



Psychiatric Rounds

Adolescence: A Time of Wonder and Sorrow Mental Health and Mental Illness in Youth

Program Description

This session will address the mythological concept of adolescence as a time of storm and stress as it is held in our society and contrast to the reality of adolescent mental disorder. Depression in adolescence will be addressed in detail.

**Thursday, March 18, 2010
8:00 a.m. – 9:00 a.m. EST**

Objectives

By the end of the program, participants will be able to:

1. Obtain a better understanding of the myths of adolescent development.
2. Obtain a better understanding of the realities of mental disorders in young people.
3. Understand and review best evidence based methods of identification, diagnosis and treatment of depression in adolescents.

Presenter

Dr. Stanley Kutcher is an internationally-renowned expert in the area of adolescent mental health and a national and international leader in mental health research, advocacy, training, policy, and services innovation working at the IWK and Dalhousie University. He currently holds the Sun Life Financial Chair in Adolescent Mental Health where he applies the knowledge translation techniques to advance adolescent mental health promotion, education, research and training locally, nationally and internationally. He currently directs the World Health Organization Collaborating Centre in Mental Health at Dalhousie, and has recently been nominated the Liberal candidate for Halifax federal riding. He has served as Department Head of Psychiatry and Associate Dean for International Health at Dalhousie University.

The presentation will be held at NOSM East Campus (Room 242) in Sudbury and video linked to NOSM West Campus, ATAC (Room 6022) in Thunder Bay, and through the Ontario Telemedicine Network (OTN). Please contact Sherry Mongeau if you require your site registered through OTN. Tune in on the web and email your questions during the event by going to www.nosm.ca.

To register for this event prior to March 12, 2010, please contact:

Sherry Mongeau

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This program meets the accreditation criteria of the College of Family Physicians of Canada and has been accredited for up to 1 Mainpro-M1 credit as approved by the Northern Ontario School of Medicine.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Northern Ontario School of Medicine for up to 1 hour.



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