

Generic Name			
Active Ingredient	Brand Name	Dosage	Misc
Oral Estrogen			
17B-estradiol	Estrace	0.5mg – 2 mg po od	
Conjugated estrogen	Premarin	0.3 – 1.25 mg po od	Usual dose 0.625
Transdermal Estrogen			
17B-estradiol	Climera	0.025 – 0.1 mg patch	Change weekly
17B-estradiol	Divigel	0.25 – 1 mg 1%gel od	
17B-estradiol	Estradot	0.025 – 0.1 mg patch	Change twice weekly
17B-estradiol	Estrogel	0.06% 2 pumps	
17B-estradiol	Oesclim	0.025 – 0.1 mg patch	Change twice weekly
Estrogen + SERM			
CEE + bazedoxifene	Duavive	1 tablet po od	Avoids progestin
Oral Progestin			
NETA	Norlutate	5 mg po od	
Micronized progesterone	Prometrium	100 mg po od	Or 200 mg po x 14 d
MPA	Provera	2.5 mg – 10 mg po od	
Intrauterine Progestin			
Levonorgestrel	Mirena	52 mg x 1 q 5 years	
Combined Oral Estrogen and Progestin			
17B- estradiol + NETA	Activelle	1 tab po od	high and low dose
17B-E + drospirenone	Angeliq	1 tab po od	
Combined Transdermal Estrogen and Progestin			
17B estradiol + LNG	Climera	Matrix patch weekly	
17B-estradiol + NETA	Estalis	Patch twice weekly	
Non-hormonal Options			
Venlafaxine	Effexor	37.5 – 75 mg po od	
Desvenlafaxine	Pristiq	50 – 100 mg po od	
Paroxetine	Paxil	10 - 30 mg po od	Not okay with tamoxifen
Citalopram	Celexa	10 – 30 mg po od	Not okay with tamoxifen
Bupropion	Wellbutrin	150 mg po od	

Contraindications to HT:

- Unexplained vaginal bleeding
- Acute liver disease
- Estrogen dependent or progesterone dependent cancers
- Coronary heart disease or previous stroke
- Active thromboembolic disease