# **North Bay Pediatrics**

## Welcome

Thank-you for considering North Bay Pediatrics for your clinical elective. North Bay is a great place to experience community consulting pediatrics in a Northern setting with no rapid access to a tertiary centre or subspecialists. For medical students it is a great way to immerse yourself in classic pediatric presentations. For pediatric residents, this is your chance to manage complex and specialty cases with more independence. All of the pediatricians here practice as a team. This rotation is a fabulous way to see a variety of medicine from acute pediatric emergencies to neonatal intensive care to complex pediatric care, and medical and behavioral consultative pediatrics. We balance inpatient pediatric and neonatal care with outpatient pediatrics and outreach opportunities to New Liskard and Mattawa. Our learners have the opportunity to work closely with preceptors who are passionate about teaching. We pride ourselves on customizing clinical experiences that will meet your learning objectives and will work with you one-on-one to meet them. Outside of work, take some time to enjoy the surrounding natural beauty in four distinct seasons.

#### **Pediatric services**

North Bay Regional Health Centre has an inpatient pediatric ward of approximately 6 general pediatric beds, 2 outpatient beds as well as 10 beds in our advanced Level 2 Neonatal Intensive Care Unit. There are also 8 labour and delivery suites, an operating room, and several post-partum beds. Pediatrics in our hospital also runs the Child and Adolescent Mental Health Unit (CAMHU) which houses 2 crisis beds and 4 assessment and treatment beds.

The hospital pediatric service is staffed continuously by an on-call pediatrician, who is supported by pediatric-trained nurses. Respiratory therapists, occupational therapists, physiotherapists, dietican and our social worker are shared with other units, and our lactation consultant's visit from the public health unit when a lactation consultant is not available from the Labour and Delivery Floor. Pediatric consults originate from the emergency department, labour and delivery, satellite hospitals in the district, and occasionally physicians' offices. The psychiatrists serve as consultants for the CAMHU inpatients.

Our NICU is equipped and staffed to handle neonates at 30 weeks gestational age or greater including ventilation, TPN, central lines, nasogastric feeding, and phototherapy.

Outpatient medical services are concentrated at One Kids Place where all of the local pediatricians have their office-based practices. OKP is a block away from the hospital. We work closely with the therapy staff that are also located in our building

including OT, PT, SLP, Recreation Therapy, Social Work as well as the local Applied Behaviour Analysis program for children with Autism.

The pediatricians all take part in Developmental Clinic which reviews children with possible autism and other significant developmental delays along side a multidisciplinary team. All of the pediatricians also participate in Diabetes Clinic and two of our pediatricians run a Botox clinic for children with Cerebral Palsy.

## **On-Call Schedule**

The PARO-CAHO Collective Agreement is respected for all local and visiting learners including medical students. All call in North Bay is home-call, and we ask that you be within 20 minutes of the hospital. Nonetheless there are call rooms at the hospital if required. The maximum home call rate is 1-in-3, and at least one in every two weekends will be free of all clinical duties.

## **Number of Patient Visits per Week**

At any given time there may be 3-10 babies in the NICU and 0-8 children admitted to the hospital on the pediatric floor and 0-6 patients on the CAMHU. The number of new consults per day is also highly variable, with some quiet days and others extremely busy. The birth rate is about 900 per year, but a pediatrician is only called to high-risk deliveries.

Outside the hospital, pediatricians may see anywhere from 10-20 patients per clinic day as well as attending school meetings to advocate for patient needs.

### **Training Level**

North Bay Pediatrics will accept trainees at all levels including pediatric residents, off-service residents, clinical clerks and pre-clerks.

### **Work Setting**

Learners will spend their time between the North Bay Regional Health Centre and in the pediatric practices at One Kids Place. Where possible we will schedule learners in specialty clinics like development, sedations, botox injections, and our multidisciplinary diabetes clinic. Learners may also spend time with rehabilitative specialists at OKP if this is an area of interest.

## **Specialization**

All of the local pediatricians are general pediatricians who do consulting rather than primary care. We see infants, children and adolescents with a wide variety of clinical presentations and we typically have broader scopes than pediatricians in urban settings. The nearest tertiary centre is 4 hours away by car or 1 hour by air.

Where subspecialists are not immediately available, the local pediatricians comanage cases with colleagues at the various tertiary care centres.