Nutrition in Medicine: What Do I Tell My Patients?

SAVE THE DATE

Wednesday, September 26, 2018

7:00 a.m. - 8:00 a.m. Health Sciences North Lecture Rooms A/B/C (rooms 2041/2043/2045) 11:00 a.m. - 12:00 p.m. MSE 107 (live) and MSW 1011 Join via **WebEx** Meeting number: 643 514 537

Dr. John Sievenpiper, MD, PhD, FRCPC is Associate Professor, Department of Nutritional Sciences, at the University of Toronto. Dr. Sievenpiper identifies and investigates diet and disease questions in relation to diabetes and cardiovascular diseases, with the view to inform clinical practice guidelines, public health policy and the design of future randomized controlled trials.

The learning objectives for these sessions are:

- Identify the limitations of a reductionist approach to food and nutrition.
- Illustrate the importance of lifestyle medicine in medical education.
- Demonstrate the role(s) of physicians in health promotion and chronic disease prevention through diet and nutrition management.



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