

Learning Objectives

- Perform comprehensive assessments and develop evidence-informed treatment plans.
- Safely prescribe and manage analgesics for chronic pain.
- Describe the bio/psycho/social/spiritual complexities of chronic pain and how to guide patients to both medical and non-medical options
- Refer patients with chronic pain to specialty services at the most appropriate time.

Interdisciplinary Team

- Dr. Bryan MacLeod, MD, CCFP, FCFP
- Dr. Patricia Poulin, PhD, C.Psych
- Dr. Jennifer McDonald, MD, FRCPC
- Karen St. Jacques, PT Reg. (Ont.)
- Nancy Engstrom, OT Reg. (Ont.)
- Kerri-Lynne Capulak-Andrychuk, M.A. C. Psych Assoc.
- Mark Halabecki, Reg., MSW, RSW, CTE
- Andrew Koscielniak, R. Kin, CSEP CEP
- Kim Snelgrove, Therapeutic Recreationist
- Julie Besse, Registered Dietitian, B.Sc. RD
- Jen Dumond, Health Sciences Librarian, MLIS, Northern Ontario School of Medicine
- Karen Holroyd, BSc., PHM, RPH, Thunder Bay Regional Health Sciences Centre

How to Register

www.echo.sjcg.net

Learn More about ECHO

www.echoontario.ca

Program Contact

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St. Joseph's Health Centre
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Project ECHO®
Chronic Pain and Opioid
Stewardship

November 2018- March 2019



Session Information

Project ECHO® (Extension for Community Healthcare Outcomes) provides free training, open to all health care providers in Ontario. You can start any time.

A typical ECHO Session:

- Case presentations
- Didactic Session from content experts
- Post session feedback survey

What equipment do I need?

A computer with a webcam and microphone or an iOS/Android device with internet access

How do I connect to the sessions?

A free Zoom link will be emailed to you on a weekly basis to connect

How do I get CPD Credits?

Your attendance is tracked and a certificate will be sent at the end of each cycle. You can receive CME credits for each hour you attend.

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 1.5 Mainpro+ credits.

Register Today!
www.echo.sjcg.net

*Care
Compassion
Commitment*

CURRICULUM – CYCLE 2

Wednesdays from 3:00 – 4:30pm EST

Assessing and Enabling Function in Chronic Pain Patients	Nov 7	Management Tools for Anxiety, Trauma, Depression & Pain	Feb 6
Imaging & Interventions for Pain	Nov 14	Neuropathic Pain	Feb 13
Nutrition & Chronic Pain	Nov 21	Culturally Competent Care	Feb 20
Disordered Sleep & Pain	Nov 28	Surgery & Chronic Pain	Feb 27
Arthritis & Chronic Pain	Dec 5	Myofascial Pain	Mar 6
Indigenous Traditional Healing Approaches for Chronic Pain	Dec 12		
Workplace Chronic Pain & Supporting Return to Work	Dec 19		
Addiction & Chronic Pain	Jan 9		
Hypermobility Syndromes, Connective Tissue & Chronic Pain	Jan 23		
Skin as a Route of Administration for Chronic Pain Medications	Jan 30		
		Evening Sessions – Jan 2019 *separate registration required 7:00-8:30 pm	
		The how, what, why and when of initiating opioids for chronic pain.	Jan 14
		Developing a successful weaning plan for your patient on chronic opioid therapy.	Jan 21
		Opioid Use Disorder in your practice: Treatment is easier than you think	Jan 28