Throughout the Northern Ontario School of Medicine’s (NOSM) four-year MD program, medical students have the unique opportunity to live and learn in communities across Northern Ontario.

Of course, time is spent undertaking patient-centred, case-based, and small-group learning in the classrooms and labs in Sudbury or Thunder Bay. But classroom learning alone isn’t really NOSM’s style. You also have plenty of opportunity to learn medicine and patient care while learning in family practice clinics, academic health sciences centres, pharmacies, rehabilitation centres, nursing homes, and health-care centres where your curriculum “walks through the door.”

NOSM will send you to some of the more than 90 communities across the 800,000 km² of Northern Ontario—the School’s wider campus—where you will learn to practise medicine that meets the needs of real patients and communities, including Indigenous, Francophone, rural, and remote populations. Gaining clinical experience under the guidance of health professionals, it is hoped that these experiences will demonstrate the joys and challenges of practising in the North. Experience and hands-on applications are powerful educators. Don’t just visit the incredible landscapes of the North—choose them as your classroom!

Deciding where to study may possibly be one of the biggest decisions you will make. We hope that you head off the beaten path and choose No Ordinary School of Medicine.

Visit nosm.ca/NOSM to learn more.
If you are of Indigenous ancestry (First Nations, Inuit, or Métis, as recognized in the Constitution Act, 1982) you may voluntarily identify as such. If you choose to be considered in the Indigenous Admissions Stream, you’re required to submit the following documents as part of your application:

- A letter that declares your Indigenous ancestry and gives specific information about your First Nation, Treaty community, or organizational affiliation. The letter should include:
  - Why you would like to be considered as a candidate in the Indigenous Admissions Stream;
  - Details about your cultural and personal background; and,
  - Examples of how you are culturally connected to your (a) Indigenous community, or (b) community.

- A letter of recommendation from your First Nations, Band Council, Tribal Council, and Treaty, community, or organizational affiliation. Choose someone who knows you well and can comment on your character and your suitability for medicine.

- Proof of your Indigenous ancestry.
The language of instruction and assessment for NOSM is English. There will be opportunities for you to do clinical placements with French-speaking clinicians in French-speaking communities, if you choose.

Other opportunities for learning in the French language will include the availability of educational resources, self-directed groups, and electives.

For the purposes of the admissions process, anyone choosing the designation of Francophone on the application form must be fluent in spoken French. In addition, applicants must meet at least one of the following criteria:

- One parent is Francophone and you attended at least eight years of French school (not immersion).
- You have a diploma from a French high school (not immersion).
- You can demonstrate your use of French in daily activities and a connection to a Francophone community.

Only applicants who meet the last criteria will be required to provide a recommendation letter in French attesting to their connection to a Francophone community. Your referee should be someone who knows you well and can comment on your engagement and connection to the Francophone culture and community.

If you choose the Francophone designation on the NOSM application, you will be required to demonstrate your proficiency in spoken French.
NOSM medical students derive considerable benefit from the School’s distributed, community-engaged learning model, spending a full forty percent (40%) of their time in off-campus placements.

Years One and Two

In the first two years of the MD program, you will spend the majority your time in Thunder Bay and Sudbury, undertaking patient-centred, case-based, small-group learning in classrooms at Lakehead University and Laurentian University. In addition, you will experience three four-week placements in Indigenous, Francophone, and rural communities in Northern Ontario.

Year Three

In third year, you will spend eight months living and learning in one of 15 mid-sized communities across the North. Working in family practice clinics and hospitals with local faculty, your curriculum “walks through the door,” allowing you to learn how to improve the health of a patient and community over time.

Year Four

During your final year, you will based at either the Thunder Bay Regional Health Sciences Centre (TBRHSC) in Thunder Bay or Health Sciences North (HSN) in Sudbury, where you will learn hospital-based medicine by completing rotations in different clinical services of the hospital. These rotations assist you in determining whether you will choose to practice family medicine or pursue a specialty.
Minimum Admissions Requirements

- Canadian citizen or permanent resident (landed immigrant).
- Four-year undergraduate degree. Applicants may apply in final year of their program.
- Mature applicants (25 years of age or older at the time of the application deadline) may apply with a three-year degree.
- Overall minimum GPA of 3.0 on a 4.0 scale.
- NOSM does not require the MCAT.

Apply Online

Ontario Medical School Application Service (OMSAS)
170 Research Lane
Guelph, ON
N1G 5E2
Tel: 519-823-1940
ouac.on.ca/omsas
NOSM learners are literally “all over the map,” spending time living and learning in a variety of Northern Ontario communities. These communities are your classroom.

All 800,000 km² of Northern Ontario is NOSM’s campus.

Your NOSM Campus

- **Indigenous Communities**
  First-year medical students spend four weeks in an Indigenous community in Northern Ontario.

- **Rural/Remote Communities**
  Second-year medical students complete two four-week placements in small, rural, or remote Northern Ontario communities.

- **Comprehensive Community Clerkships (CCC)**
  Third-year medical students spend eight months completing their CCC in a mid-sized community in Northern Ontario.

- **Clinical Rotations**
  Fourth-year medical students complete six core rotations in a 12-month period at academic health sciences centres in Sudbury and Thunder Bay.

- **Postgraduate Residency Education**
  Residency education at NOSM occurs at hospitals and health centres across Northern Ontario.

- **Northern Ontario Dietetic Internship Program**
  Forty-six week dietetic internships are completed in communities across Northern Ontario and the area served by North Simcoe Muskoka Local Health Integration Network (LHIN).

- **Physician Assistant (PA) Program**
  PA students complete 40 weeks of supervised clinical rotations in rural and urban settings across Ontario, including 20 weeks in the North.

- **Rehabilitation Studies**
  Audiology, occupational therapy, physiotherapy, and speech-language pathology learners experience clinical placements in a diverse range of practice and community settings ranging from four to 12 weeks in duration.
NOSM stands for Northern Ontario School of Medicine. But did you know that the acronym NOSM also stands for “No Ordinary School of Medicine?”

What does this mean for you? It means your path to becoming a health-care professional will be extraordinary. NOSM will take you beyond the lecture halls and textbooks to prepare you for a rewarding health-care career that’s sure to exceed your expectations.

Deciding where to study may possibly be one of the biggest decisions you will make. We hope that you head off the beaten path and choose No Ordinary School of Medicine.

Visit nosm.ca/NOSM or one of the following websites to learn more:

- NOSM — nosm.ca/umeadmissions
- OMSAS Instruction Booklet — ouac.on.ca/omsas