

NORTH OF 44 | DRAFT AGENDA

NOVEMBER 2, 2018 @ HOLIDAY INN SUDBURY
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ABOUT NORTH OF 44

As Primary Care Providers in the North, we are a distinct group from our Southern Counterparts. The North of 44 Conference was designed to meet the holistic needs of the “generalist” nature of our practices with a respect for the geographic and various service models that make up our region.

We are also hoping to create a “Community of Learning” that includes our NOSM learners, Academic and Community Physicians, Nurse Practitioners and Multidisciplinary Health Professionals. Our opportunity to create a strong network for academic growth will inevitably also create a dynamic and powerful social medical network that will be an essential framework for the integrated medical community of the future.

CONFERENCE OBJECTIVES

- Discuss updates and common guidelines for PCOS, fertility, insomnia medications, and geriatric management.
- Identify the best practices for ordering referring patients and managing recommendations of cardiology, neurology, ophthalmology, and orthopedics.
- Discuss the HIV and Haven Program, treatments of oncology patients, and interesting dermatology cases.
- Develop networking opportunities and a greater appreciation for the exceptional work being done by our colleagues in the North.

Time	Session	Presenter
7:15-7:50	BREAKFAST AND REGISTRATION	BREAKFAST
7:50-8:00	Welcome and Opening Remarks	Dr. Jennifer Zymantas & Dr. Lynn Boissonnault
8:00-8:30	The Top 5 Infection Prevention and Control Practices in Clinical Office Practice Learning Objectives: <ol style="list-style-type: none"> 1. Identify the top five high-risk infection prevention and control (IPAC) practices linked to transmission of infections and lapses in the clinical office setting 2. Discuss strategies and resources to support effective IPAC practices to prevent the transmission of infection to patients and staff 	Public Health Ontario
8:30-9:00	Complications and Management of Venous Stasis Dermatitis and an Overview of Allergic Contact Dermatitis Learning Objectives: <ol style="list-style-type: none"> 1. Identify the consequences of not recognizing and treating Venous Stasis Dermatitis (VSD) and how to manage VSD 2. Identify various presentations of and management plans for Allergic Contact Dermatitis (ACD) 	Dr. Lynn Giroux (Dermatologist)
9:00-9:30	Polycystic Ovarian Syndrome (PCOS): Case Based Approach to Management Learning Objectives: <ol style="list-style-type: none"> 1. Describe the differential diagnosis for PCOS and highlight key investigations to confirm or refute each disorder 2. Discuss optimal short and long-term management of PCOS including reproductive, cutaneous and metabolic abnormalities 	Dr. Alescia Azzola (Endocrinologist)
9:30-10:00	Welcome to the HAVEN Clinic, Your Community’s HIV Specialty Team Learning Objectives: <ol style="list-style-type: none"> 1. Identify the services provided by clinicians at HSN’s HAVEN clinic for HIV and HCV + patients in the North East LHIN 2. Identify eligible patient for HIV post-exposure prophylaxis and pre-exposure prophylaxis according to the most recent guidelines 	Dr. Matt DeMarco (Pharmacist) and Brenda Kirkbride (RN, ACRN)
10:00-10:15	BREAK & ELECTRONIC EVALUATION TIME ☺	BREAK
10:15-10:45	Can’t Sleep? Try Listening to this Talk on Insomnia Medications Learning Objectives: <ol style="list-style-type: none"> 1. Discuss the evidence of efficacy and falls/fractures for z drugs, benzodiazepines and melatonin for sleep 2. Discuss if sleep restriction therapy offers any benefit for sleep 	Dr. Adrienne Lindblad (Pharmacist)



This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6.5 Mainpro+ credit(s).



