## NORTH OF 44 DRAFT AGENDA





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## **ABOUT NORTH OF 44**

As Primary Care Providers in the North, we are a distinct group from our Southern Counterparts. The North of 44 Conference was designed to meet the holistic needs of the "generalist" nature of our practices with a respect for the geographic and various service models that make up our region.

We are also hoping to create a "Community of Learning" that includes our NOSM learners, Academic and Community Physicians, Nurse Practitioners and Multidisciplinary Health Professionals. Our opportunity to create a strong network for academic growth will inevitably also create a dynamic and powerful social medical network that will be an essential framework for the integrated medical community of the future.

## **CONFERENCE OBJECTIVES**

- Discuss updates and common guidelines for PCOS, fertility, insomnia medications, and geriatric management.
- Identify the best practices for ordering referring patients and managing recommendations of cardiology, neurology, ophthalmology, and orthopedics.
- Discuss the HIV and Haven Program, treatments of oncology patients, and interesting dermatology cases.
- Develop networking opportunities and a greater appreciation for the exceptional work being done by our colleagues in the North.

Time	Session	Presenter
7:15-7:50	BREAKFASTAND REGISTRATION	BREAKFAST
7:50-8:00	Welcome and Opening Remarks	Dr. Jennifer Zymantas & Dr. Lynn Boissonnault
8:00-8:30	<ul> <li>The Top 5 Infection Prevention and Control Practices in Clinical Office Practice Learning Objectives: <ol> <li>Identify the top five high-risk infection prevention and control (IPAC) practices linked to transmission of infections and lapses in the clinical office setting</li> <li>Discuss strategies and resources to support effective IPAC practices to prevent the transmission of infection to patients and staff</li> </ol> </li> </ul>	Public Health Ontario
8:30-9:00	Complications and Management of Venous Stasis Dermatitis and an Overview of Allergic Contact Dermatitis  Learning Objectives:  1. Identify the consequences of not recognizing and treating Venous Stasis Dermatitis (VSD) and how to manage VSD  2. Identify various presentations of and management plans for Allergic Contact Dermatitis (ACD)	Dr. Lynn Giroux (Dermatologist)
9:00-9:30	Polycystic Ovarian Syndrome (PCOS): Case Based Approach to Management Learning Objectives:  1. Describe the differential diagnosis for PCOS and highlight key investigations to confirm or refute each disorder  2. Discuss optimal short and long-term management of PCOS including reproductive, cutaneous and metabolic abnormalities	Dr. Alescia Azzola (Endocrinologist)
9:30-10:00	<ul> <li>Welcome to the HAVEN Clinic, Your Community's HIV Specialty Team</li> <li>Learning Objectives: <ol> <li>Identify the services provided by clinicians at HSN's HAVEN clinic for HIV and HCV + patients in the North East LHIN</li> <li>Identify eligible patient for HIV post-exposure prophylaxis and pre-exposure prophylaxis according to the most recent guidelines</li> </ol> </li> </ul>	Dr. Matt DeMarco (Pharmacist) and Brenda Kirkbride (RN, ACRN)
10:00-10:15	BREAK & ELECTRONIC EVALUATION TIME 🚳	BREAK
10:15-10:45	Can't Sleep? Try Listening to this Talk on Insomnia Medications  Learning Objectives:  1. Discuss the evidence of efficacy and falls/fractures for z drugs, benzodiazepines and melatonin for sleep	Dr. Adrienne Lindblad (Pharmacist)





Discuss if sleep restriction therapy offers any benefit for sleep

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NOVEMBER 2, 2018 @ HOLIDAY INN SUDBURY FOR MORE INFO CLICK HERE OR CONTACT FMLEGSUDBURY@GMAIL.COM



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10:45-11:15	Appropriate Inpatient Spine Referrals to Neurosurgery Learning Objectives:  1. Demonstrate familiarity and confidence with radiology reports regarding spinal pathology 2. Identify the role and limitations of spine surgery	Dr. Ryan DeMarchi (Neurosurgeon)
11:15-11:45	The Abnormal Cardiac Test Result: What Your Cardiologist Wants You to Know Learning Objectives:  1. Identify the clinical implications of abnormal stress tests 2. Identify the clinical implications of abnormal Holter monitors and EKGs	Dr. Andreas Kumar (Cardiologist)
11:45 – 12:15	Jeopardy: Tools for Practice Edition  Learning Objectives:  1. Describe the highest level of evidence surrounding various topics in primary care  2. Explain the main benefits and/or risks of various treatments used in primary care	Dr. Adrienne Lindblad (Pharmacist)
12:15 – 1:00	LUNCH / NETWORKING (REMEMBER TO DO EVALS 1969)	LUNCH
1:00-1:30	Top 10 Tips for Geriatric Patient Care Learning Objectives:  1. Describe best practice interventions for older adults 2. Identify recent advances in the care of older adults	Dr. Joanne Clarke (Geriatrician)
1:30-2:00	Non-Operative Treatment of Rotator Cuff Pathology and Knee OA  Learning Objectives:  1. Explain the diagnosis and non-operative treatment of rotator cuff tears  2. Explain the non-operative management of osteoarthritis of the knee	Dr. Ryan Hodgins (Orthopedic Surgeon)
2:00-2:30	Fertility and the Primary Care Provider  Learning Objectives:  1. Describe infertility, the common causes and investigations to assess fertility  2. Identify treatment options based on causal factor and locally available options	Dr. Jennifer Jocko and Dr. Karen Splinter (Obstetrician/Gynecologist)
2:30-2:45	BREAK & ELECTRONIC EVALUATION TIME @	BREAK
2:45-3:15	Ophthalmic Emergencies Not to be Missed Learning Objectives:  1. Identify common neuro-ophthalmic emergencies that present to primary care physicians 2. Explain neuro-ophthalmic emergencies and management	Dr. Shefalee Kent (Ophthalmologist)
3:15-3:45	Oops! Common Mistakes in the Treatment of Oncology Patients  Learning Objectives  1. Discuss the most common questions asked by family physicians regarding the shared care of patients on active chemotherapy  2. Identify the most common questions asked by family physicians regarding the shared care of patients on active surveillance post cancer diagnosis	Dr. Lacey Pitre (Medical Oncologist)



Northern Ontario School of Medicine École de médecine du Nord de l'Ontario P·∇∩... d'U≳D L""PP. A A"d...A' This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6.5 Mainpro+ credit(s).

