

FIFTH CARDIOVASCULAR SYMPOSIUM

MEDICINE PROGRAM | HEALTH SCIENCES NORTH

MAY 5, 2017 | HOLIDAY INN | SUDBURY, ONTARIO



PROGRAM DESCRIPTION

The Medicine Program at Health Sciences North is holding its Fifth Cardiovascular Symposium. The symposium will be delivered as a live conference with top clinicians and researchers who will each deliver a 30 minute presentation on updated clinical skills and new innovations in cardiology. Twenty-five percent interactivity will be achieved through question and answer sessions for all participants.

CONFERENCE OBJECTIVES

At the end of this conference, participants will be able to...

1. Evaluate the "Body Wisdom Process" using hypnotherapy to treat cardiac conditions as well as identify the possibilities and limitations of hypnotherapy techniques in the treatment of obesity
2. Identify cardiovascular effects of marijuana use and recite the interaction with cardiac medication
3. Outline and identify stroke management and epidemiology in Northeastern Ontario
4. Identify and examine the cause and effect of obesity as well as articulate surgical and non-surgical treatments
5. Identify the prevalence and determine factors associated with depression and heart disease
6. Evaluate the potential consequences of genetic testing as well as identify inherited heart conditions and genetic tests
7. Outline the advancements in therapies for ambulatory heart failure patients as well as review novel heart failure monitoring strategies
8. Recognize opportunities to discuss goals of care as well as outline an approach to advanced care planning with heart failure patients

ACCREDITATION

This Group Learning program meets the certification criteria of The College of Family Physicians of Canada and has been certified by the Northern Ontario School of Medicine, Continuing Education and Professional Development Office for up to 6.5 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6.5 hours.



REGISTRATION INFORMATION

Registration fee includes admission to the conference, breakfast, nutrition breaks, lunch and a conference participant package.

Health Care Professionals: \$100.00

Physicians: \$175.00

Registration deadline is April 30th, 2017 (online registrations only). Registration will be available the morning of the conference at the Holiday Inn (Cash or Cheque only). Cancellations will not be accepted after April 23rd (substitutions allowed). Cancellations prior to April 23rd 2017 will be subject to a \$25.00 administration fee.

**For more information or to register, [click here](#)
or contact Carly Mohninger at cmohninger@hsnsudbury.ca**

SPONSORSHIP



AGENDA

THE FIFTH CARDIOVASCULAR SYMPOSIUM

Friday, May 5, 2017

Each topic is followed by a 10 minute Q&A session included in the time allotted

0730-0750

Registration and Breakfast

0750-0800

Welcome and Opening Remarks

Dr. Roger Labonté, MD FRCPC FACC

0800-0840

The Body Wisdom Process- Learning to listen to the body

Paul Aurand, MHt | Director | Holistic Healing Center

- Evaluate the “Body Wisdom Process” using hypnotherapy to explore the “heart” of a heart condition
- Identify the possibilities and limitations of hypnotherapy techniques in the treatment of obesity

0840-0920

Marijuana use in cardiovascular disease

Dr. Danial Schecter, MD CCFP | Executive Director | Cannabinoid Medical Clinic

- Identify cardiovascular effects of marijuana use
- Recite marijuana interaction with cardiac medication

0920-1000

Stroke Management in Northern Ontario

Dr. Daniel Boucher, MD FRCPC | General Internist | Sensenbrenner Hospital

- Outline stroke management in remote areas
- Identify epidemiology of stroke in Northern Ontario

1000-1020

NUTRITION BREAK

1020-1100

Obesity and cardiovascular disease: Pathophysiology, Evaluation, and effect of weight loss

Dr. Mangeet Chahal, MD FRCPC FACC | Advanced Heart Failure & Transplantation Cardiologist | Heart and Vascular Centre for Cardiology

- Identify causes of obesity
- Examine the effects of obesity on the heart
- Describe surgical and non-surgical treatments

1100-1140

Depression and Myocardial Infarction (MI)

Dr. Eleniu Okoronkwo, MB BS MD DCP PGDip MRCPsych FRCPC | Consultation Liaison Psychiatrist & Assistant Professor | Health Sciences North

- Identify the prevalence of depression in heart disease
- Explain the diagnosis of depression post MI and identify associated mortality
- Discuss considerations in treatment of depression in heart disease

1140-1225

LUNCH

1225-1305

Indications of catheter ablation to prevent recurrent atrial fibrillation: Clinical applications, Anticoagulation and Outcomes

Dr. Sheldon Singh, MD FRCPC FACC | Cardiologist/ Electrophysiologist & Assistant Professor | Sunnybrook Health Sciences Centre

- Determine the efficacy of Pulmonary Vein Isolation (PVI)
- Identify the complications of PVI
- Describe the recurrence of PVI

1305-1345

Genetic testing for inherited heart disease

Julie Rutberg, MS CGC | Certified Genetic Counsellor | Children’s Hospital of Eastern Ontario

- Evaluate the potential consequences of genetic testing
- Identify inherited heart conditions and genetic tests

1345-1405

NUTRITION BREAK

1405-1445

Promising new therapies in Heart Failure

Dr. Atilio Costa- Vitali, MD | Medical Director & Clinical Cardiologist | Health Sciences North

- Outline advancement in therapies for ambulatory heart failure patients
- Differentiate novel heart failure monitoring strategies

1445-1525

Advanced Care Planning/Goals of Care and the Management of ICDs at the End of Life

Dr. Andrew C. Knight, MD | General Practitioner & Palliative Care Lead | Systemic Therapy, Northeastern Cancer Centre

- Recognize opportunities to discuss goals of care with heart failure patients
- Outline an approach to advanced care planning with heart failure patients
- Identify the logistics of Cardiac Implantable Electronic Device (CIED) deactivation

1525-1615

Year in Review & wrap up

Dr. Roger Labonté, MD FRCPC FACC | Clinical & Invasive Cardiologist | Health Sciences North