



NORTHERN ONTARIO PEDIATRIC CONFERENCE

Seventh Annual Northern Ontario Pediatrics Conference

Friday, May 10, 2019
United Steelworkers Hall
66 Brady Street, Sudbury, ON

The Northern Ontario School of Medicine (NOSM), the North Eastern Ontario Health Centre for Kids (NEO Kids), and the North Bay Pediatric Group welcome you to attend the seventh annual Northern Ontario Pediatrics Conference. The conference will be held in Sudbury, Ontario. The day will offer a number of sessions covering a wide variety of pediatric topics, with special attention in the plenary session given to the impact of the electronic age and youth mental health and medical uses of CBD oil.

CONFERENCE OBJECTIVES

After attending this conference, participants will be able to:

1. Develop an organized approach to the diagnosis and management of common pediatric medical issues.
2. Utilize the team-based approach to pediatric care in Northern Ontario.
3. Identify resources to deal with common pediatric medical issues and describe how to access these resources.

WHO SHOULD ATTEND

This conference is targeted to pediatricians, family physicians, nurse practitioners, registered nurses, medical students, medical residents, and all allied health-care professionals working with pediatric patients.

ACCREDITATION

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.00 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 5.00 hour(s).



Northern Ontario
School of Medicine
École de médecine
du Nord de l'Ontario
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CEPD

continuing education and
professional development

AGENDA

FRIDAY, MAY 10, 2019

8:00 - 8:30

Registration and Breakfast

United Steelworker's Hall
66 Brady Street | Sudbury, Ontario

8:30 - 8:40

Welcome and Opening Remarks

8:40 - 9:40

Keynote Address

Helping Children/Youth with Technology Overuse *Dr. Michael Cheng*

At the end of this session, participants will be able to:

- List ways in which modern technology is designed to be addictive.
- Identify red flags suggesting inappropriate or excessive technology use.
- List ways to work with children, youth and families to help reconnect them to healthier activities, and disconnect them from inappropriate or excessive technology use.

9:40 - 10:00

REFRESHMENT BREAK

10:05 - 11:05

Concurrent Sessions

[A1] Functional Constipation

Dr. Jonathan DellaVedova

At the end of this session, participants will be able to:

- Distinguish functional from organic constipation.
- Distinguish retentive from non-retentive fecal incontinence.
- Develop a plan of evaluation and management of both.

[A2] The Child/Youth with Suicidal Ideation: Approach for Primary Care

Dr. Michael Cheng

At the end of this session, participants will be able to:

- Assess a child/youth for suicidal ideation.
- Differentiate between passive and active suicidal ideation.
- List management options, depending on the level of suicidal ideation.

[A3] Precocious Puberty and Secondary Amenorrhea

Dr. Sarah Lawrence

At the end of this session, participants will be able to:

- Recognize when early puberty is a variant of normal and when to worry.
- Apply an algorithm to help investigate and manage patients presenting with early puberty.
- Formulate a management plan to investigate and manage patients presenting with secondary amenorrhea.

11:15- 12:15

Journal Club

Dr. Melanie Breau and Dr. Gautam Kumar

At the end of this session, participants will be able to:

- Discuss five articles relevant to general pediatric practice over the past year.
- Critically appraise each article in a "quick hits" format.
- Summarize each article with "take-home messages," highlighting implications relevant to general practice.

12:20 - 1:20

LUNCH

AGENDA - continued

<p>1:25 - 2:25</p>	<p>Concurrent Sessions</p>	<p>[B1] Getting Hyper Over Thyroid Function: An Approach to Thyroid Disorders in Children</p> <p><i>Dr. Sarah Lawrence</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Manage neonatal thyroid disorders including a positive newborn screen and infants of mothers with Graves’ disease. • Formulate a management plan for the patient with hyperthyroidism. • Provide cost effective evaluation and treatment for patients with goiter and/or hypothyroidism. 	<p>[B2] Concussion</p> <p><i>Dr. Tara Baldisera, Shannon Kenrick-Rochon, and Dr. Jairus Quesnele</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Identify updates to concussion care in pediatric patients based on the 2017 Concussion in Sport Group (CISG) consensus statement and Parachute Canada’s Canadian Guideline Concussion in Sport. • Apply concepts in return to learn and return to play to produce specific reactivation plans for pediatric patients for return to school and sport with a focus on communication with parents, teachers and coaches. • Troubleshoot common challenges in reactivation plans and easily identify and stratify risk and prognostic factors contributing to persisting symptoms. 	<p>[B3] Childhood Epileptic Encephalopathies</p> <p><i>Maria Zak</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Identify two to three common childhood epileptic encephalopathies. • Describe the presenting features at the onset of three of the most commonly recognized paediatric epileptic encephalopathies – West syndrome (infantile spasms), Lennox-Gastaut syndrome, and Landau-Kleffner syndrome (continuous spike waves during sleep). • Articulate the treatment options in managing seizures in children diagnosed with a childhood epileptic encephalopathy.
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2:30- 2:45 REFRESHMENT BREAK

<p>2:50 - 3:50</p>	<p>Keynote Address</p>	<p>Medical Uses of Cannabis</p> <p><i>Maria Zak</i></p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> • Identify three medical uses of CBD oil. • Describe which medical uses of CBD oil have research evidence to support its use in disease management. • Apply the knowledge gained about the uses of medial cannabis and the conditions for which they are used to counsel patients about the known information and current research evidence in order to guide treatment.
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3:50- 4:00 Final Questions, Evaluations, and Closing Remarks



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ACCOMMODATIONS

If you require overnight accommodation for this event, please contact:

LEXINGTON HOTEL

50 Brady Street
Sudbury ON
Tel: 705-675-5602
www.hisudbury.ca

Rate: \$139.00CAD/night + tax (Standard Room)
Quote: "Northern Ontario School of Medicine Pediatrics Conference" if calling.
Block of rooms held until April 8, 2019.

CONFERENCE FEES

Physicians:

\$175.00 CAD

Nurse Practitioners, Nurses, and Allied Health Professionals:

\$130.00 CAD

Residents and All Medical Learners:

\$80.00 CAD

REGISTRATION INFORMATION

REGISTER NOW

events.eply.com/NorthernPeds2019

Registration fees include admission to the conference, breakfast, nutrition breaks, lunch, conference participant package, and access to an electronic copy of each presentation. You will be prompted regarding special dietary requirements.

The NOSM CEPD office reserves the right to cancel courses if required. Registrants will be notified as early as possible if this course is cancelled.

Registration fees for courses cancelled by NOSM CEPD office will be refunded; however NOSM CEPD will not be liable for any loss, damage or other expenses that such cancellation may cause.

In the event that a participant needs to withdraw from the program after registering, refunds less \$50.00 will be issued if the cancellation of registration is provided in writing to the CEPD office before Monday, April 8, 2019.

For more information, please visit bit.ly/cepd_peds2019 or contact:

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This program received an educational grant or in-kind support from:

