

Palliative Care Workshop

Clinical Decisions in Palliative Care: The Frailty Factor

Presented by: Dr. Janet McElhaney



CYIPW-01702-A

Thursday, November 29, 2018
8:00 a.m. – 10:00 a.m. EST



OBJECTIVES

By the end of the session, participants will be able to:

- Discuss how illness trajectories are changing, and how people diagnosed with life-limiting or life-threatening illnesses can now live many years with their condition.
- Assess change in level of frailty to establish goals of care and integrate a palliative approach to care: social support, advance care planning, and effective pain and symptom management throughout the trajectory of the illness.
- Plan for a palliative approach to be integrated into care for people with chronic, life-limiting conditions and people who are frail and vulnerable to infections or falls that could hasten death.

PROGRAM DESCRIPTION

Speaking from NOSM at Laurentian University, Dr. Janet McElhaney will present a two-hour talk titled *Clinical Decisions in Palliative Care: The Frailty Factor*.

DISTRIBUTED LEARNING

Face to Face

NOSM at Laurentian University: MSE 215

Webcast

Instructions will be sent to all registrants.

Ontario Telemedicine Network (OTN)

Please specify your OTN location when registering.

DEADLINE TO REGISTER

Tuesday, November 27, 2018

PRESENTER

Janet E. McElhaney, MD, FRCPC, FACP

*HSN Volunteer Association Chair in Healthy Aging & Consulting Geriatrician
VP Research and Scientific Director for Health Sciences North Research Institute
Professor, Northern Ontario School of Medicine*

Dr. McElhaney's research program, the "Vaccine Initiative to Add Life to Years" (VITALiTY), is an interdisciplinary approach using measures of frailty to reflect overall health status and risk factors for catastrophic disability, and designing new influenza vaccines to provide better protection in older adults.

Research funding from Northern Ontario Academic Medical Association has supported interprofessional education and collaborative efforts to improve outcomes in hospitalized seniors including the "48/5" strategy. Using this strategy, hospitalized older adults on average return to their functional baseline by hospital discharge and this is maintained or further improved at 6-months post-discharge. These outcomes are anticipated to positively impact on rates of Alternative Levels of Care (ALC), the greatest threat to the Canadian hospital care system.

More recently, Dr. McElhaney has expanded her clinical research efforts with CIHR funding to address the challenges of multiple chronic conditions including dementia, and end-of-life care in Indigenous communities. Community-engaged processes and self-determination will develop collaborative care models for Wholistic Integrated Safe and Effective (WISE) Care to prevent disability in Indigenous persons with multiple chronic conditions (MCC), while Models of Indigenous Dementia (MIInD) Care will support Indigenous persons with dementia and their caregivers to age in place in their community. Creator's Care supports an Indigenous view of aging in place at the end of life and respects both traditional and religious beliefs for crossing over to the spirit world.

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 2.00 Mainpro+ credits.



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