to participate in credit validation or auditing.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine. You may claim a maximum of 5.75 hours (credits are automatically calculated).

PLANNING COMMITTEE

Debra Bishop, NP; Dr. James Goertzen; Carey Murphy, RM; Dr. Terry O'Driscoll; Dr. Frank Potestio; Dr. Laura Power; Dr. Kara TenHoeve; and, Dr. Ryan Zufelt

AGENDA

FRIDAY, OCTOBER 26, 2018

08:00 - 08:45	Registration and Breakfast	Valhalla Inn Hotel 1 Valhalla Inn Road Thunder Bay, Ontario
08:45 - 09:00	Welcome and Opening Remarks <i>Dr. Laura Power</i>	
09:00 - 10:00	Choosing Wisely <i>Dr. Linda Stirk</i> At the end of this session, participants will be able to: <ul style="list-style-type: none">Engage in conversations with their patients to avoid ordering unnecessary tests while making effective choices supporting high quality care.List tests and treatments that should not be performed in routine gynecologic practice.Identify tests and treatments that should not be done in routine obstetrical care.	
10:00 - 10:20	Gonorrhea, Chlamydia, Hepatitis C: Update on the Changing Epidemiology and Treatment in Northwestern Ontario <i>Dr. Emily Groot</i> At the end of this session, participants will be able to: <ul style="list-style-type: none">Discuss the Northwestern Ontario epidemiology for gonorrhea, chlamydia, and Hepatitis C.Order appropriate tests for gonorrhea, chlamydia, Hepatitis C including a Viral Load and how to interpret the results.Treat gonorrhea and chlamydia according to Public Health Ontario Guidelines.Complete the chlamydia and gonorrhea follow-up form from the Thunder Bay District Health Unit.	
10:20 - 10:40	Medical Treatment of Menopause <i>Dr. Laura Power</i> At the end of this session, participants will be able to: <ul style="list-style-type: none">Develop a patient centered approach to the treatment of a patient's menopausal symptoms.List the hormonal and non-hormonal prescription formulations in Canada and describe how they are used.Counsel patients on the risks, benefits, and relative safety of menopause therapies.	
10:40 - 11:00	REFRESHMENT BREAK	
11:00 - 11:20	Contraception Pearls <i>Dr. Brienne Bodkin</i> This lecture is a review of the new SOGC Canadian Contraception Consensus. At the conclusion of this lecture participants will: <ul style="list-style-type: none">Discuss indications and contraindications of LARC methods, OCP and depo-provera.Identify common myths and misperceptions about adverse effects and contraindications to various methods of contraception.Select an appropriate method of contraception for a particular patient.	
11:20 - 11:40	Evaluation and Management of Urinary Incontinence <i>Dr. Frank Potestio</i> At the end of this session, participants will be able to: <ul style="list-style-type: none">Identify the types of urinary incontinence (UI) and clinical features for each.Initiate the evaluation and appropriate triaging of UI.Counsel and manage women with problematic UI prior to referral.	
11:40 - 12:00	A Primary Care Approach to Ovarian Cysts <i>Dr. Andrew Siren</i> At the end of this session, participants will be able to: <ul style="list-style-type: none">Organize appropriate investigation, referral, and follow up care of pre- and post-menopausal patients with ovarian cysts.Interpret the role of CA 125 in the management of patients with ovarian cysts.Identify non-specific symptoms of ovarian cancer and perform a risk assessment for malignancy.	

12:00 - 12:20	<p>Medical Abortion</p> <p><i>Dr. Louise Knowles</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Develop competency in counselling patients regarding medical vs surgical options for abortion. • Identify who is eligible for Mifegymiso (Mifepristone and Misoprostol) and referral options. • Identify post-Mifegymiso complications and treatment options.
12:20- 13:00	<p>LUNCH</p>
13:00- 14:00	<p>Approach to the Bariatric Pregnant Patient</p> <p><i>Dr. Rohan D'Souza</i></p> <p>At the conclusion of this lecture, with respect to the patient with obesity and the patient who has undergone bariatric surgery, participants will be able to:</p> <ul style="list-style-type: none"> • Manage unique issues in antenatal care. • Prepare for delivery and select the appropriate timing of delivery. • Discuss unique concerns that occur in labour.
14:00 – 14:20	<p>Substance Use in Pregnancy 101</p> <p><i>Dr. Naana Jumah</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Examine the risk of marijuana use in pregnancy. • Assess the maternity care impact of the cocaine and crack influx into our region. • Update current guidelines for treatment of opioid dependency in pregnancy.
14:20 – 14:40	<p>Antidepressant use and Depression in Pregnancy</p> <p><i>Dr. James Goertzen</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Demonstrate risks to mother and infant of untreated depression in pregnancy. • Incorporate Edinburgh Depression Scale into the provision of antenatal and postnatal care. • Select appropriate nonpharmacological and SSRI options for treatment of perinatal depression.
14:40 – 14:55	<p>REFRESHMENT BREAK</p>
14:55 – 15:15	<p>Approach to First Trimester Care</p> <p><i>Dr. Amber Dudar</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Carry out an antenatal history using the Ontario Antenatal Record (OAR). • Determine what antenatal testing should be offered and when. • Identify pregnant women with risk factors that require early medical intervention and appropriate consultation.
15:15 – 15:35	<p>Cholestasis in Pregnancy</p> <p><i>Eileen Abbey</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Identify signs and symptoms of cholestasis of pregnancy. • Select and interpret relevant investigations. • Manage symptoms and plan for delivery based on current guidelines.
15:35 – 15:55	<p>Post Dates</p> <p><i>Dr. Henry Fairley</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Define the term “post dates” for various pregnant patient populations. • Identify an appropriate timing for induction of labour for post dates. • Examine the risk of caesarean section for induction of labour for post dates.
15:55 – 16:00	<p>Conference Wrap-up</p>

The logo features a background of overlapping, semi-transparent geometric shapes in shades of purple, pink, and orange. The text is centered and reads: Northern Ontario Women's Health Conference. The word "Women's" is the largest and most prominent, with a white female symbol (♀) integrated into the letter 'o'.

Northern Ontario
Women's Health
Conference

NOTES

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NOTES

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