





Northern Ontario
School of Medicine

École de médecine
du Nord de l'Ontario

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| <i>Profile</i> | Control Group, N=21 | Prehabilitation Group, N=29 |
|-------------------------------|--|--|
| | <i>M: n=7, W: n=14</i> | <i>M: n=9, W: n=20</i> |
| <i>Age (years)</i> | 64.38(9.32) <i>M: 61.43(8.87)</i> <i>W: 65.86(9.51)</i> | 63.28(7.24) <i>M: 63.44(8.04)</i> <i>W: 63.20(7.08)</i> |
| <i>BMI (kg/m²)</i> | 42.37(6.93) <i>M: 38.41(4.22)</i> <i>W: 44.35(7.29)</i> | 41.02(6.91) <i>M: 37.75(3.41)</i> <i>W: 42.29(7.77)</i> |
| <i>Level of OA (1-4)</i> | 4.00(0.00) <i>M: 4.00(0.00)</i> <i>W: 4.00(0.00)</i> | 3.97(0.13) <i>M: 4.00(0.00)</i> <i>W: 3.95(0.15)</i> |

Data presented as the mean(±SD).

M: Men, W: Women, BMI: Body Mass Index, OA: Osteoarthritis.

No differences were observed between the groups.



